



# Newsletter

Newsletter July 2010

This Newsletter is part of the regional AOD Youth Capacity Building Role. If you have any comment, events, information that you would like included in future newsletters or feedback please don't hesitate in contacting me at [jtaylor@barwonyouth.org.au](mailto:jtaylor@barwonyouth.org.au)

This line is now up and running around Australia providing a source for expert advice, information and referral on any mental health issue, available 24 hours, 7 days per week. 1300 280 737

More information can be found at [www.health.vic.gov.au/mhal](http://www.health.vic.gov.au/mhal)

## Notice board

### Grog watch Newsletter – Australian Drug Foundation

This newsletter delivers important factual information related to alcohol use and some strategies to work with the substance. Produced by Community Alcohol Action Network – [CAAN@adf.org.au](mailto:CAAN@adf.org.au).

### State Government's Blueprint for Regional and Rural Victoria

This publication was launched on the 16<sup>th</sup> June and includes a Youth Action strategy. For further information visit <http://www.rdv.vic.gov.au/about-us/news/?a=172218>

### Surf Coast Access News

A very brief 'occasional' newsletter with stories of exciting local initiatives that aim to promote access and inclusion for people with disabilities in the Surf Coast. For further information regarding any article within the newsletter please contact Kathryn Kelly, Rural Access and Health Promotion Officer, 52610521

### National Strategy for young Australians

The federal government has released the national strategy for young Australians. The strategy lists immediate priorities for action which include; empowering young Australians to take part and be active in their communities supporting young Australians within their families.

To download a copy go to [www.youth.gov.au](http://www.youth.gov.au)

### Journey behind trauma – online community

Journey beyond road trauma offers opportunity through social networking to people who have experienced a road trauma to tell their story and connect with each other. Read full media release at

[http://aerf.com.au/showcase/MediaReleases/2010/100401\\_MR\\_Journey%20%Beyond%20%Road%20%trauma.pdf](http://aerf.com.au/showcase/MediaReleases/2010/100401_MR_Journey%20%Beyond%20%Road%20%trauma.pdf)

### NCPIC – Training opportunities

The workforce development team at NPCIC has been offering free cannabis training to the alcohol and other drug, allied health, education, justice and community sectors since December 2007. The current 2009- 2010 workplan has introduced workshops around clinical guidelines, including teaching the basic clinical principles of motivational enhancement and cognitive behavioural therapy. If you would like more information about whats on offer through NPCIC please contact [training@npcic.org.au](mailto:training@npcic.org.au)

### Mental Health Advice Line

## Funding Available

### Grantready – Community Grant Guru

As you are all aware community grant programs typically offer funds that range in size from \$5000 to \$1,000,000. At any given time there are approximately 1500 grants available to assist community groups.. However these all sit on hundreds of different websites and forever changing. In response the database called Community GrantGuru with all of the grants listed in one place has been developed. It is free and easy to use and lists grants in the areas of arts, community services, education, environment and health, infrastructure, multicultural projects, and much more. Grantready can also provide assistance in many other things related to grants. It can be accessed at <http://community.grantready.com.au>

### 2010 -11 Women's Leadership Grants now open

Applications close on the 3<sup>rd</sup> August 2010. The Women's Leadership grants are part of the Victorian Governments commitment to creating a community where women have equal representation and can fully participate in all aspects of community and public life. Grants of up to \$20,000 will be available to local councils, non profit community and women's groups in Victoria for projects that

- increase the capacity of women in decision-making
- increase opportunities for women's leadership
- increase diversity among Victoria's female leaders

For more information visit [www.women.vic.gov.au](http://www.women.vic.gov.au) or call 1300 366 356.

### Funding for community youth events

Community events, aimed at building strong relationships between young people from disadvantaged areas and their families, will be funded across the country through an Australian Government initiative – think family, think community.

Twenty non government organizations will be invited to apply for one off grants of \$20,000 for events or activities which have a youth and family focus.

The National strategy for Young Australians aims to build resilience in young Australians and to support young people and their families, recognizing the diversity of their circumstances, needs, and capacity.

Further information on the government initiatives aimed at young people can be found in *Investing in Australia's young people: a stocktake of Australian Government youth initiatives* at [www.youth.gov.au](http://www.youth.gov.au)

### Festivals Australia



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Festivals Australia aims to encourage cultural activity in regional and remote communities and to support a sense of place and community identity. This program funds to add a new innovative or special cultural activity to a festival. Examples of festivals Australia projects include a performer coming to a remote festival, the creation of a sculpture or short film etc.

