



Newsletter

Alcohol and Other Drugs Youth Capacity Building

July 2011

This Newsletter is part of the regional AOD Youth Capacity Building Role funded by Department of Health, Mental Health, Drugs and Regions. If you have any comment, events, information that you would like included in future newsletters or feedback please don't hesitate in contacting me at shickford@barwon youth.org.au

Notice board

AOD Screening and Assessment Project- Call for expressions of interest

Turning Point Alcohol & Drug Centre is conducting a study that aims to enhance AOD treatment accessibility and treatment planning by improving screening and assessment tools available to the Victorian AOD sector.

This project includes the pilot and evaluation of AOD screening and assessment instruments and Victorian AOD agencies are now invited to submit an expression of interest to be involved in a pilot and evaluation of the draft tools. Please see the [Turning Point website](#) for further details and the Expression of Interest form.

If your agency is interested in participating please complete the Expression of Interest form and forward it by email to: Dr Michael Savic, Turning Point Alcohol and Drug Centre, P: (03) 8413 8413, F: (03) 9416 3420 E: michael.savic@turningpoint.org.au. Your expression of interest needs to reach us no later than the 11th July.

For further information about the project please visit the Turning Point website or contact Dr Lynda Berends (Principal Researcher) via email lyndab@turningpoint.org.au or phone 8413 8448.

Thanks for your time.

ACSO strategic plan launch

Please join ACSO for the launch of our strategic plan at HM Pentridge Prison. Join us for breakfast and real coffee, with a unique opportunity to view life in D Division through the eyes of retired prison officers. On Thursday 14th July @ 8.30am for breakfast (Formalities starting at 9.15 sharp). HM Prison Pentridge, 13 Urquhart Street, Coburg (Melways 17, K11)

Special guests

- Minister the Hon Andrew McIntosh (Minister for Corrections, Minister for Crime Prevention, Minister responsible for the establishment of an anti-corruption commission) and
- Hon Alistair Nicholson (An Australian judge for 22 years during which time he served as a Justice of the Supreme Court of Victoria, a Justice of the Federal Court of Australia and Chief Justice of the Family Court of Australia.).

RSVP acso@acso.org.au

Resources

Launch of VAADA's new resource 'Capacity Building and Change Management: A guide for services implementing dual diagnosis processes'

The Victorian Alcohol and Drug Association (VAADA) is excited to present its latest resource: 'Capacity Building and Change Management: A guide for services implementing dual diagnosis processes'.

This resource takes users through a step by step context and process for initiating dual diagnosis capability. It includes steps on who to involve, tips on avoiding or breaking down resistance to change, and templates to assist with planning. It links to key documents that can be used once the groundwork for organisational change has been completed. VAADA is especially proud of the consumer voice endorsement that this publication has received, cited in the opening pages of the document.

The purpose of creating this resource has been to identify learnings of the Improved Services Initiative (ISI) thus far, and create a package which can be a cornerstone for previously unfunded agencies to achieve what will soon be standard: Dual diagnosis capable Alcohol and Other Drug (AOD) and Mental Health (MH) agencies. It's also hoped it can help current ISI grant recipients, and other dual diagnosis champions across Victoria and beyond, to consolidate and further embed their activities, and to engage new workers and organisations. 'Capacity Building and Change Management: A guide for services implementing dual diagnosis processes' also assists uniform capacity across the sectors. This publication will be a 'living document', and is now available on VAADA's comorbidity website at <http://www.comorbidity.org.au/node/1105>.

VAADA is currently exploring the possibility of a hard copy print run. If you are interested in purchasing a copy of this resource, please contact us on the details provided below.

VAADA would like to thank the resource authors and reference group members for all their tireless work in bringing this publication to fruition. We would also like to thank workers from across the sector who contributed to this resource during the consultation phase.

The Improved Services Initiative is funded and supported by the Department of Health and Ageing.

For further information, please contact: Merissa van Setten, ISI Co-ordinator (Victoria), VAADA, mvansetten@vaada.org.au or (03) 9412 5608

Tobacco Fact Sheet

In line with Drug Action Week (DAW) 2011 headspace has launched a Tobacco Fact Sheet.

It can be viewed [here](#) at headspace.org.au and has also been added to the downloadable fact sheet page.

VAADA Newsletters available for download

VAADA News March April

- VAADA Biennial Conference
- Sector Development Update
- VAADA Analysis of the Auditor-General's Report
- Sector Development Update
- Living With Natural Disasters in the Grampians/ Wimmera Region.

The following newsletters can be downloaded at:

<http://www.vaada.org.au/news/index.shtml>

National Opioid Pharmacotherapy Statistics Annual Data collection: 2010 report

On a snapshot day in 2010 there were 46,078 clients who received pharmacotherapy for opioid dependence, of which almost two in three were male. This was an overall increase of just over 2,600 clients since 2009. This was accompanied by a rise in the number of prescribers from 1,435 in 2009 to 1,449 in 2010, with the majority of prescribers in 2010 being private prescribers (80%). Consistent with previous years, in 2010 methadone accounted for close to seven in 10 clients' pharmacotherapy type, with the remaining three in 10 clients receiving either buprenorphine or buprenorphine-naloxone.

The report can be downloaded at: <http://www.aihw.gov.au/publication-detail/?id=10737419328>

Family Drug Help Newsletter Available for Download

Family Drug Help's Winter newsletter can be downloaded at:

www.familydrughelp.org.au/attachments/Newsletter%2042.pdf

VAADA Media Releases - Available on Website

The following media releases can be downloaded from the VAADA Website.

