



# Newsletter

July 2008

This Newsletter is part of the regional **AOD Youth Capacity Building Role**.

Please contact Salli Hickford: [shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) to provide any feedback.

## Training and Professional Development for the Barwon South West.

I have been in contact with a number of organizations, including YSAS, ARBIAS, Turning Point and NPCIC, that provide youth and/or AOD training or lectures in both Melbourne and across the state to canvass

- costs to deliver training in the region
- practicalities of taping or Videoing seminars to make available
- Online training options
- Written professional development options.

In order to work on a plan across the region I need help to know what sorts of training you would like, how you would like it delivered and what, if any, technology you may have available to you.

YSAS are running Critical Thinking sessions in Geelong and have agreed to run sessions in Warrnambool. We can structure the session to meet the needs of staff. Please let me know if you are interested in attending training and what you would like covered.

NPIC have also agreed to run training in region Geelong and Warrnambool around the latest research in Cannabis. If you are interested in attending please indicate interest and which sessions you would like to attend.

### **Cannabis: What you need to know (1-2 hours)**

This general seminar can be delivered as a stand alone event or as part of the clinical training workshops.

It is particularly suitable for workers from drug and alcohol, youth, mental health, corrections health and allied health services as well as teachers, school counsellors from the education sector and for various staff within the justice system. It will assist in the acquisition of knowledge and skills which promote awareness of cannabis related harms and how to assess and advise those clients within each of the various sector.

The objective of the workshop is to provide participants with up to date information and research on cannabis use and related harms.

Added to the above we can then provide a workshop giving an overview of 3 Brief Interventions (two for adults and one for adolescents) which are available

### **Brief interventions – overview (2 hours)**

This workshop will provide an overview of the materials and resources available and the content of 3 interventions based Cognitive Behavioural strategies.

It is particularly suitable for workers within the drug and alcohol, youth and mental health services who deal with clients on a face to face basis who want to revisit these interventions and who have an underlying comprehension of Motivational Enhancement Therapy and Cognitive Behavioural strategies.

This workshop is also suited to workers new to the field as a way of introduction to materials and interventions available to them. Personnel from other sectors are also encouraged to attend as they would be better able to inform their clients on the various interventions and services available to them. Participants will be introduced to the Adolescent Cannabis Check-up; Brief interventions for cannabis use disorder - Self directed; Brief interventions for cannabis use disorder – Comprehensive.

The objective of the workshop is to introduce or reintroduce participants to evidence-based interventions.

### **Quitting Cannabis? – Brief intervention for cannabis use disorder – (1/2 day)**

This workshop provides a more comprehensive intervention which the clinician may deliver over 1-6 sessions. The intervention is supported by brief guideline for the clinician and a booklet for the client. These materials will be demonstrated in the workshop and provided to participants.

This workshop is particularly suitable for workers within drug and alcohol services who deal with clients on a face to face basis who wish to improve or acquire new skills and intervention to add to their already existing range of strategies. Participants need to have a good understanding of Motivational Enhancement Theory, Cognitive Behavioural theory and sound counselling skills.

The objective of the workshop is to enable participants to implement an evidence-based structured Cognitive Behavioural Intervention with their own client population.

### **The Adolescent Cannabis Check-up (ACCU) (1/2 day)**

This workshop will cover a brief (2 or 3 sessions) motivational and cognitive-behavioural intervention which is designed for young cannabis users, irrespective of their treatment seeking status.



# Newsletter

July 2008

Suitable for youth workers and others who have basic counselling skills and need a structured intervention to work with young people who have cannabis use problems. Workshop participants will need an understanding of motivational enhancement techniques as they will be taken through the structured ACCU intervention process and familiarised with the various assessment tools used.

The objective of the workshop is to enable participants to implement an evidence-based motivational enhancement intervention with their own client population.

In addition or as a stand alone, we can provide a train the trainer workshop for Brief Interventions depending on the needs of the jurisdiction. (1/2 – 1 day workshop)

## Notice board

### Office for the Community Sector

The Brumby Government has announced a new 'Office for the Community Sector' dedicated to supporting community organisations. The \$13.87 million *Victorian Government Action Plan: Strengthening Community Organisations* will ensure the long-term sustainability of the not-for-profit sector.

The plan will be led by the Minister for Community Development, Peter Batchelor, and feature 25 actions to reduce red tape, build the capacity of sector workforce and strengthen the long term sustainability of the community organisations, including \$6.6 million to increase the capacity of the sector by:

Establishing a new Office for the Community Sector as a focal point across government to enhance working with community organisations for the next three years;

Setting up a portable long service leave scheme to help the sector retain skilled workers;

Expanding access to information and support services that help not-for-profits meet challenges such as performance, long-term strategy and capacity development;

Providing funding for the sector to consider establishing a new representative body for community organisations;

Funding a feasibility study for a National Academic Centre of Leadership Excellence for the sector; and

Developing a Community Services Workforce Capability Framework, which will focus on ways not-for-profits can develop the skills and capabilities they need to improve service delivery.

Visit [www.dpcd.vic.gov.au](http://www.dpcd.vic.gov.au) for a copy of the Victorian Government's Action Plan: Strengthening Community Organisations

**AASW PROJECT: FUNDING FOR SUPERVISION OF SOCIAL WORK STUDENTS UNDERTAKING PLACEMENTS IN ALCOHOL AND OTHER DRUGS (AOD) SERVICES PROJECT**

The National Co-morbidity Initiative (NCI) has allocated \$21.6 million from 2003-2004 to 2010-2011 to improve

coordination across psychiatric / mental health and drug treatment services, develop best practice guidelines for service delivery and increase professional education and training. The AASW fully supports the aims of the NCI Initiative to improve co-ordination across mental health and drug treatment services, to develop best practice guidelines for service delivery and to increase professional education and training. Social Workers employed in a range of community services are aware of the inter-relationship between substance abuse and mental, physical, social and economic issues and so are well placed to deal with clients presenting with mental illness and substance abuse disorders.

