



# Newsletter

## March Newsletter 2009

This Newsletter is part of the regional AOD Youth Capacity Building Role.

Please contact Salli Hickford:

[shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) to provide any feedback.

### Notice board

#### Upcoming Survey of all AOD Workers - Clinical Supervision in AOD Services

On March 2<sup>nd</sup>, The Bouverie Centre, Latrobe University, is launching an on line survey for all workers involved in the provision of clinical work in AOD services in Victoria. The confidential survey focuses on workers experience of clinical supervision in their organisation, the strengths and challenges.

These findings will contribute to research within the AOD sector about what workers, supervisors and managers think supports best practice in the area of clinical supervision.

The survey takes about 15 – 20minutes to complete on line and all information will be deidentified and confidential.

For more information or if you have any questions please contact Sally Ryan [s.ryan@latrobe.edu.au](mailto:s.ryan@latrobe.edu.au) or Michelle Wills [m.wills@latrobe.edu.au](mailto:m.wills@latrobe.edu.au), or 9385 5100

#### NOMINATIONS AND TICKET SALES ARE NOW OPEN FOR THE 2009 NATIONAL DRUG AND ALCOHOL AWARDS

Now in their sixth year, the National Drug and Alcohol Awards (NDAA) honour the dedication and innovation within the Alcohol and Other Drug sector. The Awards recognise excellence in the areas of treatment; prevention and community education; research; services for young people; law enforcement; media reporting; school drug education; and culminate with the Prime Minister's Award for Excellence.

The awards have recognised winners from across Australia. Previous winners include:

- 1) The **REACHOUT** program from South Australia, an innovative approach to assisting prison inmates whose crimes were alcohol or drug-related re-integrate after their prison term expires;
- 2) The **OPAL** project won in 2006 for the rollout of non-sniffable petrol into the Northern Territory;
- 3) The Manly Drug Education Centre's '**Keep It Simple**' club and web-based harm-minimisation project.

Why not nominate your project for an award? Simply complete the form from the website. Start your submission early to give your program the credit that it deserves. Entries

close on 27<sup>th</sup> March 2009 so you haven't got long. There are so many valuable programs that need recognition, why not yours?

Award finalists and winners will be announced at an exclusive Gala Dinner to be held at the culmination of Drug Action Week, on Friday 26 June 2009, Great Hall, Parliament House Canberra ACT

Reserve your ticket/s by logging onto the awards website or contacting the Awards Coordinator Vanessa Long on 0415 586 360. So book early to avoid missing out on this special event. Everyone is welcome!

#### VCOSS Victorian Community Sector Advocacy Day

Wednesday 11 March, Parliament House, Melbourne

As part of the ongoing campaign for sustainable funding of the community sector. We are seeking interest from community organisations across Victoria to participate.

Contact : [michelle.lane@vcoss.org.au](mailto:michelle.lane@vcoss.org.au). T: (03) 9654 5050

[www.vcoss.org.au](http://www.vcoss.org.au)

#### The Impetus Youth Awards

Nominations are now open and can be found on the website [www.youthcan.vic.gov.au](http://www.youthcan.vic.gov.au) Nominations close on March 16th Awards Ceremony will be held during National Youth Week Thursday 2nd April, Contact: Danielle Hughes Youth Development Officer, City Of Greater Geelong T: 52 270 696 E: [dhughes@geelongcity.vic.gov.au](mailto:dhughes@geelongcity.vic.gov.au)

#### The Youth Referral and Independent Person Program (YRIPP)

Is responsible for providing Victoria Police with a 24 hour a day, 7 day a week roster of trained volunteers who act as Independent Persons. YRIPP is looking for volunteers and is holding several information sessions. The program is 28 hours in length. Trainees must attend all sessions and complete all assessment activities to act as an independent person.