- VAGO Report
<http://www.vaada.org.au/resources/items/2011/06/371982-upload-00001.pdf>
- Saving Lives 11 April 2011
<http://www.vaada.org.au/resources/items/2011/06/371983-upload-00001.pdf>
- Alcohol and other drug treatment sector: at breaking point 3 May 2011
<http://www.vaada.org.au/resources/items/2011/06/371987-upload-00001.pdf>
- Needle and Syringe Programs save lives. 16 May 2011
<http://www.vaada.org.au/resources/items/2011/06/371988-upload-00001.pdf>
- Saving lives requires tough decisions 18 May 2011
<http://www.vaada.org.au/resources/items/2011/06/371989-upload-00001.pdf>
- Evictions: a misdirected move 21 March 2011
<http://www.vaada.org.au/resources/items/2011/06/371995-upload-00001.pdf>
- Drugs: not in my backyard, but OK elsewhere 31 May 2011
<http://www.vaada.org.au/resources/items/2011/06/371991-upload-00001.pdf>
- Treatment works, prisons don't: VAADA call for preventative & cost effective approach to crime. Monday 20th June, 2011
<http://www.vaada.org.au/resources/items/2011/06/371992-upload-00001.pdf>

Parenting strategies to prevent alcohol misuse in teenagers

New website: www.parentingstrategies.net

The Parenting Strategies website is something that Tony Jorm and one of his research fellows, Marie Yap and her research assistants have been working on the last couple of years at Orygen Research Centre, University of Melbourne. It is a wonderful resource to help parents. Currently the information available on this website is about how parents can help prevent alcohol misuse in their adolescents. This research team is now doing the research to find out messages to add to this website to give parents strategies to help prevent depression and anxiety in their adolescents.

New online service for health professionals to address problem gambling

People with gambling problems often have mental health, addiction and relationship issues and may visit a range of health and welfare professionals before they tackle their gambling. Gambling Help Online, a new, Australian-first online service provides counselling, information and support 24/7 for people who need help with gambling issues, including referring health professionals. Operated by Turning Point Alcohol and Drug Centre, Gambling Help Online offers health professionals information, research and treatment options for working with someone who may have gambling concerns. Gambling Help Online complements existing face-to-face counselling initiatives. The 24/7 free, confidential Gambler's Help line 1800 858 858 has also attracted a new cohort of help seekers not currently willing or able to use existing services.

To find out more, visit www.gamblinghelponline.org.au

Alcohol policy and the politics of moral panic report

Liquor reform has become a political hot potato in New Zealand, this paper argues, and has resulted in misguided policy. To read the full report see the weblink:

<http://www.cis.org.au/images/stories/policy-monographs/pm-118.pdf>

Funding

Optus Community Grants round

Grants of between \$1,000 and \$5,000 are available for projects that support the following:

Building Social Inclusion

- Providing access to communications. - Providing access to communication for individuals or groups that are currently excluded is one way that Optus can make a significant contribution to society and help overcome the barriers of distance and disadvantage.
- By connecting disengaged communities. Supporting local community organisations and groups' initiatives that help build and strengthen their capacity to deliver services that have a positive social impact for Australians in need.

Supporting Disengaged Youth.

- Education, life skills and knowledge.
- Helping disadvantaged young people improve their education, life skills and knowledge.

Applications are open now and close on Friday 12 August 2011:

<https://communitygrants.optus.com.au/guidelines/categories>

VicHealth - Conference Support Scheme

The Conference Support Grants Scheme provides limited support to conferences conducted by other providers. VicHealth is interested in supporting other organisations that are facilitating knowledge transfer in the field of health promotion and public health. Applications close: 29 July 2011

Who can apply? Community groups, local governments, educational institutions, not-for-profit and non-government organisations, based in Victoria whose conferences will take place in Victoria

How much funding is available? Small grants of \$1,000 - \$10,000 are available. **How to apply?** Only online applications can be received through this link. If you have any issues completing the online application form, please email the VicHealth Helpdesk. Go to <http://www.vichealth.vic.gov.au/Funding-Opportunities/Funding-Open/Conference-Support-Scheme.aspx>

FebFast 2011 grants program

FebFast is pleased to announce its fourth national grants program which supports programs in research, prevention and service delivery concerning young people and substance use.

Each February, FebFast conducts a national education, awareness and fundraising campaign that encourages people to forgo their alcohol consumption during the shortest month of the year, and at the same time raise funds to support organisations working in research, prevention and service delivery concerning alcohol and other drug use by young people.

Since its inception, FebFast has:

- encouraged more than 18,000 people to take a month-long break from their alcohol consumption,
- raised more than \$2.7 Million,
- distributed funds to more than 30 programs in the alcohol and other drug service sector.

Now, following the success of its nationwide 2011 campaign, FebFast is distributing a portion of the funds through its fourth annual grants program.

Organisations working in alcohol and drug research, prevention and service delivery as it relates to young people are invited to apply for grants up to the \$20,000 each. These grants apply for one year only. For this year only, extra consideration will be given to alcohol and other drug projects for young people that have arisen from needs associated with the 2011 flood and cyclone impacts in Queensland, and flood impacts in Victoria and Western Australia.

The grants round will open for expressions of interest from 13 June 2011. All applications must be finalised by 5pm on Friday 1 July.



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For further details visit this site:
<http://febfastgrants.smartygrants.com.au/>

Information for Young People

headspace National Drug Action Week Q&A

headspace National is also supporting DAW 2011 with an Alcohol and Other Drug themed Q & A for this week. Young people are to submit their question to the Q & A section of our website.

headspace.org.au Questions will be reviewed by headspace clinicians and, if answered, will take approximately 2 to 3 days before appearing on the Your Questions Answered page.



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Professional Development Opportunities

Highlighted Training is NEW to Newsletter

Boxed Training is training run in the Barwon South West region.