It is based on the recognition that AOD services are well placed to address the needs of people with co-morbid mental health and AOD problems. However AOD services need appropriately trained staff to recognise co-morbidity and respond effectively to this client group. Supervision in AOD service settings is an important means by which social workers gain the necessary skills for substance abuse and mental health intervention and prevention. Good supervision and training will ensure the necessary skill set to gain employment and remain in the sector.

The project involves:

- Identifying existing and potential social work student placements in AOD NGOs;
- Providing training and support to supervisors of students in AOD NGOs.
- Funding for supervision of social work students who take up field education placements in AOD non-government (NGO) treatment services, at a rate of \$120 per hour for 27 hours (11/2 hours per week plus 6 hours set up and liaison).

Supervisor training - two days intensive training of agency supervisors will be provided with funding for backfill at \$38.66 per hour. Co-supervisors will also be invited to attend. Whilst the focus is on NGO services (rather than Government services) the training will be open to other workers in the sector.

Contact your local Tertiary Social Work provider.

### Free Overdose Response Sessions for IV Users

VIVAIDS are offering Overdose Prevention Workshops in Geelong and Warrnambool. The workshops cover:

1. Who VIVAIDS is and what we do
2. Recent Stats for overdose and what our definition of overdose is
3. Risk factors are when it comes to depressant/stimulant overdose.
4. The risk reduction hierarchy.
5. Tolerance



# Newsletter

July 2008

6. Drug classes and their effects
7. Half life and the half life of Benzo's, anti depressants and psych med's
8. Non Fatal overdose
9. Snowblind
10. Psychosis
11. Angina and heart attacks (due to CNS stimulants overdose) and what to do if it happens to you or a friend
12. Sleep cycles
13. Sleep Craft
14. Signs and symptoms of Overdose
15. Recovery Position
16. Call an Ambulance
17. Basic Life support only in relation to drug overdose

So we ask the host service to provide a space adequate for 11 people to be able to do basic life support on the floor and to recruit 10 participants that are IDU's for the workshop, unfortunately if any parents that want to participate we can not have children or babies in the workshop as it is too disruptive so they may need to organise babysitting. We provide all refreshments minus tea and coffee.

To organize contact: Nadia Gavin, Peer Education Officer  
ph: 03 9329 1500  
fax: 03 9329 1501  
mob: 0430 445 584  
email: [nadiagavin@vivaids.org.au](mailto:nadiagavin@vivaids.org.au)

## Psychology Students in AOD Services

The Australian Psychological Society (APS)

Would you like to participate in an initiative to help integrate treatment of mental health and AOD issues?

We are facilitating placements opportunities in non-government AOD services for postgraduate psychology students. Students will be clinically supervised by APS staff. AOD service staff will be able to access co morbidity training with clinical supervisors.

For more information contact the APS on 03 86623300 or email [m.anderson@psychology.org.au](mailto:m.anderson@psychology.org.au)

## Resources for the Sector

**The June 2008 issue of NewsPoint is now available.**

A newsletter produced by Turning Point Alcohol and Drug Centre to highlight issues relating to alcohol and drug treatment and the activities and concerns of the organisation.

In the June issue you can read about:

- New Access Point stimulant treatment centres
- Recent Government alcohol policy initiatives
- Is Heroin Back? Monitoring overdoses in metropolitan Melbourne
- Working with clients who are intoxicated

NewsPoint can be downloaded from the Turning Point website: [www.turningpoint.org.au](http://www.turningpoint.org.au) Click on the NewsPoint icon on the right hand side of the page.

**The June 2008 issue of Practice Link is now available.**

Practice Link is part of the development of the Victorian Practice Research Network and highlights current and developing research projects completed at Turning Point Alcohol and Drug Centre, particularly those that are relevant to practitioners and their clients.

In the June issue you can read about:

- Consumer issues: making payments to research participants
- Stakeholder issues: feedback on Turning Point's Research Methodologies course
- What's on in research!: Leadership in the Australian AOD sector; Access Point - specialist methamphetamine clinics
- DIY evaluation: using the DDCAT

Practice Link can be downloaded from the Turning Point website: [www.turningpoint.org.au](http://www.turningpoint.org.au). Click on the Practice Link icon on the right hand side of the page

**Parents role in reducing the misuse of Alcohol in young people.**

The misuse of alcohol in adolescence is linked to increased risk of alcohol dependence and other social and health inequalities in adulthood. Many factors influence the drinking behaviour of young people and one of the most important of these is their relationship with their parents. Health professionals have an important role in supporting families and carers concerned about preventing alcohol-related harm in their children.

DrugInfo newsletter

([www.druginfo.adf.org.au/newsletter.asp?ContainerID=role\\_of\\_families](http://www.druginfo.adf.org.au/newsletter.asp?ContainerID=role_of_families))

DrugInfo newsletter volume 6 number 2, spotlights some of the programs and projects that are aimed at helping families and young people prevent and minimise alcohol-related harms in adolescence.

**Fact sheets available**

Fact sheet number 6.1 for workers

Including parents in treatment

([www.druginfo.adf.org.au/article.asp?ContentID=including\\_parents\\_in\\_treatment](http://www.druginfo.adf.org.au/article.asp?ContentID=including_parents_in_treatment))

Fact sheet number 6.2 for parents

Talking with your teenager about alcohol

([www.druginfo.adf.org.au/article.asp?ContentID=talking\\_with\\_your\\_teenager\\_about\\_alcohol](http://www.druginfo.adf.org.au/article.asp?ContentID=talking_with_your_teenager_about_alcohol))

Fact sheet number 6.3 for parents

How parents can influence teenage drinking



# Newsletter

July 2008

[www.druginfo.adf.org.au/article.asp?ContentID=how\\_parents\\_can\\_influence](http://www.druginfo.adf.org.au/article.asp?ContentID=how_parents_can_influence)

Fact sheet number 6.4 for a general audience

What is "secondary supply"?