**Colac** 6.30pm Tuesday 10 March. Colac Area Health Primary Care, 2-28 Connar St, Colac

**Warrnambool** 6.30pm Wednesday 11 March. Warrnambool Community Health Centre. 279 Koroit St, Warrnambool

**Portland** 6.30pm Thursday 12 March. Portland and District Community Centre. 33 Otway St, Portland

**Hamilton** 6.30pm Friday 13 March Western District Health Services. Frances Hewett Community Centre. 2 Roberts St, Hamilton

**YRIPP Training weekend** 21 and 22 March, Warrnambool Greyhound Racing Club. Koroit St, Warrnambool

Sonia Pacey YRIPP Regional Coordinator P: 03 5337 2747 or [westvic@yripp.org.au](mailto:westvic@yripp.org.au)



# Newsletter

## March Newsletter 2009

### Successful CRAF Training rollout commences across Barwon

The CRAF Training Consortium of Swinburne University, Domestic Violence Resource Centre and No To Violence, have now successfully completed the first stage rollout of training to 530 participants from specific targeted audiences and across the rural and metropolitan regions. The feedback on the quality of training and materials has been extremely positive and practitioners across the sector have valued the opportunity to work together on the integrated approach to assessment.

High quality training materials and an extensive DVD resource have also been developed, piloted and refined and have proven to be extremely well received.

An extensive training calendar of regional dates for CRAF training from February to July 2009 is currently being distributed to Regional Family Violence Integration Coordinators and will be sent out to agencies and individuals shortly. Expressions of Interest will continue to be directed through the local Regional Family Violence Integration Coordinators for Train the Trainer, Comprehensive and Preliminary training programs. Expressions of Interest for the Maternal and Child Health Nurse training will continue to be directed to Swinburne University. See contact details below.

### Trainer Training program.

This program has been provided in four rural and one Metropolitan region for 68 experienced family violence workers. Participants completed combined one day Comprehensive Risk assessment workshops and one day Trainer Training workshops. These sessions enable them to organise and deliver shorter 'Identifying Family Violence' sessions in their local service catchment to particular local groups such as teachers, community workers and others to improve referrals in to the specialist family violence service system.

The final three metropolitan Trainer Training programs will commence in early 2009 and Expressions of Interest and funding guidelines are available through the Family Violence Regional Integration Coordinators for experienced family violence workers.

### Comprehensive and Preliminary Training programs

The first of the full day Comprehensive training and half day Preliminary training has been successfully undertaken by 66 practitioners from Barwon and Loddon-Mallee regions. The pilots provided useful feedback and insight into the strengths of the training and how best to meet the local needs of participants.

### Maternal and Child Health Nurse training

Customised programs have been provided to 121 participants in three regions: Mildura, Loddon-Mallee and Eastern to help

workers consider different implications of the risk assessment process in their roles. Some Enhanced MCHN workers have also attended Comprehensive training due to the relevance of family violence issues in their more specialist roles.

### Training resources

Training resources have now been piloted and completed for all six training programs and include an excellent DVD to be incorporated in all programs. The generous input from women who have experienced violence and from experienced practitioners has ensured that the DVD and other materials are relevant, demonstrate best practice and enhance understanding of the impacts of quality assessment in family violence. In 2009 a website will also be completed to simplify access to information, articles and resources about the training.

The contact for Barwon South West: Vicky Grosser [vgrosser@comconnect.com.au](mailto:vgrosser@comconnect.com.au)

,Senior Policy Officer: Tricia Hazeleger, Family Violence Reform Coordination Unit, DPCD Tel: 9208 3134 Email: [tricia.hazeleger@dpcd.vic.gov.au](mailto:tricia.hazeleger@dpcd.vic.gov.au)

### VCOSS 2009 COMMUNITY SECTOR CAMPAIGN

The Price Index Working Group, a sub-committee of the VCOSS Peaks and Statewide Networks Forum, is planning a campaign strategy for 2009 to highlight the impact of financial pressures on community organisations.

VCOSS will develop key messages and campaign resources as well as sending regular emails to keep you updated about the progress of the campaign and the price index negotiations with the Victorian Government.