Qualifications

MASTER of YOUTH SERVICES MANAGEMENT, GRADUATE PROGRAM, FACULTY OF ARTS, EDUCATION AND HUMAN DEVELOPMENT

2nd semester Youth Policy is being offered. City Campus – Flinders St Victoria based

The Master of Youth Services Management is a new postgraduate course designed to meet the needs of practitioners who are working in youth and community services and who are interested in improving their management and supervision skills in the workplace. It is aimed at early career managers who have established an initial career path within the youth sector and are now looking to build on their professional skills and knowledge to increase labour market opportunities.

FEES: A number of (CSP) Commonwealth Supported Places are available where fees are jointly funded by the Commonwealth Government and the student. In 2011, fees will cost approximately AUD \$890 per unit which can be deferred or paid up front. If they are paid upfront a 20% discount applies. This means the fees can be as low as AUD \$720 per unit.

COURSE STRUCTURE: The course is offered fulltime basis and Part time. Students can exit after semester 1 with the Post Graduate Certificate of Youth Services Management (ATYS) or they can exit after semester 2 with the Post Graduate Diploma of Youth Services Management (AGYS). There are four core youth work units:

- AEY 5001 Young People & Social Policy
- AEY 5002 Professional Practice for Youth Development
- AEY 5003 Experiential & Applied Learning
- AED 5001 Education Research Design and Methods

And then an excellent list of Business and Human Resource Management subjects to choose from

Initial contact regarding the Master of Youth Services Management should be directed to: Irene Paulsen Lecturer, Phone: (03) 9919 5548 or Email: irene.paulsen@vu.edu.au

AOD Competencies delivered by YSAS

The following individual units, or a combination of units packaged to suit the needs of different workforces, are available:

CHCAOD408A	Assess the needs of clients with AOD issues
CHCAOD406D	Work with clients who are intoxicated
CHCAOD510A	Work effectively with clients with complex alcohol and/or other drug issues
CHCAOD402A	Work effectively in the alcohol and other drugs sector

For more information go to: <http://www.ysas.org.au/education-and-training/units>

CHC50208 Diploma in Community Services (Alcohol and Other Drugs) 2011 - \$550

For eligibility and enrolment details visit us online: www.workskillsweb.net/SkillsVicFund09.html. Enrolments: Online [here](#) and click apply now. Further information online at www.workskillsweb.net/dip_info.html. Contact Sariah on 03 9420 7644 or email studentadmin@odyssey.org.au.

Odyssey House Victoria AOD - Training Update

It's not too late yet to get started with your training for 2011! Our enrolments for 2011 are continuing to support your goals in AOD qualifications. So if you have been wondering about when to enrol this

March 2011

might be the right time for you now. We also provide Recognition of Prior Learning (RPL) pathways through interview and assessment on your current skills and knowledge.

Diploma in Community Services (Alcohol and Other Drugs) CHC50208 \$3,565, \$550 funded*

This qualification is provided for AOD clinicians, nurses and allied sector practitioners who wish to enhance their practitioner skills and those who aspire to work as coordinators or other management roles. Delivery is online blended with live assessment tasks. The courses and units are accredited and nationally recognised.

Key Subjects include:

- Advocate for clients
- Work effectively with clients with complex AOD issues
- Provide advanced interventions for clients with AOD issues
- Provide relapse prevention strategies
- Provide services to clients with complex needs
- Reflect and improve own professional practice
- Provide behaviour support in the context of individualised plans
- Provide a range of services to people with mental health issues
- Assess evidence and apply in practice
- Provide community focused promotion & prevention strategies

Skill Set For Health Professionals Alcohol & Other Drugs / Mental Health

The AOD Skill Set equips individuals who hold a Certificate IV AOD/MH or a tertiary health, social or behavioural science qualification with the entry level requirement for the AOD sector. Completion of this skill set ensures new practitioners have the skills and knowledge required to work in the AOD and MH sectors.

The Skill Set units include:

- CHCMH401A Work effectively in mental health settings, \$195
- CHCAOD402A Work effectively in the AOD sector, \$195
- CHCAOD408A Assess the needs of clients with AOD issues, \$195
- CHCMH504D Provide services to people with mental health issues, \$220
- CHCAOD406D Work with clients who are intoxicated, \$195
- CHCAOD510A Work effectively with clients with complex alcohol and/or other drug issues, \$220

Dual Diagnosis / Co-occurring AOD / Mental Health CHC50208 \$175 per unit

This course is intended for individuals who have been working in the AOD or MH sector for two years or more. Units include an orientation to each sector, assessing client needs and treatment planning.

The Skill Set units include:

- CHCAODMH401A Work effectively in the mental health settings
- CHCAOD402A Work effectively in the AOD sector
- CHCAOD408A Assess the needs of clients with AOD issues
- CHCMH504D Provide services to people with MH issues
- CHCCS504A Provide services to clients with complex needs

Working with Clients with Amphetamine Type Stimulant Issues 22037VIC \$280

The accredited course is designed for workers in health, justice, youth, employment, housing and other sectors where ATS users are likely to present without necessarily wanting to consult an AOD service. It provides essential knowledge and information about the drug type and skill training.

The content, learning activities and assessment tasks provided ensure participants acquire a proficient understanding of forms of ATS used, patterns and prevalence of misuse, pharmacology, signs and symptoms of ATS use, withdrawal and toxicity.

The course also covers mental health and ATS, harm reduction, and easy to use screening tools based on a Motivational Interviewing framework.

- Unit 1 VU20063 Respond to clients in crisis with amphetamine type stimulant issues.