[www.druginfo.adf.org.au/article.asp?ContentID=what\\_is\\_secondary\\_supply](http://www.druginfo.adf.org.au/article.asp?ContentID=what_is_secondary_supply)

Fact sheet number 1.10 (revised) for a general audience

The facts about binge drinking

[www.druginfo.adf.org.au/article.asp?ContentID=the\\_facts\\_about\\_binge\\_drinking](http://www.druginfo.adf.org.au/article.asp?ContentID=the_facts_about_binge_drinking)

**New report: Australia's strengths and challenges in responding to homelessness: An international comparison. David Wright-Howie / Council to Homeless Persons.**

This paper argues that whilst homelessness in Australia is substantial and needs attention, we are well placed, compared to other Western countries, to develop a comprehensive national plan to prevent and reduce homelessness. To read the full report see the web link: [www.chp.org.au/public\\_library/items/2008/05/002\\_02-upload-00001.pdf](http://www.chp.org.au/public_library/items/2008/05/002_02-upload-00001.pdf)

**New report: Which way home? A new approach to homelessness. Department of Families, Housing, Community Services and Indigenous Affairs.**

This green paper is the first step in developing a new national approach to homelessness. It seeks to promote public discussion of homelessness, highlight the challenges faced by people who are homeless, and suggest ways forward. To read the full report see the web link: [www.facsia.gov.au/internet/facsinternet.nsf/housing/new\\_approach\\_stage1.htm](http://www.facsia.gov.au/internet/facsinternet.nsf/housing/new_approach_stage1.htm)

The Australian Institute of Criminology Report *Responding to substance abuse and offending in Indigenous communities: review of diversion programs* can be downloaded at: [www.aic.gov.au/publications/rpp/88/](http://www.aic.gov.au/publications/rpp/88/)

**Regional Access Grant to attend Australian Family Friendly Workplace Seminar**

Recent discussions between the Workplace Training Advisory of Australia (WTAA), Diversity Council Australia and Family Friendly Employer of Choice Partners has concluded that measures must be taken to ensure that regionally based organisations are not disadvantaged in accessing intelligence around family friendly and diversity practice. Subsequently, and in line with its ongoing work in regional Australia, the WTAA will provide 50 subsidised registrations to the Australian Family Friendly Workplace Seminar for regionally based organisations.

The Family Friendly Workplace Seminar is a national two-day event that will address issues around family friendly workplace practice with an exceptional line-up of speakers including Tim Costello, Elizabeth Broderick and AFP Assistant Commissioner Mark Ney. Australian organisations at the forefront of family-friendly practices will detail the design and implementation of their own proven strategies.

The WTAA is honored to be hosting the inaugural Australian Family Friendly Workplace Seminar 2008.

For registration details for the Regional Access Grant, [click here](#) or contact WTAA on 1300 138 037.

**The State of Victoria's Young People**

Key report findings include:

- Most young Victorians feel safe, with 80.4 per cent aged 18-24 feeling very safe;
- 83.3 per cent of young people aged 18-24 report being able to get help from their families when most in need;
- Most young Victorians live in comfortable financial circumstances and most rate their health positively (68.8 per cent of Victorian males and 71.6 per cent of Victorian females aged 15-24 rate their health as either 'excellent or very good');
- Victoria's rate of Year 12 completion has improved steadily - in 2006 the Year 12 or equivalent completion rate for 20-24 year olds was 86.6 per cent, the highest of all Australian states; and
- Participation rates in full-time education and employment are high, in 2006, 89 per cent of young Victorians aged 15-19 and 78.2 per cent of Victorians aged 20-24 were participating full time in education and/or employment.

The full report can be found at [www.education.vic.gov.au/statewideoutcomes/](http://www.education.vic.gov.au/statewideoutcomes/)

**IDDR 2006-2007**

This report is produced by the Australian Crime Commission (ACC) and is recognised as one of the most valuable tools for law enforcement agencies, policy and decision makers, research bodies and other stakeholders in combating illicit drugs.

It provides a statistical overview of illicit drug arrests and seizures as well as profiling the current situation, national impact and the emerging trends and threats of illicit drugs in Australia.

The report can be downloaded at: [http://www.crimecommission.gov.au/html/pg\\_iddr2006-07.html](http://www.crimecommission.gov.au/html/pg_iddr2006-07.html)



# Newsletter

July 2008

## **New report: Australian community sectorsurvey 2008.AustralianCouncil of Social Service.**

Community services have experienced a sharp increase in demand, according to this report, which provides information on service use, income, expenditure and workforce issues for the community services and welfare sector.

To read the full report see the web link:

<http://www.acoss.org.au/upload/publications/papers/4420-Paper%20154%20ACSS%202008.pdf>

## **Funding Available**

Federal Government's **National Binge Drinking Strategy** \$7.2 million was now available for the Community Level Initiative part of the Strategy.

Application kits will be available from Monday at [www.alcohol.gov.au](http://www.alcohol.gov.au) , [www.health.gov.au/tenders](http://www.health.gov.au/tenders) , by emailing [communitylevelinitiatives@health.gov.au](mailto:communitylevelinitiatives@health.gov.au) , or by phoning 1800 209 312.