The campaign will only be effective if there is a strong community sector voice. We are therefore asking each organisation to consider how they are able to support this campaign by highlighting publicly some of the issues raised in the survey responses. Please let me know by return email/phone as soon as possible if:

- your organisation is prepared to publicly support the campaign for appropriate community sector funding and indexation.
- your organisation is able to undertake media locally (or more broadly if your organisation's reach extends further) about the funding issues experienced by your agency and the impact on your clients;
- your organisation is in a position to organise a client or former client to speak publicly about the support your organisation was able to provide to them.

Some of the other actions you could consider undertaking over the next couple of months include:



# Newsletter

## March Newsletter 2009

- writing to your local MPs to highlight the funding pressures faced by your organisation and the subsequent impact on your clients. Seeking meetings with MPs or inviting them to visit your service;
- supporting clients, carers and families to contact and/or meet with your local MPs to discuss the importance of community services; and
- contacting local and state media outlets to highlight the issues facing community organisations.

VCOSS will be developing a series of communications shortly to assist your advocacy work including background information and a template media release and letter.

Please let VCOSS know if you do arrange any meetings or undertake media in your local area. It would also be of assistance if you could copy VCOSS into any letters or send copies so we can keep them on file.

We are also planning to organise a Community Sector Advocacy Day at Parliament House during the parliamentary sitting week of March 10-13.

Community sector organisations will be invited to send one or two staff or board members along with a client or former client to meet with all MPs to highlight the critical funding issues facing the Victorian community services sector. The day will conclude with a community picnic. More details about this day will follow in the New Year.

Thank you again for all of your support to date. VCOSS greatly appreciates how many organisations responded to the recent survey in the short timeframe. It is this support which has helped to strengthen the case for appropriate funding for the community services sector. We look forward to working with you on the ongoing funding campaign in the new year.

For further information please contact Paula Grogan, Partnerships Policy Officer (E: [paula.grogan@vcoss.org.au](mailto:paula.grogan@vcoss.org.au) T: 9654 5050 on Tuesdays and Thursdays).

### Victoria Police checks - Changes

Please be aware that there has been a change to the way Victoria Police now want police checks processed - changes will apply to the Victoria Police National Police Record Check process.

- A downloadable online application form will replace the current form.
- Applicants can download, complete and print the new online form.
- A 100-point identification check will be introduced.
- An authorised certifier is required to witness and certify identity documents and signature of applicant.
- The certificate will only be issued to the applicant.

- To increase protection of information released, the new certificate includes seven security features.

[www.police.vic.gov.au/content.asp?Document\\_ID=274](http://www.police.vic.gov.au/content.asp?Document_ID=274)

### Resources

#### Co morbidity Website

The peak body, **VAADA**, (Victorian Alcohol and Drug Association) in Melbourne Australia launched a website dedicated to Co morbidity.

The *Co morbidity* website was developed as part of the Cross Sectorial Support and Strategic Partnerships Project (CSSSPP) also known as the Improved Services Initiative.

Funded by the Australian Government Department of Health and Ageing, the website provides comprehensive information on the many aspects involved with the improvement of services who work with people who experience both mental health and drug and alcohol problems.

“The website offers a unique collection of resources about co morbidity/dual diagnosis and the elements of capacity building of relevance to anyone interested in the field, with a specialised section for the 27 Victorian grant recipients funded by the federal government’s Department of Health and Ageing “ said Gail Ward the Project Coordinator for the at VAADA.

The site also includes a number of tools and resources including:

A self-assessment tool for services to rate their capacity to work with people experiencing comorbidity

- ? Information about conferences
- ? Latest available training
- ? Forthcoming seminars and forums locally, nationally and internationally

To find out more, visit [www.comorbidity.org.au](http://www.comorbidity.org.au)

#### VAADA Annual 07/08 Report

The 2007/2008 VAADA Annual Report is available: <http://www.vaada.org.au/resources/items/2008/12/249594-upload-00001.pdf>

#### January / February VAADA News

The January / February edition of the VAADA News is available at: <http://www.vaada.org.au>

#### Mentoring Tool: Partnerships with Businesses

The guide includes information on:

- Planning a successful partnership
- Approaching business
- Negotiating an agreement and



# Newsletter

## March Newsletter 2009

➤ Developing and reviewing the relationship

The guide also includes electronic tools to assist organizations and showcases mutually beneficial partnerships between youth mentoring organizations and business.

