



# Newsletter

September 2008

This Newsletter is part of the regional **AOD Youth Capacity Building Role**.

Please contact Salli Hickford:

[shickford@barwon youth.org.au](mailto:shickford@barwon youth.org.au) to provide any feedback.

As a part of the feedback received in the Training & Professional Development Survey the following training has been organised.

- Supporting Young People to Quit. Tuesday 23rd September, Warrnambool
- Harm Reduction and Drug Use, September 29th, Geelong
- Cannabis Training, Tuesday 19th November, Warrnambool
- Cannabis: What you need to know & Quittin Cannabis? – Brief intervention for cannabis use disorder: November 19th, Geelong
- Cannabis: What you need to know & The Adolescent Cannabis Check-up – Brief intervention for cannabis use disorder: November 20, Geelong

Please see attached Training Flyers.

## Notice board

### Clinical Supervision in the Alcohol and Other Drugs Field

Calling all Graduates of the Bouverie Centre's Clinical Supervision Training Course!

- Have you completed the Bouverie Centre's AOD Clinical Supervision Training?
- Are you interested in consolidating and extending that learning through a monthly peer supervision group with other course graduates?
- Would you like to be involved in a sector wide exploration of what supports good clinical supervisory practice in organisations?

We are currently organising Pilot Peer Supervision Groups and would like to hear from Clinical Supervisors who are graduates of the Bouverie Centre's AOD Clinical Supervision Training Course. We

will establish the groups and will be available for some facilitation.

You will also be contacted to be involved in either a focus group or telephone interview. Your ideas will contribute to the development of organisational resources and assist in planning future policy training and organisational supports. For more information or to offer ideas re this project, please contact:

Michelle Wills on 9385 5100 or email on [m.wills@latrobe.edu.au](mailto:m.wills@latrobe.edu.au) or

Sally Ryan on 9385 5100 or email [s.ryan@latrobe.edu.au](mailto:s.ryan@latrobe.edu.au)

### "Alcohol and young people: the role of parents"- Training Online

A summary and audio downloads of the DrugInfo Clearinghouse interactive seminar and forum, "Alcohol and young people: the role of parents", that was held in Melbourne on Wednesday 16 July 2008 is now available on the DrugInfo Clearinghouse website [www.druginfo.adf.org.au](http://www.druginfo.adf.org.au).

### Somazone Youth Health Website

([www.somazone.com.au](http://www.somazone.com.au)) is one of Australia's most popular health websites for 15–25 year olds, covering a wide range of health, relationship and wellbeing topics.

The website has recently undergone a facelift, but still retains the features and information that has made it so popular with young people, including:

- Hundreds of questions from young people answered by health professionals about sex, drugs, relationships, body image, mind health and harassment.
- Stories from young people talking about their lives.
- Downloadable fact sheets written by health professionals.
- A comprehensive database of youth-friendly services across Australia. (Is your service listed?)

Please note that Somazone is an independent website designed to assist young people who may be taking risks with their health. It is not suitable



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for all audiences and should be assessed for appropriateness by an educator or health professional before referral. It contains strong language. Somazone does not provide ongoing counselling or clinical referral.

## Resources

The following VAADA submissions are available to download at: [www.vaada.org.au](http://www.vaada.org.au)

Submission To The Green Paper: ***Which Way Home? A New Approach To Homelessness***

Submission to the ***Senate Inquiry Into Ready-To drink***

**New report: Sustaining effective social partnerships.** Terri Seddon, Stephen Billett, Allie Clemans and others / National Centre for Vocational Education Research.

The formation and maintenance of social partnerships depends on five key principles relating to: purposes and goals; relations with partners; capacity for partnership work; governance and leadership; and trust and trustworthiness. Using four case studies, this report assesses how these principles and practices can be used to develop strong social partnerships.

To read the full report see the web link:

<http://www.ncver.edu.au/publications/1985.html>

**New report: Homelessness is a human rights issue.** Human Rights and Equal Opportunity Commission.

More than just a housing issue, homelessness is considered in this paper in the context of the many ways that it impacts on a person's ability to enjoy basic rights and freedoms.

To read the full report: see the web link:

[http://www.humanrights.gov.au/word/human\\_rights/Homelessness\\_2008.doc](http://www.humanrights.gov.au/word/human_rights/Homelessness_2008.doc)

**New report: Drug testing in schools:evidence, impacts and alternatives.**

**Ann M. Roche and others / National Centre for Education and Training on Addiction.**

The results of an independent and comprehensive review into all relevant issues involved in drug

detection and screening in schools are presented in this report. To read the full report see link: [http://www.ancd.org.au/publications/pdf/CACHE\\_DUVIE=498cb1e299278dd1c703fe69f74242d4/rp16\\_drug\\_testing\\_in\\_schools.pdf](http://www.ancd.org.au/publications/pdf/CACHE_DUVIE=498cb1e299278dd1c703fe69f74242d4/rp16_drug_testing_in_schools.pdf)

**New report: Young people and alcohol: the role of cultural influences.**

**Ann M.Roche and others / National Centre for Education and Training onAddiction.**

This report comprises a comprehensive literature review addressing a wide range of social and cultural factors that potentially impact on young Australians aged 14-24 in relation to their use and non-use of alcohol. To read the full report see the weblink:

[http://www.nceta.flinders.edu.au/documents/Young\\_People\\_and\\_Alcohol\\_report.pdf](http://www.nceta.flinders.edu.au/documents/Young_People_and_Alcohol_report.pdf)

**If you drive on drugs, you're out of your mind. – TAC Advertisement & Links**

The TAC launched a new public education campaign today targeting young people who indulge in illegal party drugs, and think it's okay to drive, in an effort to tackle drug driving and reduce trauma on Victorian roads. This campaign, spearheaded by a [60 second TV commercial](#) highlights the impairments that are experienced when you drive after taking drugs and the impact that this can have on yourself and others. The [effect](#) of any drug varies from person to person. Some of the common effects of well known party drugs include reduced peripheral (tunnel) vision, dizziness, blurred vision and loss of concentration. There is also often a false sense of alertness leading to over confidence and the inability to make quick and good decisions under pressure. The new advertisement depicts a drug driver who is experiencing blurred peripheral vision and displaying a sense of over confidence in his driving. This has resulted in him simply not taking in the full road environment and as a result, driving over rather than around a roundabout and running a red light. A [recent report](#) from the National Drug and Alcohol Research Centre (Quinn, B., 2008) found that 71% of drug users



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had driven a motor vehicle in the last six months within one hour of taking any illicit drugs. Of the 71% reporting driving under the influence of drugs, 63% admitted to using ecstasy, 65% amphetamine-type stimulants and 63% cannabis. Furthermore, nearly one-fifth of people who admitted to drug use while driving believed that they were not impaired in any way. In addition, 26% of drug drivers believed that their drug use improved their driving ability. Since random roadside drug testing began in December 2004, approximately 62,530 tests have been conducted, with 1,059 drivers caught drug driving.

## **Young People and Smoking**

Youth Workers and Schools – Resources regarding Young People and Smoking including QUIT Programs, Policies regarding Workers smoking with Young people and much more

### **Skilled Smoke-Out training program - SA**

Quit SA has developed a package that provides youth workers and other health professionals working with young people, in out-of-school settings with the knowledge and skills to integrate smoking prevention and cessation into their current practice and programs. This package includes a training workshop and resource kit to assist youth professionals in empowering young people to make decisions conducive to a smoke-free lifestyle.

[www.quitsa.org.au/asp/Skilled\\_Smoke\\_Out.aspx](http://www.quitsa.org.au/asp/Skilled_Smoke_Out.aspx)

### **OxyGen**

OxyGen is a joint initiative of Smarter than Smoking Project, Quit SA and The City of Casey.

[www.oxygen.org.au/frame.cfm?sectionID=12&docID=86](http://www.oxygen.org.au/frame.cfm?sectionID=12&docID=86)

### **Youth Worker Guidelines**

Entitled 'Tobacco, but it is the least of their problems... Reducing tobacco use among young people' is a resource that is the first of their kind in Australia. The guidelines intend to help youth workers and youth service managers extend their skills, knowledge and practice when dealing with the tobacco issues of the young people they serve. Download PDF by clicking on the following link: [Tobacco, but it is the least of their problems... Reducing tobacco use among young people](#)

### **QUIT Training for Workers Working with Youth**

## **Inhalants Newsletter**

### **NIIS Current Awareness Newsletter**

The NIIS produces an electronic newsletter (NIIS CAN) every two months. The newsletter highlights news and views about inhalant abuse from around Australia and the world. Also included is a list of resources added to the inhalants database.

To sign Up or view go to [http://www.inhalantsinfo.org.au/page.php?page\\_id=8](http://www.inhalantsinfo.org.au/page.php?page_id=8)

## **Self harm Fact sheet – Orygen Youth Health**

*Did you know?...*

Self-harming is a behaviour and not a mental illness. Self-harm often begins in teenage years and can be a way of communicating or coping with distress

For more information about self harm please click here to download the Self-harm [factsheet](#).



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### Funding Available

CREATING CONNECTION EDUCATION EMPLOYMENT PATHWAYS - REGIONAL BROKERAGE FUNDING Round 2 Barwon South West Due: Friday 5th September  
 Target Group: 15 – 25 year olds who are homeless or at risk of homelessness and who are supported by either youth specific or cross target SAAP and THM services ( including refugees )

Purpose: The brokerage funding aims to assist and support young people who are homeless or at risk of homelessness, to engage and sustain EET pathways. Brokerage Funding capped at \$1200 per application

**Objectives:**

- enable young homeless people to participate in EET
- sustain and or re engage the young person in EET
- develop a sustainable pathway out of homelessness through improved integration of education and employment goals in homelessness programs
- support and assistance to secure and sustain stable housing

**Eligibility Criteria:**

- young people who are 15 – 25
- homeless, or at risk of homelessness
- engaged with homelessness assistance services
- not in sustainable employment
- experiencing long term difficulties in maintaining stable accommodation and
- overcoming barriers to participation in EET