## **Myers Poverty and Disadvantage Small Grants Program**

Myer Family Philanthropy supports projects that benefit the Australian community, and strategies that address: Symptoms:

Alleviate the negative effects of poverty and disadvantage

New Initiatives:

Pilot new ideas about how to address poverty and disadvantage

Capacity Building:

Strengthen communities' abilities to deal with poverty and disadvantage

The current priority areas for the Poverty and Disadvantage Small Grants Program are as follows:

Communities experiencing social and economic exclusion with particular emphasis on Indigenous Australians, asylum seekers and refugees, and people living in isolated rural and remote areas of Australia

Children and young people from impoverished backgrounds whose opportunities for development and advancement are curtailed

Small, discreet projects that meet the needs of a community rather than supplementary funding for large projects.

**Applications now open:** The Small Grants Program in Poverty and Disadvantage is now accepting applications for funding. There are no specific closing dates and applications are accepted on an ongoing basis

**Grant size:** Grants are capped at \$10,000, and are made for a one-year period only. The requested amount may be part of a budget of up to \$50,000.

**Number of applications:** Only one application can be considered per applicant. Exceptions are made when multiple applications are received from universities and other large organisations where they represent different faculties, departments or schools, and the proposals are unrelated.

**How to apply:** If you wish to apply for a small grant in the area of Poverty and Disadvantage please refer to [Applying for a Grant](#) section of this website.

## **Young Australian Grants**

For more information of any of these grants go to:

<http://www.youngaustralians.org/fundingopp/index.shtml>

## **Indigenous Small Grants**

Indigenous Small Grants provides an opportunity for Indigenous organisations and organisations that work with young Indigenous people and communities to support new initiatives or expand existing successful initiatives.

Grants will be awarded up to \$5,000.

## **Indigenous Youth Leadership Programme (IYLP)**

The Indigenous Youth Leadership Programme (IYLP) is a leadership scholarship program for young Indigenous Australians funded by the Australian Government Department of Education, Employment and Workplace Relations (DEEWR) and delivered by The Foundation for Young Australians.

Up to 250 scholarships will be awarded from 2006-2009 to Aboriginal and Torres Strait Islander secondary and tertiary students from remote locations. The IYLP will provide selected scholars access to educational opportunities at high performing government and non-government schools.

## **Buzz Grants**

Buzz Grants offer flexible support for young musicians, sound artists and music-related arts workers through grants of up to \$2,500.

Individuals aged 12 - 26, or groups with a majority of people aged 12 - 26 involved in a music or sound project may apply for a Buzz grant. This can be done with the support of an organisation. Buzz is a project of the Australian Government's Young and Emerging Artists Initiative, through the Music Board of the Australia Council for the Arts, the Australian Government's arts funding and advisory body.



# Newsletter

July 2008

## Information for Young people

### What does your community look like through your eyes? - Awards and Funding The Foundation for Young Australians is now accepting entries for Your Eyes Only!

Your Eyes Only is a creative funding opportunity for young people aged 12 to 15 years to submit a creative entry that celebrates the strengths of their community through their eyes. Applications will be judged by a committee of young people from across Australia.

Successful entrants will nominate a community group working with young people in their community (eg a school, youth or sporting group) to receive a donation of up to \$3000. This donation can be used by the community group to further its work by purchasing much needed equipment or adding funds to an existing program.

For further information, entry forms and guidelines please visit the Foundation for Young Australians website; [www.youngaustralians.org/fund/ya\\_fund\\_your\\_eyes\\_only.asp](http://www.youngaustralians.org/fund/ya_fund_your_eyes_only.asp) or call (03) 9670 5436. Closing date for entries in September 2, 2008.

### in the zone

#### *sound, noise and film making project*

3, 4, 7, 8, 10, 11 JULY 10am-3pm

Enter the Zone for 6 days of music, electronic sound and industrial noise. Make a CD or a short experimental film.

With composer Sound artist and robotician James Hullick and multimedia artist Matt Bonner. Young people 12+ free but registration essential.

Call 5275 4415 email [cloverdale@datafast.net.au](mailto:cloverdale@datafast.net.au) to register CLOVERDALE COMMUNITY CENTRE 167-169 PURNELL ROAD CORIO

### *Interested in learning digital storytelling?*

#### *Got a story to tell about the places you hang out in?*

#### *Want to work with professional film makers?*

FREE two day Digital Story Telling workshop

for young people from Corio aged 13+

- Developing and telling an effective story
- Scripting and delivering narrative
- Story boarding for film and video
- Video and sound recording

Cloverdale Community Centre, Saturday 28 and Sunday 29

June 2008, 10am-4pm

*Lunch and snacks provided*

headspace Barwon invites young people to 'voice' their thoughts about mental health. The top ten entries will have the opportunity to have their piece professionally recorded and produced into a CD.

The Voicing it... project is a lead up event for Mental Health Week that invites all young people aged between 12 – 25 to enter a piece about their experiences with mental health, or about maintaining good mental health. The pieces will need to be in a written format, and can be in the form of a song, spoken words, or a poem. The top 10 entries will then be professionally recorded (for free) and produced into a CD that will be given out during Mental Health Week. These 10 lucky people will also receive other prizes!

All entries (with name and contact details) should be sent to Maria Tsiantas, headspace Barwon, PO Box 4256, Geelong or call Maria on 5229 1922 or 04477 99734

### Join Green Corps

#### **Green Corps come to Geelong & Warnambool & Bacchus Marsh – July 7<sup>th</sup>**

Develop workplace skills through accredited training

Make a positive impact on your local environment

Green Corps is an Australian Government Youth Development & Environmental

Training Program for people aged 17 and 20 years

Green Corps provides young Australians with the opportunity to develop and demonstrate their workplace skills, community involvement and environmental knowledge.

Green Corps projects are designed to preserve Australia's natural, precious environment & heritage and contribute to future career and employment prospects through the provision of accredited training, 6 months employment and professional & personal development.

Green Corps participants receive:

- \$291 per week for 6 months
- First Aid Level 1
- Accredited Conservation & Land Management training
- Uniform + P.P.E
- OH & S accredited training
- Career Counseling
- Opportunity to network and gain an understanding of different employment options in a range of industries.