Electronic copies and more information can be found through the website

[www.youth.vic.gov.au](http://www.youth.vic.gov.au) > Grants and Programs > Mentoring > Tools for better Mentoring

**New report: Child protection Australia 2007-08. Australian Institute of Health and Welfare**

This report provides comprehensive information on state and territory child protection and support services. The report contains data for 2007-08, as well as trend data on child protection notifications, investigations and substantiations, children on care and protection orders and children in out-of-home care.

To read the new report see the web link:

<http://www.aihw.gov.au/publications/index.cfm/title/10687>

**New report: Social inclusion of the hard to reach.**

Nicola Brackertz and Denise Meredyth / Institute for Social Research, Swinburne University of Technology. This report is intended as a practical resource for local councils wishing to engage their communities in decision making and planning. The focus is on how to broaden the range of people represented in council processes, especially those who are reluctant to participate in traditional consultation methods.

To read the new report see the web link:

[http://sisr.net/cag/docs/htr\\_final.pdf](http://sisr.net/cag/docs/htr_final.pdf)

**New report: Evidenced-based policy: What is it? How do we get it?**

**Gary Banks / Productivity Commission.** What exactly does evidence-based policy-making entail? How can it contribute to achieving better policy outcomes? What is needed to put it into wider practice?

To see the full report see the web link:

[http://www.anzsog.edu.au/userfiles/files/News%20and%20events/ANU\\_ANZSOG%20Public%20Lectures/CACHE\\_DUVI\\_E=ff6bdde7c778c5262ff7596914b2e369/Evidence-based%20policy-making\\_ANZSOG%20Lecture\\_050209.pdf](http://www.anzsog.edu.au/userfiles/files/News%20and%20events/ANU_ANZSOG%20Public%20Lectures/CACHE_DUVI_E=ff6bdde7c778c5262ff7596914b2e369/Evidence-based%20policy-making_ANZSOG%20Lecture_050209.pdf)

**March Edition of Practice Link**

Practice Link highlights current and developing research projects at Turning Point Alcohol and Drug Centre, particularly those that are relevant to practitioners and their clients.

In the March edition, articles include:

What's new in research – Over-the-counter codeine project

- ? Consumer issues – Association of Participating Service Users (APSU)
- ? Stakeholder issues – Barwon South Western Region Drug and Alcohol
- ? DIY evaluation – Making the most of an external evaluator

Practice Link is available online at the Turning Point website:

[www.turningpoint.org.au](http://www.turningpoint.org.au). Just click on the purple button on the right hand side of the page. We are very interested to hear from the alcohol and drug sector about Practice Link. Email us at [practicelink@turningpoint.org.au](mailto:practicelink@turningpoint.org.au) to find out how your service can participate in research.

**NIDAC Newsletter**

The National Indigenous Drug and Alcohol Committee (NIDAC) Weekly News for your info and distribution amongst your networks... [www.nidac.org.au](http://www.nidac.org.au) - "the leading voice in Indigenous drug and alcohol policy"

**Funding Available**

**Proceeds of Crime Act 2002 (POCA) 2009 Funding**

Applications for funding from incorporated, not-for-profit community groups and local government associations/agencies are sought for projects which address one or more of the following areas:

- Indigenous prisoner through care (rehabilitation, treatment and reintegration projects)
- Crime prevention

Eligible organisations are able to seek funding of up to \$500,000 for each project.

Application forms and information are available from:

[http://www.crimeprevention.gov.au/agd/WWW/ncphome.nsf/Page/POCA\\_funding\\_for\\_Non-Government\\_Agencies](http://www.crimeprevention.gov.au/agd/WWW/ncphome.nsf/Page/POCA_funding_for_Non-Government_Agencies)

Applications close at 5pm on Friday 20 March 2009.

**AER Foundation Ltd's new funding round.** Applications are now available on our website for:

Innovative projects – up to \$20,000.00

- 1) Conference Attendance – up to \$5,000.00

We have also now uploaded fact sheets to assist in preparing applications. They are available on [www.aerf.com.au/community/about.aspx](http://www.aerf.com.au/community/about.aspx).