**What can the funds be used for?**

· Goods and services that are directly related to the young person’s EET pathway eg. Course costs, stationery, Travel tickets, Uniform, Work boots, computer, Tools of the trade,

Lodging an Application: Email [info@timeforyouth.org](mailto:info@timeforyouth.org)  
 Posted to Time for Youth P.O Box 1233 Geelong 3220  
 Website: [www.homelessness.vic.gov.au](http://www.homelessness.vic.gov.au)

Enquiries Michele Semmens, Manager Client Services Time for Youth

September Round closes Friday September 5th  
 Further rounds will follow:

- December
- January/February

### March

### School Focused Youth Service – Brokerage, Warrnambool

The School Focused Youth Service are pleased to announce that brokerage funding will be available for programs next year. We have started planning for the 2008/09 brokerage round which is aimed at 10 to 18 year olds, with a particular focus on 10 to 14 year olds. Brokerage will be available to facilitate programs to be delivered by schools in partnership with community agencies. In Warrnambool, to support the recent findings of the SFYS Needs Analysis, there will be particular focus on funding projects that address the key issues identified within the Warrnambool area and outlined in the table below:

Top four risk factors identified by service providers, schools and those working directly with young people aged 10-18	Top Four issues of concern identified by young people aged 10-25.
1. Depressed mood and depressive disorders	1. Not keeping up with school
2. Early School Leaving	2. Bullying
3. Rural Young People	3. Body Image
4. Violence	4. Friendship

**An information session will be held on Monday 15th September at the Southern Way Meeting Room at 4pm.** This will look at: the types of projects SFYS fund, suggestions about creating partnerships and assistance with preparing the application. At this session, we will also provide a ‘Guide to applying for SFYS brokerage’ and ‘Good examples of application writing’.

We strongly recommend that the people responsible for writing the brokerage application attend this session. All project applications must be discussed with the SFYS coordinator prior to submission.

SFYS brokerage applications close on Friday 31st October 2008 and successful applicants will be notified by the end of November 2008.



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## Sidney-Myer Grants -SMALL GRANTS PROGRAM

Myer Family Philanthropy supports **projects** that benefit the Australian community, and **strategies** that address:

Symptoms:

- Alleviate the **negative effects** of poverty and disadvantage
- New Initiatives: **Pilot** new ideas about how to address poverty and disadvantage
- Capacity Building: **Strengthen** communities' abilities to deal with poverty and disadvantage

The current **priority areas** for the Poverty and Disadvantage Small Grants Program are as follows:

- Communities experiencing social and economic exclusion with particular emphasis on indigenous Australians, asylum seekers and refugees, and people living in isolated rural and remote areas of Australia
- Children and young people from impoverished backgrounds whose opportunities for development and advancement are curtailed
- Small, discreet projects that meet the needs of a community rather than supplementary funding for large projects.

Applications now open: The Small Grants Program in Poverty and Disadvantage is now accepting applications for funding. There are no specific closing dates and applications are accepted on an ongoing basis.

Grant size: Grants are capped at \$10,000, and are made for a one-year period only. The requested amount may be part of a budget of up to \$50,000

Number of applications: Only one application can be considered per applicant.

How to apply: If you wish to apply for a small grant in the area of Poverty and Disadvantage please go to: [http://www.myerfoundation.org.au/\\_112.asp](http://www.myerfoundation.org.au/_112.asp)

## Information for Young people

**The Outdoor Experience (TOE)** is running a mixed gender Spring journey program from 6th October to 14th November 2008. This challenging and exciting program is for young people, aged 15 – 25, who are experiencing, or have experienced issues with alcohol and/or other drugs. The six week program aims at

tackling difficult life issues through a challenging remote journey, with a small group of participants.

We will spend two weeks preparing for the journey at TOE's Bush Hut in Yarra Bend Park (Kew); then 11 days away living simply and travelling by foot and rafting through some of Victoria's most beautiful and remote environments; then two weeks back at the Bush Hut looking at what it all means. The program aims to challenge participants' perceptions of self and familiar patterns of behaviour and interaction, through a combination of group work and individual support in the context of a remote, extended wilderness journey.

INFORMATION SESSION ON TUESDAY 16th SEPTEMBER from 1-2 pm at the Bush Hut, 110 Studley Park Road, Kew. (please call if you wish to attend)

INTERVIEWING POTENTIAL PARTICIPANTS 18th September – 1st October

For all enquiries or to apply for the TOE program, please contact Fiona or Terry at TOE on 9855 2633.

TOE is a program of Gateway and the Jesuit Social Services



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## Professional Development Opportunities

New entries are in **BLUE**

### Management Training Opportunity

With an 80% success rate, the **Diploma of Frontline Management** course has seen a number of team leaders and service managers in mental health and community support sectors obtain a highly relevant and nationally accredited qualification in this reasonably priced course.