- Unit 2 VU20064 Provide brief opportunistic intervention for clients with amphetamine type stimulant issues
Pre-requisites: No pre-requisites are required

Certificate IV Alcohol & Other Drugs CHC40408 \$2,925 or \$550 funded*

This qualification is aimed at AOD service practitioners working with clients whose lives may be affected by alcohol or other drugs use. This is the minimum qualification standard required for practitioners working in the Alcohol and other Drugs Sector.

Key Subjects include:

- Orientation to the AOD sector
- Assessing client needs
- Providing interventions for people with AOD issues
- Case management for clients with complex needs
- Legal and ethical frameworks
- Provide Brief interventions
- Working with Intoxicated clients
- Provide withdrawal services
- Provide Brief Intervention
- Orientation to the mental health sector

NEW - Certificate IV in Training and Assessment (TAE40110) \$1,275

Becoming a skilled trainer and assessor? The Certificate IV TAE40110 is the new training qualification essential for presenting & assessing accredited training in the workplace and the vocational education and training (VET) sector. The course is designed to provide you with a range of delivery and assessment skills. Gain the skills you need to design, develop, deliver and assess training programs.

We can also update your old Cert IV AWT (BSZ98) or Cert IV TAA (40104) with RPL to the new Cert IV TAA 40110 qualification

Key Subjects include:

- TAEDES401A Design & Develop Learning Programs
- TAEDES402A Use Training Packages and Accredited Courses
- TAEDL401A Plan, organise and deliver group based learning
- TAEDL402A Plan, organise and facilitate learning
- TAEASS401A Plan assessment activities and processes
- TAEASS402A Assess Competence
- TAEASS403A Participate in Assessment Validation
- TAEDL301A Provide work skill instruction
- TAEASS301A Contribute to Assessment
- TAEASS502A Design & Develop Assessment Tools

Enrolments

Our courses are conveniently delivered with online flexible learning which means you can study at a time and place that suits your needs. For eligibility and enrolment details visit us online: <http://www.workskillsweb.net/SkillsVicFund09.html>

For eligibility and enrolment details call or visit us online.

Enrolments: [Online here and click apply now](#)

Enquiries and registration contact Sariah on 03 9420 7644 or email studentadmin@odyssey.org.au

Funding

*This training is provided with Victorian Government Funding, \$550 represents the required student contribution. Students ineligible for Government Funding can apply for the course at the standard rate. Enrolments are subject to available funding. Eligibility criteria varies depending on your personal circumstances click here for details or visit www.odysseyinstitute.edu.au Funding may be extended to Certificate IV for some eligible students in 2011.

Further information online at www.odysseyinstitute.edu.au contact Sariah on 03 9420 7644 or email studentadmin@odyssey.org.au

Mid year enrolments for Graduate Certificate and Graduate Diploma in AOD Studies

Reminder: Mid year enrolments closing on Friday 3rd June 2011

Turning Point is accredited under the Education and Training Reform Act (2006) to offer the Graduate Diploma in Alcohol and Other Drugs

Studies and the Graduate Certificate in Alcohol and Other Drug Studies.

Graduate Diploma in Alcohol and Other Drug Studies

On completion of the Graduate Diploma in Alcohol and Other Drug Studies students will be able to be employed in the specialist alcohol and other drug field and satisfy requirements for the Minimum Qualification Strategy for working in services funded by the Department of Health in Victoria. Graduates will be able to be employed in more senior specialist alcohol and other drug clinical and treatment roles, and in research, evaluation and policy development roles. Graduates wishing to enrol in higher degrees will have further opportunities for professional advancement in the alcohol and other drugs field.

The course is conducted on a part-time basis over three semesters. Students will be able to complete the Graduate Diploma in two years, but may take up to eight years.

The Graduate Diploma consists of four compulsory subjects and a range of elective subjects.

The four compulsory subjects are:

GP012 Perspectives in Drug Use

GP013 AOD Assessment, Treatment and Planning

GD104 Introduction to Mental Health

GD105 AOD Counselling: Exploring Interventions in Context

The electives allow for specialisation in particular streams:

AOD counselling and clinical work

Mental health and clinical work

Community and policy

AOD research and evaluation

Electives may be chosen from any specialist stream.

Graduate Certificate in AOD Studies

Completion of the Graduate Certificate in Alcohol and Other Drug Studies will enable students to be employed in the specialist alcohol and other drug field and will satisfy requirements for the Minimum Qualification Strategy for working in services funded by the Department of Health in Victoria.

A Graduate Certificate can be completed in one year, but students may take up to four years to complete the requirements. Requirements for a Graduate Certificate are two compulsory subjects and a range of elective subjects.

The two compulsory subjects are GP012 Perspectives in Drug Use and GP013 AOD Treatment, Assessment and Planning.

Further Information

Full information on the course, subjects and enrolment process is available at www.turningpoint.org.au Contact Caro Clark on 8413 8708 or carolinec@turningpoint.org.au if further information is required.

Other Training

Caraniche Training - February to June 2011

If you have any questions please contact on 8412 7111 or training@caraniche.com.au Also refer to our website www.caraniche.com.au for more details about the content of these and other trainings.

July 2011

5th July 2011

Cannabis Treatment Guidelines

This workshop will introduce participants to the recently developed guidelines for the management of cannabis related problems (Copeland, Frewen & Elkins).

These aim to provide clinicians with a reference point for skills required to intervene with cannabis related problems. Healthcare practitioners may be confronted with a range of presentations of cannabis use disorder including some complex clinical profiles which include mental health symptoms and acute behavioural disturbances such as psychosis and aggression. This workshop is suitable for health care practitioners who work in a variety of settings where clients

present with cannabis use disorders. Participants will be made familiar with the various aspects of the guidelines including assessment, withdrawal, psycho-education and interventions.