How to apply

1. Find out more!!!!

[www.conservationvolunteers.com.au](http://www.conservationvolunteers.com.au)

2. Ring your C.V.A Regional Office or drop in and pick up an Application Form.

3. Submit your application and attend an interview

Your contact @ Geelong Regional Office:

Libby-Jane Scopelliti, Conservation Volunteers Australia

11 James st Geelong 3220, Ph: (03) 52210300

[lscopelliti@conservationvolunteers.com.au](mailto:lscopelliti@conservationvolunteers.com.au)



# Newsletter

July 2008

## Young Australia Grants for Young people

### The Spark Fund

The Spark Fund provides funding support for young people age 12 – 25 years to 'ignite an innovative idea' which makes a positive contribution to the community and enhances their own skills and experiences. Applications can be made at any time before the final closing date for the year. A selection committee will decide on successful applications. Grants will be awarded up to \$5,000.

[Download Guidelines](#)

[Download FAQs](#)

[Download the electronic Application Form \(1 MB\)](#)

[or download the printable Application Form \(350 KB\)](#)

Applications for The Spark Fund are now open, and need to be received by 22 September 2008 to be considered.

### Your Eyes Only

Your Eyes Only is a creative funding opportunity for young people age 12 – 15 years to celebrate the strengths of their community by submitting a creative entry celebrating their community through their eyes. Successful entries nominate a local organisation or community group to receive an award of \$1,000, \$2,000 or \$3,000.

The organisation receiving the award must use the money to purchase equipment, services or resources that young people in the community will benefit from.

Entries are selected by a volunteer committee who are all age 12 – 15 years.

[Download Guidelines](#)

[Download FAQs](#)

[Download electronic Application Form \(1 MB\)](#)

[or download the printable Application Form \(350 KB\)](#)

Entries for Your Eyes Only are accepted until 2 September 2008.



# Newsletter

July 2008

## Professional Development Opportunities

New entries are in **BLUE**

The 'Critical Thinking about Drugs' seminar series is an initiative of the Youth Substance Abuse Service (YSAS).

This series of six (6) thought provoking and highly informative seminars has been developed to offer participants an opportunity to deepen their understanding of a number of drugs and related issues.

The seminars are suitable for practitioners and policy makers in the AOD, mental health, education, criminal justice and community welfare fields.

Six locations across Victoria, including Geelong, will host the full series of six seminars over the coming months.

The six seminars are:

- Consumed with not Consuming: Becoming a Trauma Informed Service
- Hormone Inferno: Alcohol, adolescent development and public health
- Journeys in Inner Space: Ketamine and the NMDA antagonists
- Inhalants: from Genteel Affair to Gutter Drug
- Reefer Madness: Exploring the Links between Cannabis and Psychosis
- Ice: Beyond the Hype

For further information and registration details visit the following link: [www.ysas.org.au/seminar2008.pdf](http://www.ysas.org.au/seminar2008.pdf)

## Management Training Opportunity

With an 80% success rate, the **Diploma of Frontline Management** course has seen a number of team leaders and service managers in mental health and community support sectors obtain a highly relevant and nationally accredited qualification in this reasonably priced course.

The qualification is attained through attending a series of eleven modules spread out over 12 months and undertaking a practical work based project. VICSERV are pleased to offer VAADA members the special VICSERV rate of \$2,200 including GST if they register for the next course starting Friday 2 May. Expression of Interest and Course Information documents can be accessed at: <http://www.vicserv.org.au/training/index.htm> Further details contact John Dunton on 9519 7000 or [j.dunton@vicserv.org.au](mailto:j.dunton@vicserv.org.au)

## arbias PROFESSIONAL TRAINING PROGRAM 2008

arbias Ltd. is a specialist provider of services for people with alcohol and other drug related brain injury.

arbias provides expertise, consultation and information products nationally and internationally. The training program is designed for professionals working with people with alcohol and other drug related brain injury.

All training is based in Melbourne however specific training can be tailored to your organisation.

For a copy of the calendar please contact [mbarry@arbias.com.au](mailto:mbarry@arbias.com.au) or [www.arbias.org.au](http://www.arbias.org.au)

**Graduate Diploma in Mental Health Sciences (Young People's Mental Health) The Graduate Diploma in Mental Health Sciences (Young People's Mental Health)** is offered via the Department of Psychiatry at The University of Melbourne in conjunction with ORYGEN Youth Health, and is specifically designed to address issues of mental health in young people.

The Graduate Diploma is a two-year, part-time program that is delivered exclusively via the method of **distance education**. Teaching materials consist of DVD lectures and lecture notes with reading materials (CD-ROM format).

The web site link is:

[www.orygen.org.au/contentPage.asp?pageCode=GRADEMENTALHS](http://www.orygen.org.au/contentPage.asp?pageCode=GRADEMENTALHS)

There are also a number of distance education short courses in young people's mental health available (depression, bipolar disorder, psychosis).

For further information and an application form, please contact:

Applications for the Graduate Diploma in Mental Health Sciences, Young People's Mental Health, are available by contacting via phone (03) 9342 3758, fax (03) 9342 3745, or email [postgrad@orygen.org.au](mailto:postgrad@orygen.org.au)

Enrolments to commence study in Semester 2 2008, close 31st May 2008.

## AOD Training arrives to Regional Victoria

Workskills Recognition & Training is the training unit within Odyssey House Victoria. Recently Odyssey House has been given the opportunity of providing Victorian regional service providers, government subsidised accredited training in the area of Alcohol & Other Drugs (AOD) Work.

If you have regional staff which you believe could benefit from subsidised and accredited AOD training contact [pgoldacre@odyssey.org.au](mailto:pgoldacre@odyssey.org.au) for a copy of the PDF application. The form has all the relevant information on it including an expression of interest form on page 4. Most of the training is online with some face to face included.