The qualification is attained through attending a series of eleven modules spread out over 12 months and undertaking a practical work based project. VICSERV are pleased to offer VAADA members the special VICSERV rate of \$2,200 including GST if they register for the next course starting Friday 2 May. Expression of Interest and Course Information documents can be accessed at:

<http://www.vicserv.org.au/training/index.htm>

Further details contact John Dunton on 9519 7000 or [j.dunton@vicserv.org.au](mailto:j.dunton@vicserv.org.au)

### arbias PROFESSIONAL TRAINING PROGRAM 2008

arbias Ltd. is a specialist provider of services for people with alcohol and other drug related brain injury.

arbias provides expertise, consultation and information products nationally and internationally. The training program is designed for professionals working with people with alcohol and other drug related brain injury.

All training is based in Melbourne however specific training can be tailored to your organisation.

For a copy of the calendar please contact [mbarry@arbias.com.au](mailto:mbarry@arbias.com.au) or [www.arbias.org.au](http://www.arbias.org.au)

**Graduate Diploma in Mental Health Sciences (Young People's Mental Health) The Graduate Diploma in Mental Health Sciences (Young People's Mental Health)** is offered via the Department of Psychiatry at The University of Melbourne in conjunction with ORYGEN Youth Health, and is specifically designed to address issues of mental health in young people.

The Graduate Diploma is a two-year, part-time

program that is delivered exclusively via the method of **distance education**. Teaching materials consist of DVD lectures and lecture notes with reading materials (CD-ROM format).

The web site link is:

[www.orygen.org.au/contentPage.asp?pageCode=GRADEDMENTALHS](http://www.orygen.org.au/contentPage.asp?pageCode=GRADEDMENTALHS)

There are also a number of distance education short courses in young people's mental health available (depression, bipolar disorder, psychosis). For further information and an application form, please contact:

Applications for the Graduate Diploma in Mental Health Sciences, Young People's Mental Health, are available by contacting via phone (03) 9342 3758, fax (03) 9342 3745, or email [postgrad@orygen.org.au](mailto:postgrad@orygen.org.au)

Enrolments to commence study in Semester 2 2008, close 31st May 2008.

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### CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates

- 1 Orientation to Child Protection
- 3 The Manager as Coach
- 4 Working with Families where there is Mental Illness
- 9 Parenting Plus
- 11 Resolving Team Based Conflict
- 12 Good Governance
- 16 Team Effectiveness (FLM)
- 17 Introductory Workshop: Working with Aboriginal Children

For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)  
[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

**1<sup>st</sup> to 3<sup>rd</sup> September 2008 (Monday – Wednesday)**

**The Combined 2<sup>nd</sup> International Conference on Alcohol and Other Drug Related Brain**



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## **Injury and the Brain Injury Australia National Conference (ARBIAS and BIA)**

Venue: Sofitel, Melbourne

A key focus of the second international conference will be fetal alcohol spectrum disorders (FASD). To date, confirmed international speakers include:

To register your interest, please email [events@adf.org.au](mailto:events@adf.org.au)

### **8<sup>th</sup>-9<sup>th</sup> September 2008**

#### **Australian Family Friendly Workplace Seminar**

Seminar topics include:

- The fundamentals of a family friendly working environment
- Industrial Relations law and family friendly workplace policy
- The multigenerational workforce in the 21st century
- Best practices for developing family friendly policies within your organisation
- The bottom line: Measuring return on investment
- Beyond the theme: Innovations in employee wellbeing

Melbourne Town Hall

Regional Access grants are available

[http://www.familyfriendlyworkplace.com.au/dm/Family\\_Friendly\\_Workplace\\_Seminar\\_RAG.pdf](http://www.familyfriendlyworkplace.com.au/dm/Family_Friendly_Workplace_Seminar_RAG.pdf)

### **9<sup>th</sup> September 2008**

#### **'Harm Reduction: The Shifting Paradigm'**

The Burnet Institute for Medical Research and Public Health invites you to attend an innovative event:

Tuesday 9 September 2008, 2:00pm – 5:30pm

Seminar Room: Alfred Medical Research and Education Precinct, 75 Commercial Road, Melbourne

Professor Brendan Crabb, Director of the Burnet Institute for Medical Research and Public Health, invites you to participate in an innovative symposium that aims to provide insight into the integration and expansion of harm reduction into a "drugs and society" model as well as providing a forum for identifying and discussing the challenges facing harm reduction within development.

The symposium will bring together researchers, practitioners, policy makers, government and NGO representatives, students of public health and international affairs and others interested in harm

reduction, international development and public health.

It will explore the advantages of integration but also the challenges that might be faced, particularly the need to ensure that what works in harm reduction remains a focus of policies and programs. Key speakers from Burnet and elsewhere will highlight the reasons for integration, some case studies of what has already been occurring in the region, and what is meant by the term "drugs and society". Others will be asked to provide their initial responses to those presentations.

The final participatory session will involve a panel of experts from different fields identifying the challenges that this new approach presents as well as addressing audience questions and comments.

Registration: Please RSVP to Andrea Eakins | Email [andrea@burnet.edu.au](mailto:andrea@burnet.edu.au) | Tel: 9282 2274

Registrations close 4pm Friday 5 September 2008

### **10 September. Melbourne**

#### **5th World Conference of the Promotion of Mental Health and the Prevention of Mental and Behavioral Disorders.**

From Margins to Mainstream, the conference is part of a biennial series which aims to enhance collaboration and build expertise in promoting mental health and wellbeing and preventing illness at national and international levels. It forms the major activity of the Global Consortium for the Advancement of Promotion and Prevention in Mental Health. The Consortium's previous conferences have been held in Atlanta, London, Auckland and Oslo.