This workshop is suitable for workers from the AOD, Youth, Mental Health, Corrections Health and Allied Health Services, Teachers and School counsellors from the education sector, GPs, as well as for those who work within the Criminal Justice Sector.

Venue: Barwon Youth, Conference Room, 10-12 Halstead Place, Geelong West

Time: 10am – 12.15pm includes morning tea break at 11am

Cost : \$25 Administration Cost (includes Venue and Catering)

Registration: Include your full name, organisation, position, telephone and email address. Indicate date & time preference. Confirmation will be by email/phone If you want to book the 3 ½ day sessions Tuesday 5th and Wed 6th am together please indicate and lunch will be provided. Contact Salli at shickford@barwonyouth.org.au

5 July 2011

Quitting Cannabis 1 – 6 Sessions

This workshop is specifically designed for clinicians who treat people with cannabis use problems. It covers a comprehensive, evidence-based intervention which the clinician may deliver over 1 – 6 sessions. Some strategies consist of behavioural self monitoring, withdrawal symptom management, mastery of urges and cravings, relapse prevention. The intervention is supported by material which will be demonstrated and provided to participants.

The intervention is specific to treatment seekers

Most relevant for clinicians who engage in face to face counselling on a long term basis and who wish to improve or acquire new skills

Clinicians need to agree to a 3 month follow-up

The objective of the workshop is to enable participants to implement an evidence-based structured CBT intervention with their own client population

Venue: Barwon Youth, Conference Room, 10-12 Halstead Place, Geelong West

Date & Time: Tuesday 5th July, 1pm – 4pm

Cost: \$25 Administration Cost (includes Venue and Catering)

Registration: Include your full name, organisation, position, telephone and email address. Indicate date & time preference. Confirmation will be by email/phone If you want to book the 3 ½ day sessions Tuesday 5th and Wed 6th am together please indicate and lunch will be provided. Contact Salli at shickford@barwonyouth.org.au

6th July 2011

Adolescent Cannabis Check-up (ACCU)

This intervention is for cannabis users irrespective of their treatment seeking status. Prerequisites – a good understanding of Motivational Enhancement theory. Participants will need to be willing to participate in a 3 month follow up

The objective of the workshop is to enable participants to implement an evidence-based motivational enhancement intervention with their own population

This workshop is most suitable for workers who either work opportunistically or who choose to provide a brief intervention

This interactive style workshop is suitable for anyone who works with clients who use cannabis and needs a structured intervention. The intervention is comprised of an individual assessment session followed by a personalised feedback session delivered in motivational interviewing style. An optional skills based session is offered in relation to behaviour change. Participants will be taken through the intervention and familiarised with the material.

Venue: Barwon Youth, Conference Room, 10-12 Halstead Place, Geelong West

Time: 9am – 1 pm (includes morning tea/coffee at 10.30am)

Cost : \$25 Administration Cost (includes Venue and Catering)

Registration: Include your full name, organisation, position, telephone and email address. Indicate date & time preference. Confirmation will be by email/phone If you want to book the 3 ½ day sessions Tuesday 5th and Wed 6th am together please indicate and lunch will be provided. Contact Salli at shickford@barwonyouth.org.au

15th July 2011

Training Seminar: Supporting Young People to Quit Smoking

Quit Victoria has a goal to reduce the rate of smoking among young people. Because school nurses, youth counsellors, community health nurses and student welfare staff can play an important role in achieving this goal, Quit has developed a one-day smoking cessation seminar for professionals who work with young people.

Based on the effectiveness of previous youth smoking cessation interventions, it is recommended professionals provide support in a one-on-one setting, where a young person is less likely to feel anxious in disclosing concerns about quitting in the presence of peers. To support this one-on-one approach the full-day training seminar will cover:

- understanding the process of how a young person takes up smoking
- health effects of smoking
- smoking cessation theory
- brief smoking cessation intervention (including aspects of motivational interviewing)
- effective strategies to motivate young people to not smoke
- Quit support resources and services
- The training includes practical exercises with reflection and feedback. Participant notes and handouts are provided.

The full-day training seminar is free of charge (with morning tea, lunch and afternoon tea provided). The program will commence at 9.00am sharp and conclude at 3.30pm. Training seminar will be held at The Cancer Council Victoria, 100 Drummond Street, Carlton 3053. To register your interest to attend the free training email bianca.crosling@cancervic.org.au

22 July 2011

Error! Filename not specified. Facing up to Facebook: the impact of technology on Children, Young People, their Families & the Sector

Sharing innovative practice and knowledge is critical to driving better outcomes for children, young people and families. The symposium will highlight work from the sector on strategies that acknowledge and support positive ways children, young people and their families can use information technology in their daily lives.

The day will showcase user-friendly technologies that increase the capacity of the sector to address the needs of children, young people and their families. Keynote Presenter: Darren Kane, the Director of Telstra's Corporate Security & Investigations Group Time: 9:30am - 4.30pm (Registration from 9:00am) Venue: Arrow on Swanston - 488 Swanston Street, Carlton Cost: \$40 Members - \$50 Non-members - Morning Tea and Lunch provided. To Register: Flyer and online registration can be accessed at: <http://www.cwav.asn.au/projects/Pages/SharingInnovativePractice.aspx>. You can also request a registration form by email, post or fax - contact Bec Jolly, Meg Rees or Jane Lawrence on 03.9614 1577 or training@cfecfw.asn.au

26th July 2011

Training Seminar: Supporting Young People to Quit Smoking

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August 2011

1st, 8th 17th & 24th August

Ethical Youth Work Practice Series

YACVic, in partnership with Victoria University School of Health Community Services Youth Work Program is conducting a series of professional development workshops for workers within the youth sector. The primary focus of the workshops will be on the promotion and understanding of YACVic's 'Code of Ethical Practice'.