Eligibility guidelines and application forms can be accessed from [www.arts.gov.au/arts](http://www.arts.gov.au/arts)

## Resources

### Information for Young People

#### ACCESS Arts Workshops

Young people aged 12 – 18 are invited to participate in weekly art shops as part of the Barwon Youth Access Arts Committee. The Committee aims to deliver local youth art programs and exhibitions that foster the creative talents of disadvantaged young people and promote community connectedness.

Barwon Youth Arts studio, 25 Gordon Ave, Geelong West.

For more information visit [www.byaccessarts.com](http://www.byaccessarts.com)

#### Design the artwork for National Youth Week 2011

Do you want to design the artwork for National Youth Week (NYW) 2011? The NYW Poster competition is now open. Find out how to enter for your chance to get national attention for your design as well as win a cash prize. All you need to do is design a creative poster that incorporates the words "Own it". Entries close on Sunday July 25.

#### The TRICKY YPAC have opened their next grant round

Apply for up to \$1500 today to make your idea become a reality! You just need to be 12 – 25 years old, and have an idea that will benefit young people of Newcomb, Whittington, East Geelong, Thomson (3219) community.

They will be accepting and reviewing applications until the funds have been allocated. Therefore there is no closing date.

Call Leanne Micallef on 0430211423 or email on [leanne.micallef@mentorhr.com.au](mailto:leanne.micallef@mentorhr.com.au)

#### Financial Counselling

Financial counselors offer a free and confidential service in which they are able to assist clients with debt issues by negotiating payment arrangements with creditors, advocating on behalf of clients, providing information on bankruptcy, legal rights, available concessions, centrelink entitlements, youth allowance and general budgeting advice.

The financial and consumer rights council Inc (FCRC) as the peak body for financial counselors has developed a postcard to raise awareness of financial counseling services amongst regional youth in Victoria.

Contact on 96632000 or at [anushkad@frc.org.au](mailto:anushkad@frc.org.au)

#### Youth Future Crew

The YFC is a group of young people aged 12-25years who have used headspace services, that get together fortnightly to have a say about youth health services. They advise headspace on developments and activities and work on youth health awareness campaigns. Members are reimbursed for their time. If you have a client that may be interested contact Mike 0447 799 736 or [Michael@gpageelong.com.au](mailto:Michael@gpageelong.com.au)

#### Homeless Persons legal clinic (pilch)

Free legal advice to people experiencing homelessness or at risk of, every Thursday between 12 and 2pm, to make an appointment call, 1800 606 313.

#### Australian Apprenticeships Access Program

BRACE is running this six week course for young people including the following:

- Cert 1 in Vocational preparation
- First Aid
- OH&S work ready card
- 5 days work experience observation
- 2 workplace excursions
- 13 weeks one to one job search support one to one

Participants must be 16 years of age, next course commencing July 12<sup>th</sup>. Contact the Youth Connections program at Barwon Youth for assistance to link in to the program, 03 52214466.

#### Barnados OfficeMax Max e Grants Program

This program can provide grants for nominated children and young people up to a maximum of \$5,000 per individual to support, promote and encourage their educational potential and outcomes. For further information, see <http://www.bmaxe.com.au/html/>

Online

application:

[https://www.bmaxe.com.au/html/application-form\\_old.cfm](https://www.bmaxe.com.au/html/application-form_old.cfm)

#### Edmund Rice Camps

Please go to the following website for more information on Edmund Rice Camps for disadvantaged, indigenous, and refugee children, [http://www.ercvic.com/about\\_erc.php](http://www.ercvic.com/about_erc.php)

#### 'Not so straight' new education resource from Family Planning Victoria

This dvd is a candid and engaging exploration of contemporary issues facing same sex attracted young people in Melbourne. Go to Family Planning Victoria's website for further information.

#### TOE – Winter Program – August 2010

Rafting the rivers of Victoria – 5 days/ 4 nights rafting, for males and females. Information session on 22<sup>nd</sup> July 2010.

Contact TOE staff on 9855 2633.