As each of the previous world conferences have done, *From Margins to Mainstream* will build on and consolidate existing evidence and expand our knowledge about what the new frontiers are in this area. Online details:

[www.margins2mainstream.com](http://www.margins2mainstream.com)

### **10<sup>th</sup> to 12<sup>th</sup> September 2008 (Wednesday – Friday)**

#### **Fifth World Conference on the Promotion of Mental Health and Prevention of Mental and Behavioural Disorders (Vichealth and Partners)**



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Venue: Melbourne Convention Centre  
This conference is organised by the World Federation for Mental Health, The Clifford Beers Foundation, The Mental Health Program of the Carter Centre, AUSEINET and Vic Health and supported by the Global Consortium for Prevention and Promotion in Mental Health.

Call for Papers: [www.margins2mainstream.com](http://www.margins2mainstream.com)

## Tuesday, 16th September 2008

### Community Forum - Medically Supervised Injecting Centre – Kings Cross

The Purpose of the Community Forum is to listen to the speakers who will provide us with first hand information about the Medically Supervised Injecting Centre in Kings Cross, their involvement in the Centre and the impact the Centre has had on the community of Kings Cross and the wider metropolitan area.

The Centre was originally funded by the NSW Department of Health in 2001 as the first and only medically supervised safe injecting centre in Australia. In June 2007 it was again funded for a further 4 years.  
TIME: 12.30pm – 4:00pm (Light lunch provided 12.30pm -1.00pm Please inform us if there are any dietary requirements other than Vegetarian)

VENUE: Meeting Room 1, 1st Floor, Richmond Town Hall, 333 Bridge Road Richmond

REGISTRATION ESSENTIAL: Joe Morris (YDHF)

[joe.morris@nych.org.au](mailto:joe.morris@nych.org.au) ph 9416 2459 or 0419 521

075 - Chris McDonnell (VAADA)

[cmcdonnell@vaada.org.au](mailto:cmcdonnell@vaada.org.au) ph 9416 0899

## 19<sup>th</sup> September 2008

### Pharmacotherapies Training: For Alcohol & Other Drug Workers - Fitzroy

Turning Point Alcohol and Drug Centre has been contracted by the Drugs Services and Policy Branch, Department of Human Services to provide a number of professional development training courses. These are intended as a supplement to the competency based training and assessment courses provided as part of the DHS Minimum Qualification Strategy.

This course will update participants on the latest developments including new medications and guidelines. Five sessions are offered across the state. Core content includes

- Why are substitution therapies prescribed?
- What pharmacotherapies are available?
- What is the successful formula for treatment?
- What's on the horizon?

For enquiries please contact Mal Doreian on 8413 8721 or email [mald@turningpoint.org.au](mailto:mald@turningpoint.org.au) or enrol online [www.turningpoint.org.au](http://www.turningpoint.org.au)

## 19 September 2008

### Creative approaches to CBT - Reconnexion

Presenter: Sonja Skocic

Venue: Kingston City Hall, Moorabbin

For more information or registrations visit

[www.reconnexion.org.au](http://www.reconnexion.org.au) or ring 9886 9400 or 1300 273 266

## 23rd September

### Barwon Youth presents...Supporting young people to quit smoking

Quit Victoria, has a goal to reduce the rate of smoking among young people. The training seminar will cover:

- understanding the process of how a young person takes up smoking
- health effects of smoking
- smoking cessation theory
- brief smoking cessation intervention (including aspects of motivational interviewing)
- effective strategies to motivate young people to not smoke
- Quit support resources and services

Who should attend: All professionals who work with young people including school nurses, youth workers, community health nurses and student welfare staff

Where: Brophy Family Services, Warrnambool  
9am-3pm

All Training is Free. Registrations essential.

To Register: download application Form from [www.barwonyouth.org.au](http://www.barwonyouth.org.au) or contact Salli Hickford via email [shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) or fax 52214466

## 24<sup>th</sup> September 2008



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## **Creative approaches to cognitive behaviour therapy**

**Presenter:** Sonja Skokic. Sonja is a psychologist with Reconnexion and in private practice. In addition to her training as a psychologist, Sonja has additional training in Dance/Movement Therapy. Sonja is an experienced presenter who has delivered programs to community groups and health professionals.

9:30 am - 4:30 pm @ Kingston Arts Centre, Nepean Highway, Moorabbin

\$185.00 Early bird \$195 full Registration (Includes notes and catering)

Go to our website [www.reconnexion.org.au](http://www.reconnexion.org.au) for more information and register and pay online

## **24<sup>th</sup> September 2008**

### **Building self-esteem and confidence with clients**

**Presenter:** Tomi Redman . Tomi is a psychologist with Reconnexion and in private practice. She has provided numerous education sessions to community groups and health professionals, she has lectured at Swinburne University and finds her counselling experience is of huge benefit in informing her training. Darebin Arts & Entertainment Centre, Cnr Bell St & St Georges Road, Preston @ 9:30 am - 4:30 pm

**Cost:** \$185.00 Early bird \$195 full Registration (Includes notes and catering)

Go to our website [www.reconnexion.org.au](http://www.reconnexion.org.au) for more information and register and pay online

## **24<sup>th</sup> September**

### **Volunteer Management Training Program**

In conjunction with Volunteering Victoria, we are pleased to provide a training opportunity for Volunteer Managers/Coordinators who may be relatively new to the task of managing volunteers or perhaps are wanting to review their volunteer program.