Workshop 1 (Monday, 1 August 2011, 9:00am - 4:30pm)

Defining youth work and ethical practice

Facilitator: Tim Corney, Co-Author: Code of Ethical Practice

Workshop 2 (Monday, 8 August 2011, 9:00am - 1:00pm)

Youth workers and the law Facilitator: Anna Radonic, YouthLaw

Workshop 3 (Wednesday, 17 August 201, 1:00pm - 5:00pm)

ethical Practice and your workplace

Facilitator: Gerard Hogan, Victoria University

Workshop 4 (Wednesday, 24 August 201 1:00pm - 5:00pm)

part 1: Professionalisation and ethics, Facilitator: Youth Workers' Association

Part 2: implementation and future development, Facilitator: Linda Randall (YACVic)

Two ways to take part

1. Complete the series and receive a Certificate of National Recognition for two core units that sit within the Certificate IV and Diploma of Youth Work.

2. Attend workshop 1 and/or 2 as stand-alone sessions to improve your overall understanding of ethical and/or legal youth work practice.

COST: (Includes all workshops, lunch on day one; accreditation and feedback on assessments). YACVic members \$180 | Non-Members \$225. VENUE: Melbourne Multicultural Hub, 506 Elizabeth Street, MELBOURNE (opposite the Queen Victoria Market)

Bookings are essential, please call Linda Randall on 9267 3713 for a registration form.

1st August 2011

Defining youth work and ethical practice

YACVic, in partnership with Victoria University School of Health Community Services Youth Work Program is conducting a series of professional development workshops for workers within the youth sector. The primary focus of the workshops will be on the promotion and understanding of YACVic's 'Code of Ethical Practice'.

Facilitator: Tim Corney, Co-Author: Code of Ethical Practice. 9:00am - 4:30pm @ Melbourne Multicultural Hub, 506 Elizabeth Street, MELBOURNE (opposite the Queen Victoria Market)

Bookings are essential, please call Linda Randall on 9267 3713 for a registration form.

3 & 4 August

Mind Matters Training for all education staff - Level 2 Planning for Student Wellbeing

MindMatters can support your school wellbeing team to lead, plan and evaluate an authentic whole school approach for the mental health and wellbeing needs of all your students - keeping students connected to school and learning. MindMatters tools and models based on ten years of successful implementation and evaluation will streamline your support for all students, including those experiencing high needs in mental health. Explore processes that will help you engage all staff and let you know the difference you are making. School wellbeing teams of 3 or more (including a member of the executive team) are invited to register on line. If your team has relevant school data on wellbeing please bring this to the PD as it will inform your plans and allow you to monitor your progress. Training is free and runs from 9am – 4pm held at Regal Cafe, 163 Timor Street, and Warrnambool. Please register online at: www.mindmatters.edu.au

4th August 2011

Training Seminar: Supporting Young People to Quit Smoking

Quit Victoria has a goal to reduce the rate of smoking among young people. Because school nurses, youth counsellors, community health nurses and student welfare staff can play an important role in achieving this goal, Quit has developed a one-day smoking cessation seminar for professionals who work with young people.

Based on the effectiveness of previous youth smoking cessation interventions, it is recommended professionals provide support in a one-on-one setting, where a young person is less likely to feel anxious in disclosing concerns about quitting in the presence of peers. To support this one-on-one approach the full-day training seminar will cover:

- understanding the process of how a young person takes up smoking
- health effects of smoking
- smoking cessation theory
- brief smoking cessation intervention (including aspects of motivational interviewing)
- effective strategies to motivate young people to not smoke
- Quit support resources and services
- The training includes practical exercises with reflection and feedback. Participant notes and handouts are provided.

The full-day training seminar is free of charge (with morning tea, lunch and afternoon tea provided). The program will commence at 9.00am sharp and conclude at 3.30pm. Training seminar will be held at The Cancer Council Victoria, 100 Drummond Street, Carlton 3053. To register your interest to attend the free training email bianca.crosling@cancervic.org.au

15 August 2011

Young People & Cannabis Use

Information and Strategies for those who work with Young People

Training will seek to: -

- * enhance participants' understanding of why young people do and do not use drugs
- * enhance participants' knowledge of cannabis itself
- * describe who uses cannabis & explore the effects of cannabis
- * explore the particular needs of young people who may use cannabis

* explore motivational enhancement to assist those who wish to change their cannabis use
 * encourage good practice procedures from workers in the field
 This workshop is suitable for workers from the Youth, AOD and Mental Health sectors, Teachers and School Counsellors from the education sector, as well as for those who work within the Youth Justice Sector
 Venue: Brophy Youth and Family Services, 210 Timor St, Warrnambool
 Date & Time: 9am – 4pm
 Cost: \$25 Administration Cost (includes Venue and Catering)
 Registration: Include your full name, organisation, position, telephone and email address. Indicate date & time preference. Confirmation will be by email/phone. Contact Salli at shickford@barwonyouth.org.au

16 August 2011

Young People & Cannabis Use

Information and Strategies for those who work with Young People Training will seek to: -

- * enhance participants' understanding of why young people do and do not use drugs
- * enhance participants' knowledge of cannabis itself
- * describe who uses cannabis & explore the effects of cannabis
- * explore the particular needs of young people who may use cannabis
- * explore motivational enhancement to assist those who wish to change their cannabis use
- * encourage good practice procedures from workers in the field

This workshop is suitable for workers from the Youth, AOD and Mental Health sectors, Teachers and School Counsellors from the education sector, as well as for those who work within the Youth Justice Sector
 Venue: Barwon Youth, Conference Room, 10-12 Halstead Place, Geelong West

Date & Time: 9am – 4pm

Cost: \$50 Administration Cost (includes Venue and Catering)

Registration: Include your full name, organisation, position, telephone and email address. Indicate date & time preference. Confirmation will be by email/phone. Contact Salli at shickford@barwonyouth.org.au

17 August 2011

Presentation Skills

Build your confidence and skill in making stimulating presentations. Are you daunted by the prospect of speaking in front of an audience? Few people are naturals at making presentations. Learn

- Techniques to engage your audience
- Structure your presentation
- how to get your message across
- use appropriate body language
- manage those 'public speaking nerves'.