If your organisation is interested in taking up this offer, could you provide me with a contact person within your organisation by sending me an email [pgoldacre@odyssey.org.au](mailto:pgoldacre@odyssey.org.au) or ringing me on 03 9420 7625.



# Newsletter

July 2008

## July

### **CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates**

15 Dealing with Challenging Behaviours  
16 Therapeutic Groups in Mind  
16 Introductory Workshop: Working with Aboriginal Children  
18 Developing Organisational Policies  
21 Making Records Meaningful  
22 Supporting Families in Loss and Grief  
29 Project Management (FLM)  
For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)  
[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

2<sup>nd</sup> – 4<sup>th</sup> July (Wednesday – Friday)

### **INVOLVE 08: RELATE – New Zealand Youth Development Conference**

Venue: Wellington's Convention Centre  
'Quality relationships and young people'

Involve is more than a conference, it is an experience. Bringing together 500-800 people who work with young people: youth workers, researchers, clinicians, social workers, policy analysts, peer support workers, health workers, professionals, young people, educators, providers, counsellors and more. Involve aims to inspire, inform, encourage and challenge. The conference will:

- Put you in touch with other people in the youth sector
- Give you a chance to hear from leading youth health and development researchers, policy-makers and grassroots practitioners
- Provide you with the chance to hear from leading international experts
- Provide you with an opportunity to share your experiences in working with young people or present new information and research.

More information: [www.involve.org.nz](http://www.involve.org.nz)

### **10<sup>th</sup> July**

#### **inhalants: from 'genteel affair' to gutter drug**

YSAS Critical Thinking Seminar

Chifley on the Esplanade

13 The Esplanade, Geelong

For further information and registration details visit the following link:

<http://www.ysas.org.au/seminar2008.pdf>

### **10-12 July (Thursday – Saturday)**

#### **A Climate for Change Addiction Summit**

**The Pacific Centre for Motivation & Change (PCMC)**

A Climate for Change brings together key contributors who have shaped our understanding of addictive behaviours and their treatment. It is shaping up to be a unique event, with the opportunity to be challenged, engage in discussion with international experts and take ownership of future directions. Keynote speakers include: Peter Adams, Steve Allsop, Alex Blaszczyński, Carlo DiClemente, Dennis Gray, David Hodgins, Harold Kalant, Ian MacEwan, Alan Marlatt, Barbara McCrady, Thomas McLellan, William Miller, Theresa Moyers, Ann Roche, Doug Sellman, Howard Shaffer, Constance Weisner, Ted Wilkes and Allan Zuckoff. One day post summit workshops will be offered by Carlo DiClemente, David Hodgins, William Miller, Theresa Moyers and Allan Zuckoff. For more information, go to PCMC's website: <http://www.pacificcmc.com/>.

### **Tue 15th July & Wed 16th July**

#### **GEELONG: Working With Groups Training For Alcohol & Other Drug Workers**

Turning Point Alcohol and Drug Centre has been contracted by the Drugs Services and Policy Branch, Department of Human Services to provide a number of professional development training courses. These are intended as a supplement to the competency based training and assessment courses provided as part of the DHS Minimum Qualification Strategy.

This workshop is designed to introduce workers to the planning, coordinating and running of groups for alcohol and drug clients across a range of settings. Areas to be covered include: the practicalities of running groups, the stages of group development, awareness of group dynamics and the roles of group members. The emphasis will be on psycho-educational groups utilizing an experiential approach - issues related to running psychotherapeutic or insight-oriented groups will NOT be addressed. A generic national competency, "Plan and conduct group activities", informs the content of this two-day workshop.

This workshop targets workers with little or no background in group interventions or prior group training, but assumes prior knowledge and skills in counselling, interviewing, assessment and core alcohol and drug issues.

Trainers

Turning Point Alcohol and Drug Centre staff conducting the courses have extensive clinical and training experience.

Enquiries can be directed to Margret Petrie on 8413 8722 or [Margret.Petrie@turningpoint.org.au](mailto:Margret.Petrie@turningpoint.org.au)

This training is free to DHS funded workers. Lunch, including a vegetarian selection is provided. Dates,



# Newsletter

July 2008

location and registration details for training are available at [www.turningpoint.org.au](http://www.turningpoint.org.au)

**16 July 2008**

## "Alcohol and young people: the role of parents"

The DrugInfo Clearinghouse will be hosting a free interactive seminar and forum titled "Alcohol and young people: the role of parents" that will explore some of the issues raised in the issues paper.

10.00 am to 12.30 pm (registration & refreshments from 9.30 am) Angliss Conference Centre, William Angliss Institute of TAFE, Level 5, 555 La Trobe Street (cnr King St.), Melbourne

Places are strictly limited, so you are advised to book early. Bookings close at 4 pm on Tuesday, 8 July 2008.

For more information, or to book your place, tel. 1300 85 85 84 or send your name, organisation and contact phone number to email [druginfo@adf.org.au](mailto:druginfo@adf.org.au).

**DATES: Thursday 17th & Friday 18th July**

**TIMES: 9.00am – 5.00pm daily**

## Applied Suicide Intervention Skills Training (ASIST)

ASIST is a 2-day interactive workshop in suicide first aid. It trains participants to recognize when someone may be at risk of suicide and respond in ways that help increase their immediate safety. Participants learn how to strengthen support for a person at risk and link them with further help. ASIST aims to enhance a caregiver's abilities to help a person at risk avoid suicide.

It is intended that participants will be better able to:

- recognise that caregivers and persons at risk are affected by personal and social attitudes about suicide;
- reflect on how their own attitudes and beliefs about suicide affect their suicide first aid role;
- discuss suicide with a person at risk in a direct manner;
- review immediate suicide risk, identify risk alerts and develop safe plans related to them;
- demonstrate skills required to intervene with a person at risk of suicide;
- list the types of resources available to a person at risk of suicide.