If you would like to participate in this half day session on Wednesday 24 September, please contact 5221 1377 mail to reserve your place. Places are limited.

I have also attached a map of the Geelong Football Umpires Leagues Rooms, the training location. This is an excellent facility with plenty of free parking.

## **25<sup>th</sup> September 2008**

### **Barwon Youth presents... Harm Reduction and Drug Use**

Back by popular demand, **VIVAIDS** presents a practical 21/2 hour session for workers aimed at providing up to date strategies to reduce the harms associated with substance use. The Seminar will include:

- Vein care, filtering
- safer using,
- overdose recognition, response and prevention
- hepatitis C transmission and prevention
- pharmacotherapy's
- Harm minimisation

Who should attend: All professionals who work with young people or substance users

When: September 29<sup>th</sup>, 2pm-4.30pm

Where: Barwon Youth Services, 25 Gordon Ave, Geelong West

All Training is Free. Registrations essential.

To Register: download application Form from [www.barwonyouth.org.au](http://www.barwonyouth.org.au) or contact Salli Hickford via email [shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) or fax 52214466

## **26<sup>th</sup> September 2008**

### **Pharmacotherapies Training: For Alcohol & Other Drug Workers - Bendigo**

Turning Point Alcohol and Drug Centre has been contracted by the Drugs Services and Policy Branch, Department of Human Services to provide a number of professional development training courses. These are intended as a supplement to the competency based training and assessment courses provided as part of the DHS Minimum Qualification Strategy.

This course will update participants on the latest developments including new medications and guidelines. Five sessions are offered across the state. Core content includes

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## CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates

9 Good Practice in Child and Family Welfare Services  
10 Assessment and Intervention with Children...  
15 Introductory Workshop: Working with Aboriginal Chi...  
16 Cultural Inclusion in Child and Family Welfare Services  
17 Family Violence and Child Abuse  
27 Essential Skills for Clients who use Drugs  
28 Professional Development (FLM)  
30 Time Management  
For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)  
[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

### 2nd October 2008

#### Working with clients with complex issues.

Co morbidity, Chronicity, Dual Diagnosis and difficult cases: How to access treat and resolve clinically complex presentations.

- Increase understanding of relevant intervention models
- Greater understanding of the relationship between Axis I and II disorders trauma's, effective dysregulation, addiction/self injurious behaviour, damaged self structures/capacity, impaired capacity to relate or attach.
- Increased capacity to access, treat and/or refer clients with histories of repeated trauma.

Time: 9.30am – 4.30 pm

Venue: Darebin Arts & Entertainment Centre, Crn Bell St and Georges Road, Preston. Contact TATRA Corporate & Allied Health Training Services Tel: (08) 8221 6668 E-mail: [tatra@chariot.net.au](mailto:tatra@chariot.net.au)

### 13<sup>th</sup> October 2008

#### Turning Point Symposium

Don't miss your chance to find out what's going on in the Victorian drug and alcohol sector by joining us for the Turning Point Symposium!

The one-day program will include:

- ? a keynote address by Professor Robin Room

- ? presentations on a range of key projects relevant to the Victorian AOD sector
- ? practical workshops
- ? poster sessions

With a focus on translating research into practice, the symposium is designed to facilitate the timely impact of research and new initiatives in the sector.

**Time: 8.45am (registration) - 3.00pm**

**Venue: Treetops, Melbourne Museum**

For more information, visit:

<http://www.turningpoint.org.au/symposium/symposium.htm>. Program and registration form will be available soon.

For enquiries and to register your interest, email [anthonyd@turningpoint.org.au](mailto:anthonyd@turningpoint.org.au)

### 28<sup>th</sup>, 29<sup>th</sup> and 30<sup>th</sup> October 2008

#### Professional certificate of mediation

MEDIATION is a process of conflict resolution that facilitates the communication between people and helps those in conflict understand the other person's point of view. This intensive 3 day course of Mediation Training is for people who wish to learn the skills required for creative conflict resolution i.e. to develop knowledge and techniques of mediation which will be useful in your present job. The course has an excellent theoretical component but also provides hands-on work with a substantial number of practical tips included. Those completing the course will be able to mediate in a range of situations including; Family, Parent/Adolescent, Workplace, Neighbourhood disputes and Restorative Justice Mediation

TIME: 9.20 AM TO 4.15 PM EACH DAY

COST: \$375

Training includes comprehensive notes, morning tea, and lunch each day.