Cost: \$215 (Includes GST). 9.00 – 4.30. (Lunch and notes provided)

To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

18 July 2011

Colloquium 'Improving drug policy and practice through research'

Time: 9:30am - 5pm (registration from 9am)

Venue: 7th Floor, Alfred Centre, Burnet Institute, Melbourne

Cost: Free - including all catering

The Burnet Institute is very pleased to announce the Centre's inaugural annual Colloquium to be held on July 18th, 2011. With an interactive format and exciting mix of Australian and international speakers the Colloquium is designed to draw together researchers, affected communities, policy makers and practitioners to discuss research findings and their implications for policy and practice.

We are delighted to announce internationally-renowned Professor Thomas Kerr from the British Columbia Centre for Excellence in HIV/AIDS as our Keynote Speaker for the Colloquium.

Professor Kerr will present on: 'Harm Reduction in Vancouver, Canada: Responding to a Public Health Emergency'.

The Colloquium program will be grouped into four key themes:

Sessions will be highly interactive, with expert presentations and substantial opportunities for audience participation.

- Emerging issues and new developments in hepatitis
- Linkages between injecting drug use and mental health
- Overdose and state of the art overdose responses
- Managing the injecting environment, including the contentious issues of supervised injecting facilities and vending machines.

As numbers are capped RSVP's are essential. Please contact Liz Nicol by Friday 8 July on E: liznicol@burnet.edu.au or T: 03 8506-2304. For further information about the CRE contact Dr Rebecca Jenkinson – E: rebeccaj@burnet.edu.au or T: 03 8506-2311

18-19 August

Applied Suicide Intervention Skills Training course

ASIST is a 2-day interactive workshop in suicide first aid. Participants learn to recognise when someone may be at risk of suicide and respond in ways that help increase their immediate safety and link them to further help. ASIST aims to enhance a caregiver's abilities to help a person at risk avoid suicide. It is intended that ASIST participants will be better prepared to:

- reflect on how their attitudes and beliefs about suicide affect their intervention role;
- discuss suicide with a person at risk in a direct manner;
- build a collaborative approach to intervention focused on safe outcomes;
- review immediate suicide risk and develop appropriate safeplans;
- demonstrate skills required to intervene with a person at risk of suicide;
- identify resources available to a person at risk of suicide;
- make a commitment to improving community resources; and
- recognise that suicide prevention is broader than suicide first aid and includes life-promotion and self-care for caregivers.

Course venue: Southern Way Direct Care Services, 181 Fairy Street, Warrnambool. Training room Enter at rear, via laneway to right of Southern Way. Parking Raglan Parade [centre of road] opposite Safeway. Time 8.45am [for 9.00am start] – 4.00pm. Course fees \$100.00 per person. Course materials and catering for both days are included. Participants must attend both days to receive the LivingWorks ASIST Certificate. We look forward to your registration and thank you for taking the first steps in making our community safer for those at risk of suicide. To register contact Meredith Ericson, Chief Executive Officer, on 5559 0555

24 – 26 August 2011

12th International Mental Health Conference 'Personality Disorders: Out of the Darkness'

Gold Coast Queensland. The Australian and New Zealand Mental Health Association invites you to submit an abstract at http://www.anznmh.asn.au/conference2011/call_papers.html. The

conference will explore different types of Personality Disorders and their effects from Childhood to the Aged with a specific focus on Schizophrenia, Eating Disorders, the Effects of Drugs and Alcohol and Bipolar Disorder. It presents a unique opportunity to bring together Australia's and New Zealand's leading academics, practitioners and other mental health professionals. The focus will be on new clinical developments, treatments, programs and studies in meeting the challenges faced by people with personality disorders.

24 August 2011

Professional Supervision Skills

Theoretical frameworks and practical skills for health and community service professionals who are required to provide supervision of professional practice.

- What is it and why do it?
- Alfred Kadushin's model explained
- Six essential supervisory skills – when and how to use them
- Preparing yourself and your supervisee
- Establishing a supervision agreement
- Giving feedback
- Case studies

• Dilemmas and how to deal with them • Self care

Cost: \$215 (Includes GST). 9.00 - 4.30. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

29 August 2011 (OR November 24)

Team Leaders' Workshop

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning
- Strategies for creating effective teamwork
- Leading in an environment of change
- Dealing with difficulties.

Cost: \$235 (Includes GST). 9.00 - 5.00. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

22 August 2011

It doesn't have to be therapy to be therapeutic- How to talk to your client: for case managers and workers not in a therapy role

Monday, 9.30am - 4.30pm

Presenters: Kelly McMahon, Kate Cooke & Leanne Shaw

This workshop is for clinicians and workers who are not in a psychotherapy role, and are looking for ways to value and think about how they relate to clients with a personality disorder. It will seek to answer questions like

- How do I talk to this client? and
- How do I know I am helping?

With practical ideas, interactive sessions and references to different models including

- Mentalisation,
- Relationship Management, and the
- Conversational Model.

For clinicians from Victorian Area Mental Health Services working directly with clients, and Case Managers from NGO's.