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## Professional Development Opportunities

### Board Members: Roles, responsibilities, liabilities and protections

This back to basics training is suitable for new not for profit board/committee of management members or existing boards and committees that want a refresher on the role and legal responsibilities that come with running an effective community organizations in Victoria

Morwell – July 20<sup>th</sup>; Bairnsdale – 21<sup>st</sup> July

For further information contact Kate Johnson – [kate.johnson@vcoss.org.au](mailto:kate.johnson@vcoss.org.au) ; website [www.vcross.org.au/clearinghouse](http://www.vcross.org.au/clearinghouse)

### Residential care learning and development strategy – Centre for excellence in child and family welfare – training calendar

12<sup>th</sup> & 13<sup>th</sup> July - Supervision training

27<sup>th</sup> July Managing young people with sexually abusive behaviours

28<sup>th</sup> July - Introduction to working with aboriginal children, families, and workers

20<sup>th</sup> August – Managing young people with sexually abusive behaviours

To register for these courses and more information download a registration from the following website <http://www.cwav.asn.au/training/calendar.html>

### Working with kids and their families – Narrative therapy; David Epston ; Friday 30<sup>th</sup> July 2010

The Bouverie Centre proudly hosts this event, inquiries and registrations Christine Neil, [C.Neil@latrobe.edu.au](mailto:C.Neil@latrobe.edu.au)

### The tenants Union of Victoria

The tenants union of Victoria invites you to attend a one day training workshop on new approaches to the tenancy law. Workshop one looks at the 'charter of Human Rights and Responsibilities Act, and workshop 2 looks at the 'Family Violence Protection Act'. A number of workshops are on offer across a number of different sites in Victoria. For further information on dates and venues please contact Helen Munro on 94160513, or [hmunro@tuv.org.au](mailto:hmunro@tuv.org.au)

### Reconnexion's Education & Training Calendar

- Cognitive Behaviour Therapy for anxiety and depression
- Diabetes, anxiety and depression (with DAV)
- Cognitive behavioural & solution focussed approaches to working with anxious and depressed young people and their families
- Mindfulness CBT
- Alleviating anxiety and depression-substance using clients. If you would like more information on the above programs or are interested in having a program developed for your organisation please email [janet@reconnexion.org.au](mailto:janet@reconnexion.org.au)  
222 Burke Road, Glen Iris info@reconnexion.org.au  
T:1300 273 266 [www.reconnexion.org.au](http://www.reconnexion.org.au)

### Mediation and training services Barwon South West

4,5, 6 & 11,12,13 August 2010.

This intensive three day course of mediation training is for professionals who wish to learn the skills required for creative conflict resolution. To become an accredited mediator you need to complete six days in total.

Training includes comprehensive notes, morning and afternoon teas, and lunch each day.

Contact Pam Clark on 52428526 or 0431930935 Or [pam@conflictresolvers.com.au](mailto:pam@conflictresolvers.com.au)

## Conferences – up and coming

**6<sup>th</sup> International Conference on drugs and young people: Making the connections, Melbourne May 2<sup>nd</sup> – May 4<sup>th</sup> 2011 – CALL FOR ABSTRACTS IN JULY 2010.....**

**FOR MORE INFORMATION VISIT THE ADF WEBSITE OR CONTACT THE CONFERENCE MANAGERS AT [dyp@adf.org.au](mailto:dyp@adf.org.au)**

### Indigenous Education, Transitions & Employment, Building pathways, strengthening aspiration & increasing community support

28<sup>th</sup> and 29<sup>th</sup> July 2010

Citigate Central, Sydney – [registration@critterionconferences.com](mailto:registration@critterionconferences.com)

### Heads up – First International Youth Mental Health Conference. Melbourne July 29<sup>th</sup> and 30<sup>th</sup>, 2010

The conference will bring together local and global experts to inform the wider community of best practice developments and interventions in youth mental health. It will include youth health and mental health, education and vocational issues, health promotion, service reform, and drug and alcohol streams..

Go to HEADSPACE website for more information.

### Early Intervention Conference for people working with young people, Melbourne, August 5<sup>th</sup>

For more information go to [www.yda.org.au](http://www.yda.org.au)

### Early Childhood Development in indigenous communities, integrating services for a healthy start to life, 21<sup>st</sup> and 22<sup>nd</sup> September 2010, Darwin

This conference will showcase existing successful initiatives, sharing best practice for integrated services which help close the gap on childhood disadvantage.

To register go to [registration@critterionconferences.com](mailto:registration@critterionconferences.com)

Linking Indigenous policy with service delivery 2010; Strengthening cross cultural communication, shared responsibility and accountability; 14<sup>th</sup> & 15<sup>th</sup> September 2010, Cairns

To register go to [registration@critterionconferences.com](mailto:registration@critterionconferences.com)