**COST: \$200 GST inclusive**

**VENUE: Room D4 106, Deakin University Waterfront Campus, Geelong VIC 3220.** Enter via Gheringhap St Entrance and following signage. **PARKING:** Is available in the university carpark opposite the Gheringhap St. Entrance Cost for the day is \$4.50 (note machine only accepts coins)

Phone inquiries: 03 5279 2542

Closing Date for Applications: 30/06/2008

**30 July 2008 – MELBOURNE (Rendezvous Hotel)**

**Cognitive Behavioral Therapy** is the most well researched and validated evidenced based psychological treatment available for treating psychological issues of depression anxiety, stress and pain and helping people overcome barriers and difficulties at work, home or in relationships. This workshop will provide an introduction to the strategies and practical processes of understanding and implementing cognitive behavioural treatment programs for people with depression, anxiety, pain and stress.

**Specifically this workshop is designed to provide experiential learning across the following areas:**

- ✦ Introduction to Cognitive Behavioural Therapy (CBT): development and key principles
- ✦ CBT: A framework for effectively assessing psychological problems
- ✦ Learn the key cognitive and behavioural techniques for effective therapy
- ✦ Be able to apply these techniques to different psychological problems
- ✦ Develop relapse prevention and troubleshooting strategies

## REGISTRATION PRICES

Early Bird Rate \$499 (Received and PAID prior to 13/6/08) Post Early Bird \$599 Not for Profit Flat Fee \$369. **To request a registration page telephone 02 6628 2901 or email [enquiries@pplducation.com.au](mailto:enquiries@pplducation.com.au)**

**31<sup>st</sup> July**

## reefer madness: exploring the links between cannabis & psychosis

YSAS Critical Thinking Seminar

Chifley on the Esplanade

13 The Esplanade, Geelong

For further information and registration details visit the following link:

<http://www.ysas.org.au/seminar2008.pdf>

**August**

## CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates

4 Working Effectively with the Media

5 Effective Conflict Management

6 Good Documentation

7 Understanding the Dynamics of Child Sexual Abuse

8 Intake and Assessment

13 Stress Management

14 Working with Adolescent Substance Users

15 Working with Men who use Family Violence

18 Applying the Appreciative Eye



# Newsletter

July 2008

20 Introductory Workshop: Working with Aboriginal Children  
20 Family Group Conferencing  
27 Creating a Safe Workplace (FLM)  
For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)  
[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

## August 11 & 12

A practical two-day workshop offering discussion, theory, practice, new resources and activities for people working with groups. Suitable for new and experienced facilitators. Learn a planning process, how to maximise participation, use ice-breakers effectively, create interest and variety, balance individual and group needs, deal with difficulties, etc.

Venue: The University of Melbourne, Hawthorn Campus (Free parking)

Times: 9.00 – 5.00

Cost: \$330 for both days (includes GST, manual and lunches).

Contact: Tony Norquay 03 97274848

Email: [info@teamtraining.com.au](mailto:info@teamtraining.com.au)

Website: [www.teamtraining.com.au](http://www.teamtraining.com.au)

Liz Olijnyk Teamwork Training Services, 408 Barkers Rd. HAWTHORN VIC. 3122 PH. 03 9817 4094, FAX: 03 9817 6867 [www.teamtraining.com.au](http://www.teamtraining.com.au)

## August 11 & 12

### Fighting Fair (level 1)

#### Mediation & conflict resolution training

This interactive and stimulating 2 day course will assist professionals to explore conflict and impart the essential principles and process of mediation. The structured 5-step mediation model and specific conflict resolution skills will be presented and practiced. The course can be utilised in many different areas of conflict e.g. client work, workplace disputes and interpersonal conflict.

Venue CO.AS.IT 199 Faraday Street, Carlton (Melbourne)

Times 9:15 – 4:15 Catering A delicious morning and afternoon tea will be provided. Cost \$290+GST for AASW members or \$310+GST for non-members. Registration Log onto [www.fightingfair.com.au](http://www.fightingfair.com.au) and fill in the online registration form.

## 19<sup>th</sup> August 2008

### Critical incidents: Defusing and debriefing

#### Workmatters, Geelong

9.00am to 12.30pm

Develop a model for defusing situations by identifying the signs and triggers for clients and de-escalating circumstances that have already developed to a potentially dangerous level. Establish a framework for including debriefing for staff as part of the established practice in your organization including discussion about policies and clear procedures to support

workers. To book courses or if you have any queries please call either Deb 0418 909 396, Mel 0418 512 966 or Carol 0419 574 200 or email us at [Work Matters: workmatters@bigpond.com](mailto:WorkMatters:workmatters@bigpond.com)

## August 25

### Presentation Skills

Build your confidence in making stimulating and engaging presentations.

Are you daunted by the prospect of speaking in front of a room full of people? Few people are naturals at making presentations. Learn: Techniques to engage your audience • How to get your message across • Use appropriate body language • Manage those 'public speaking nerves'.

Cost:\$179 (includes notes and lunches and GST)

Time: 9.00 – 5.00

Venue: of The University of Melbourne, Hawthorn Campus (Free parking)

Facilitator: Liz Olijnyk .