Venue: Mindful Centre, Flemington

Cost: \$77 for clinicians from Victorian Area Mental Health Services \$132 for clinicians from all other services. For more details and registration form see Spectrum website: www.spectrumbdp.com.au

30th -31st August 2011

Combined Integrated Care / Mental Health & Maternal & Newborn Clinical Network forum

This forum brings together a range of professionals working with pregnant women with complex needs to:

- share knowledge and experience
- show case innovative practice
- support collaborative work across all sectors

Day one: will include presentations of:

- 2011 Induction of Labour Audit Results
- Obesity in Pregnancy Guidelines
- Family Centred Care
- Beyond Blue Clinical Practice Guidelines

Day two: Making a difference - Managing psychosocial risk factors during pregnancy in acute and community care. This day will

March 2011

showcase effective strategies to manage risk factors of vulnerable families and women with complex issues in the antenatal period through: collaborative practice, engagement processes, and the use of tools and resources. Key themes of the day will include the delivery of care to pregnant women who

- are young
- are from Aboriginal & Torres Strait Islander backgrounds
- are from refugee and culturally diverse backgrounds
- have or are at risk of mental health issues
- have issues with drugs and alcohol

Who should attend? Clinicians/ Practitioners working with women with complex needs particularly those working in the following settings: community health, allied health, mental health, maternity, Aboriginal health, child protection, early parenting, and enhanced maternal child health. Cost: No cost to participants, however if you register and do not attend there will be a charge of \$100. RSVP: COB 15th July 2011 - Places are strictly limited and filling fast! To register email clinicalnetworks@health.vic.gov.au including day/s you wish to attend, job title current place of employment and any dietary requirements by COB 15/07/2011. For further information please contact Debbie Rogers 0421684984 or Lisa Oro 0409573916

September 2011

8th September

Sexual Development and Sexually Abusive Behaviours in Adolescents: How to Assess and Understand

Working with adolescents can often present challenging situations, especially in relation to sexual relationships and behaviours. In this training we will look at what is normal sexual behaviour for adolescents and discuss sexual behaviours that require a response. This training will also explore a range of sexually abusive behaviours that adolescents may engage in including use of technology such as through "sexting" and the internet. Topics Covered Include:

- Understanding adolescent sexual development
- Normal sexual behaviour and concerning or abusive behaviours
- Responding to needs, risk and safety issues for adolescents, their families and others
- Sexually abusive behaviours, consent and the law including mandatory reporting
- Constructing an intervention plan

Training will be held at Lifeline, 1 McKillop St Geelong from 9.30am-3.30pm. For More Information or to register please go to www.casa.org.au or Email admin@barwoncasa.org

8th September

A different View of Bipolar Disorders

Chris Mackey continues to offer a further series of free public talks on mental health and wellbeing. These topics relate to not only those seeking or providing mental health services, but also to family members and the wider public in gaining a greater understanding of mental health issues.

The full schedule of talks for 2011 is listed on the Free Public Talks page of our website. www.chrismackey.com.au

Please feel free to contact our administration team if you have any enquiries or would like to be placed on the email reminder service for the talks.

All talks are held at 7:30 pm – 8.45pm at the Geelong West Town Hall – Supper Room on the dates below. Please note the entrance to the Supper Room is on the East side of the Geelong West Town Hall near the Geelong West Library.

9 September

Mind Matters Training for all education staff - Staff Wellbeing

Transitions are a part of life and yet they are times when school staff and students can lose their connection with school. This module explores a range of transitions for students and school staff including



Newsletter - Alcohol and Other Drugs Youth Capacity Building

between schools, regions, cultures, health agencies, work, training and care facilities Participants will use a set of principles to successfully plan for successful transitions for school community members. Time: 9am – 4pm at Geelong Conference Centre (GCC), Adams Court, Eastern Park, Geelong. Please register online at: www.mindmatters.edu.au

13 September

Making a Difference: Family Inclusion, Innovation and Integration Conference

The Bouverie Centre is pleased to announce the upcoming Beacon Strategy conference at the Jasper Hotel – Melbourne. Cost: FREE

This conference will bring together clinicians and managers from the Alcohol and Other Drugs, Gambler's Help and Mental Health Sectors and provide an opportunity to showcase the innovative work being done in the area of implementing family inclusive practices.

The central themes of the conference are family work, implementation and integration. The program will include key note speakers, plenary sessions and concurrent sessions. To register: [Click here or for Enquiries: \[bouverie.beacon@latrobe.edu.au\]\(mailto:bouverie.beacon@latrobe.edu.au\)](#)

Or contact Evonne Fletcher on 9385 5100.

October 2011

13th October

Complex Trauma and Disassociation

Chris Mackey continues to offer a further series of free public talks on mental health and wellbeing. These topics relate to not only those seeking or providing mental health services, but also to family members and the wider public in gaining a greater understanding of mental health issues.

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November 2011

10th November

Where is Positive Psychiatry: The limitations of prevailing mental health models?

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16 & 17 November

Group Facilitation Skills

An action packed two-day program:

- Enliven and improve the effectiveness of your group programs
- New ideas and activities
- Four keys for effective planning

- Group theory

- Strategies for dealing with difficult dynamics.

Cost: \$395 (Includes GST). 9.00 - 5.00 each day.(Lunches & manual included). Run at Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn

To register: <http://www.teamtraining.com.au/courses1.htm>

24 November 2011

Team Leaders' Workshop

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning
- Strategies for creating effective teamwork
- Leading in an environment of change
- Dealing with difficulties.

Cost: \$235 (Includes GST). 9.00 - 5.00. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @

The Training Team 0418 134 709 or Email: info@teamtraining.com.au