NOTE: Intending applicants are able to have an account sent directly to their organisation

VENUE: 501A High St NORTHCOTE

Excellent public transport available to venue. Tram No 86 stops outside and Croxton Park. Railway



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Station is a 3 minute walk. Free all day nearby parking is also available.

Register now on-line at [www.conflictsolvers.com.au](http://www.conflictsolvers.com.au)

## 30 & 31 October

### **“Mental Health & Psychological Assessment of At Risk Aboriginal Clients” Melbourne**

The training will cover the following areas:

- Cultural Competency in service delivery—how is this defined and measured—a profile for participants
- Challenging the mono cultural view of mental illness—how can culture be put in an evidence based framework?
- Cultural formulation of cultural and mental illness
- Differential cultural and clinical diagnosis— how to assess mental illness in Aboriginal clients. The difference between:
  - Psychosis or spiritual visits
  - Self-harm or sorry cuts
  - Culture-specific grief reactions
  - Trauma and its manifestation
- Culture-specific depression—what are the key indicators?
- The nature of Aboriginal suicides—assessment and intervention
  - Interventions—traditional and mainstream approaches—what is the best ‘fit’ for your client
  - Using mainstream interventions with culture bound and mental illnesses
  - Effective counseling, engagement and interventions with Aboriginal clients
  - Conducting valid and reliable assessments of Aboriginal people
  - Psychological Assessment—what is happening in the field? What are people using to assess Aboriginal clients?
  - A unique psychological test for Aboriginal clients—accreditation in the Westerman Aboriginal Symptom Checklist—Youth (aged 13-17 years)

Who should attend?

This workshop has been attended by a myriad of participants with a range of different backgrounds and skills. The unique content of the workshop means participants learn how to merge mainstream training with cultural paradigms of mental illness. It has been attended by Community Elders, Psychologists, Mental

Health Workers, Aboriginal Health Workers, Psychiatrists, Nurses, Social Workers, Teachers, GPs, Aboriginal Education Workers etc.

Included in Workshop costs: Extensive cultural competency profile (usual value \$250); pre-workshop reading materials, full catering, and participant workbook.

Cost: \$1,200. To register:

<http://www.indigenoussychservices.com.au/index.php?page=viewStory&title=Purchase+Training>

## November 2008

### **CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates**

- 5 The Power of Partnership
  - 6 Critical Incident Debriefing
  - 7 Working with Cumulative Harm
  - 11 Bringing Fun Home
  - 12 Good Documentation
  - 13 Impact of Substance Use on Families
  - 14 Family Violence and the Legal Response
  - 17 Providing Services to Young People who Self-Harm
  - 18 Introduction to Dispute Resolution
  - 19 Introductory Workshop: Working with Aboriginal Chi...
  - 27 Child Safe Recruitment and Selection
- For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)  
[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

### **5th – 7th November 2008**

### **7th Australia & New Zealand Adolescent Health Conference - Melbourne**

“My space, your space, our space: exploring the future of adolescent health together”. This conference will provide an exciting opportunity to explore new knowledge, and to experience different ways of working and thinking about the health and well being of young people.

With shifts in the equilibrium of the global environment, the redefinition of social contexts, the construction of virtual realities, and the power of new technologies, the future continues to offer new ways of:



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- Belonging, participating, connecting and communicating
- Researching, analysing, integrating and synthesizing
- Assessing, screening, monitoring and treating
- Learning, creating, experiencing and expressing

This conference will focus on examining new knowledge and understandings around young people, and how we work towards improving their health and wellbeing. Whether it's medical imaging, social networking or online learning, its time to share knowledge and experience across professions, disciplines and sectors.

**Who Should Attend:** The conference program and pre conference forum is aimed at people who are working in, but not limited to the health, education, community, welfare and youth sectors. Most delegates will be practitioners such as teachers, doctors, nurses, counsellors, and others involved in youth advocacy, health promotion and community development, policy development and research.

[www.adolescenthealth08.com/index.php](http://www.adolescenthealth08.com/index.php)

**2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> November 2008**

## **Equine Assisted Psychotherapy (EAP) Training**

This unique model is highly innovative and effective. The training provides a practical and specific model of bringing horses into mental health sessions. EAP assists a broad range of clients with relationship and mental health issues. It has been used effectively in programs for at risk young people, substance abuse and eating disorders.

The Model is a Team approach using a mental health professional and an equine specialist. The training does not provide instruction in horsemanship techniques and does not train people how to do therapy.

The training is suitable for qualified and experienced therapists and counsellors, psychologists, social workers, occupational therapists, and other mental health clinicians. It is also suitable for experienced & qualified horse professionals working in the equine field.

**PART 1:** Dates: 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> November 2008

Wallington Park Equestrian Centre, 1625 Bellarine Hwy, Wallington, (near Geelong) Victoria

**PART 2:** 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> November 2008

Location: Amber Lodge. Cnr Barwon Heads Rd & Batten Rd, Marshall, (Geelong), Victoria

For further information contact Helen Gorfine [helenlg@bigpond.com](mailto:helenlg@bigpond.com) or go to [www.eagala.org](http://www.eagala.org)

**18<sup>th</sup> November**

## **Barwon Youth presents...Cannabis Training run by National Cannabis Prevention and Information Centre**

### **Brief interventions – overview.**

The objective of the workshop is to introduce or reintroduce participants to evidence-based interventions.