Contact: Liz Olijnyk 03 9817 4094

Email: [info@teamtraining.com.au](mailto:info@teamtraining.com.au)

Website: [www.teamtraining.com.au](http://www.teamtraining.com.au)

## September

### CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development

#### Training Dates

1 Orientation to Child Protection

3 The Manager as Coach

4 Working with Families where there is Mental Illness

9 Parenting Plus

11 Resolving Team Based Conflict

12 Good Governance

16 Team Effectiveness (FLM)

17 Introductory Workshop: Working with Aboriginal Children

For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)

[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

### 1<sup>st</sup> to 3<sup>rd</sup> September 2008 (Monday – Wednesday) The Combined 2<sup>nd</sup> International Conference on Alcohol and Other Drug Related Brain Injury and the Brain Injury Australia National Conference (ARBIAS and BIA)

Venue: Sofitel, Melbourne

A key focus of the second international conference will be fetal alcohol spectrum disorders (FASD). To date, confirmed international speakers include:



# Newsletter

July 2008

To register your interest, please email [events@adf.org.au](mailto:events@adf.org.au)

## 8<sup>th</sup>-9<sup>th</sup> September 2008

### **Australian Family Friendly Workplace Seminar** Seminar topics include:

- The fundamentals of a family friendly working environment
  - Industrial Relations law and family friendly workplace policy
  - The multigenerational workforce in the 21st century
  - Best practices for developing family friendly policies within your organisation
  - The bottom line: Measuring return on investment
  - Beyond the theme: Innovations in employee wellbeing
- Melbourne Town Hall

Regional Access grants are available

[http://www.familyfriendlyworkplace.com.au/dm/Family\\_Friendly\\_Workplace\\_Seminar\\_RAG.pdf](http://www.familyfriendlyworkplace.com.au/dm/Family_Friendly_Workplace_Seminar_RAG.pdf)

## 10<sup>th</sup> to 12<sup>th</sup> September 2008 (Wednesday – Friday) **Fifth World Conference on the Promotion of Mental Health and Prevention of Mental and Behavioural Disorders (Vichealth and Partners)**

Venue: Melbourne Convention Centre

This conference is organised by the World Federation for Mental Health, The Clifford Beers Foundation, The Mental Health Program of the Carter Centre, AUSEINET and Vic Health and supported by the Global Consortium for Prevention and Promotion in Mental Health.

Call for Papers: [www.margins2mainstream.com](http://www.margins2mainstream.com)

## October

### **CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates**

9 Good Practice in Child and Family Welfare Services

10 Assessment and Intervention with Children...

15 Introductory Workshop: Working with Aboriginal Chi...

16 Cultural Inclusion in Child and Family Welfare Services

17 Family Violence and Child Abuse

27 Essential Skills for Clients who use Drugs

28 Professional Development (FLM)

30 Time Management

For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)

[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

### **30 & 31 October**

#### **"Mental Health & Psychological Assessment of At Risk Aboriginal Clients"**

Melbourne

The training will cover the following areas:

- Cultural Competency in service delivery—how is this defined and measured—a profile for participants

- Challenging the mono cultural view of mental illness—how can culture be put in an evidence based framework?

- Cultural formulation of cultural and mental illness
- Differential cultural and clinical diagnosis— how to assess mental illness in Aboriginal clients. The difference between:

- Psychosis or spiritual visits
- Self-harm or sorry cuts
- Culture-specific grief reactions
- Trauma and its manifestation

- Culture-specific depression—what are the key indicators?

- The nature of Aboriginal suicides—assessment and intervention

- Interventions—traditional and mainstream approaches—what is the best 'fit' for your client

- Using mainstream interventions with culture bound and mental illnesses

- Effective counseling, engagement and interventions with Aboriginal clients

- Conducting valid and reliable assessments of Aboriginal people

- Psychological Assessment—what is happening in the field? What are people using to assess Aboriginal clients?

- A unique psychological test for Aboriginal clients—accreditation in the Westerman Aboriginal Symptom Checklist—Youth (aged 13-17 years)

Who should attend?

This workshop has been attended by a myriad of participants with a range of different backgrounds and skills. The unique content of the workshop means participants learn how to merge mainstream training with cultural paradigms of mental illness. It has been attended by Community Elders, Psychologists, Mental Health Workers, Aboriginal Health Workers, Psychiatrists, Nurses, Social Workers, Teachers, GPs, Aboriginal Education Workers etc.

Included in Workshop costs: Extensive cultural competency profile (usual value \$250); pre-workshop reading materials, full catering, and participant workbook.

Cost: \$1,200. To register:

<http://www.indigenouspsychservices.com.au/index.php?page=viewStory&title=Purchase+Training>

## November

### **CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates**

5 The Power of Partnership



# Newsletter

July 2008

6 Critical Incident Debriefing  
7 Working with Cumulative Harm  
11 Bringing Fun Home  
12 Good Documentation  
13 Impact of Substance Use on Families  
14 Family Violence and the Legal Response  
17 Providing Services to Young People who Self-Harm  
18 Introduction to Dispute Resolution  
19 Introductory Workshop: Working with Aboriginal Chi...  
27 Child Safe Recruitment and Selection  
For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)  
[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

**2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> November 2008**

### **Equine Assisted Psychotherapy (EAP) Training**

This unique model is highly innovative and effective. The training provides a practical and specific model of bringing horses into mental health sessions. EAP assists a broad range of clients with relationship and mental health issues. It has been used effectively in programs for at risk young people, substance abuse and eating disorders.

The Model is a Team approach using a mental health professional and an equine specialist. The training does not provide instruction in horsemanship techniques and does not train people how to do therapy.

The training is suitable for qualified and experienced therapists and counsellors, psychologists, social workers, occupational therapists, and other mental health clinicians. It is also suitable for experienced & qualified horse professionals working in the equine field.

PART 1: Dates: 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> November 2008

Wallington Park Equestrian Centre, 1625 Bellarine Hwy, Wallington, (near Geelong) Victoria

PART 2: 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> November 2008

Location: Amber Lodge. Cnr Barwon Heads Rd & Batten Rd, Marshall, (Geelong), Victoria

For further information contact Helen Gorfine [helenlg@bigpond.com](mailto:helenlg@bigpond.com) or go to [www.eagala.org](http://www.eagala.org)

### **December**

### **CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates**

5 Working with Victims of Sexual Abuse...

For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)  
[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)