### **The Adolescent Cannabis Check-up**

This workshop will cover a brief (2 or 3 sessions) motivational and cognitive-behavioural intervention which is designed for young cannabis users, irrespective of their treatment seeking status.

**Who should attend:** AOD Workers, Youth Workers

**When:** November 19, 10am-4pm

**Where:** Brophy Family Services, Warrnambool

All Training is Free. Registrations essential.

To Register: download application Form from [www.barwonyouth.org.au](http://www.barwonyouth.org.au) or contact Salli Hickford via email [shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) or fax 52214466

**19<sup>th</sup> November**

## **Barwon Youth presents... Cannabis Training run by National Cannabis Prevention and Information Centre**

**Cannabis: What you need to know:** The objective of the workshop is to provide participants with up to date information and research on cannabis use and related harms

**Quitting Cannabis? – Brief intervention for cannabis use disorder:** This workshop provides a more comprehensive intervention which the clinician may deliver over 1-6 sessions. The intervention is supported by brief guideline for the clinician and a booklet for the client.

**Who should attend:** All AOD Workers.

**When:** November 19, 9am-3pm

**Where:** Barwon Youth, 25 Gordon Ave, Geelong West



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All Training is Free. Registrations essential. To register: download application Form from [www.barwonyouth.org.au](http://www.barwonyouth.org.au) or contact Salli Hickford via email [shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) or fax 52214466

## 20<sup>th</sup> November

### **Barwon Youth presents... Cannabis Training run by National Cannabis Prevention and Information Centre**

#### **Cannabis: What you need to know:**

The objective of the workshop is to provide participants with up to date information and research on cannabis use and related harms

#### **The Adolescent Cannabis Check-up**

This workshop will cover a brief (2 or 3 sessions) motivational and cognitive-behavioural intervention which is designed for young cannabis users, irrespective of their treatment seeking status.

Who should attend: All professionals who work with young people

When: November 20, 10-4pm

Where: Barwon Youth, 25 Gordon Ave, Geelong West. All Training is Free. Registrations essential.

To Register: download application Form from [www.barwonyouth.org.au](http://www.barwonyouth.org.au) or contact Salli Hickford via email [shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) or fax 52214466

## 21 November 2008

### **Mindfulness Cognitive Behaviour Therapy - Reconnexion**

Presenter: Dr Wendy Knight

Venue: Melbourne University Campus, Hawthorn

For more information or registrations visit [www.reconnexion.org.au](http://www.reconnexion.org.au) or ring 9886 9400 or 1300 273 266

## 23rd, 24th, 25th & 26th November

Australasian Professional Society on Alcohol and other Drugs Conference 2008. APSAD 2008 will feature an exciting program of international and national keynote speakers who will focus on new treatment prevention and policy approaches to the drug and alcohol field. A broad range of papers will be presented from renowned national and international experts in the latest cutting-edge drug and alcohol research.

The APSAD 2008 Conference will feature an exciting range of clinical workshops/master classes to enhance skills acquisition and knowledge transfer. There will also be a significant program of poster presentations to increase the ability of presenters and delegates to interact and discuss the research findings from those research projects of most relevance to them.

The 2008 APSAD National Conference location provides the opportunity for you to enjoy scenic Darling Harbour and the nearby Chinatown area. Darling Harbour is centrally located to a host of other exciting Sydney sites. We look forward to seeing you in Sydney in 2008 for this important National event. [www.apsad2008.com/](http://www.apsad2008.com/)

## December 2008

### **CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates**

5 Working with Victims of Sexual Abuse...

For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au) [www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

## 2009

### **Motivational Interviewing**

PCMC is pleased to announce an exciting training schedule for New Zealand and Australia. Dr Joel Porter will provide Introductory, Intermediate, Advanced, as well as MI and Clinical Supervision workshops in Auckland, Wellington, Sydney, Adelaide and Melbourne throughout the year. More locations and dates in New Zealand to be added. Mark your dairies now.

**Introduction to MI** Melbourne: 11-12 May

**Intermediate MI** Melbourne: 17-18 August

**Advanced MI** Melbourne: 19-20 October

**MI & Clinical Supervision** Melbourne: 23-24 November

More information and registration for these workshops will be available in October of 2008. Seating will be limited to only 30 delegates in each workshop. To register your interest in the 2009 workshops, please contact us: [workshops@pacificcmc.com](mailto:workshops@pacificcmc.com).



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PCMC also offers on-line training in Motivational Interviewing. For more information, please visit our website at [www.pacificcmc.com](http://www.pacificcmc.com) or contact Dr Suzanne Habib via e-mail at [suzanne.habib@pacificcmc.com](mailto:suzanne.habib@pacificcmc.com). Over the years, PCMC has provided a MI training to a wide range of mental health, addiction, behavioural health, corrections and educational organisations around the world. If your organisation is seeking systematic and cost effective MI, Relapse Prevention, or professional ethics training, please let us know. We are delighted to tailor a training to your organisations' particular needs and culture.