**Mental Health and Substance Use Co morbidity: Building on the 'Can Do' Grants Program**



# Newsletter

**March Newsletter  
2009**

The Australian Government Department of Health and Ageing has provided \$2,000,000.00 to support Divisions of General Practice in building awareness, skills, and linkages between primary care, mental health and drug and alcohol sectors to improve the services for people with mental health and substance use comorbidities.

Divisions can take this opportunity to build on existing activities, for example extend the delivery of 'Can Do' or other suitable comorbidity education and training, or enhance the capacity of already established mental health and substance use networks. It is anticipated that the grants will enable new and improved linkages with government and non-government organisations and services especially those with an Improved Services for People with Drug and Alcohol Problems and Mental Illness Project.

There are four categories of grants available and all divisions will be able to apply for one or more grants.

Category 1- up to \$65,000.00 per division comorbidity prevention, early intervention and education

Category 2 - up to \$65,000.00 per division for the maintenance of multidisciplinary networks at the local level

Category 3 - up to \$40,000.00 per division for enhanced skills development

Category 4 - up to \$25,000.00 per division for consumer support

Funding for grants will cover the period until May 2010.

For more information about the grants Program go to: <http://www.primarymentalhealth.com.au/site/index.cfm?display=42808> or contact Jane Westley, Coordinator: National Primary Mental Health Care Network ph: 02 6228 0844 or email [jwestley@agpn.com.au](mailto:jwestley@agpn.com.au)

**VICSERV FREE OHS Workplace Assessments** VICSERV, in conjunction with Work Safe Victoria, is pleased to present an opportunity for small community service organisations (with a budget of less than \$1 million), to obtain FREE and confidential three-hour OHS Workplace Assessments from an independent consultant.

An independent OHS consultant will assist your organisation to develop and implement sustainable health and safety practices. The consultant will work with your organisation to develop a safety action plan, detailing how your organisation can address identified issues. The consultations are worth approximately \$500 and are available until December 2010.

For more information on this initiative, contact me at VICSERV on 03 9519 7000 or by [email](#).



# Newsletter

## March Newsletter 2009

### Resources for young people

#### Supporting Children After Separation

Bethany has a new program that offers Counseling and group support to children whose parents have divorced or separated. The groups cater to sibling groups (3 or more children), Primary School aged children and Secondary School aged children. Individual counseling is available to children from the age of 4 to 18 years.

Lyn Burton or Leonie Gilham on 52788122

T: 03 5278 8122 [www.bethany.org.au](http://www.bethany.org.au)

#### SKATE-PATS

An 8 week after school Dual Diagnosis group for teenagers who have a parent who is, or has been stuck in drug or alcohol use and/or emotional health problems, such as schizophrenia, anxiety or depression.

The PATS program is part of a joint initiative between Barwon Health and Glastonbury Family Services to service the needs of children whose parents have a mental illness. Debbie Moore 52226911  
[dmoore@glastonbury.org.au](mailto:dmoore@glastonbury.org.au)

#### Short film Project - Postcode 3223

Bellarine Community Health has secured a grant to produce some short films with young people in the area. If you have any young people that have an interest in film making either side of the camera could you please pass the flyer onto them? They will receive great expert support in the project. The young person however needs to live in Portarlington, Indented Heads or St Leonards to apply. If you would like any more details do not hesitate to ring me. Louise van Herwerden Bellerine Community Health, 21 Palmerston St Drysdale. T: 52580891 [louise.van@bch.org.au](mailto:louise.van@bch.org.au)

#### A Message from Ambulance Service

We all carry our mobile phones with names & numbers stored in its memory but nobody, other than if we were to be involved in an accident or were taken ill, the people attending us would have our mobile phone but wouldn't know who to call. Yes, there are hundreds of numbers stored but which one is the contact person in case of an emergency? Hence this '**ICE' (In Case of Emergency) Campaign.**

The concept of 'ICE' is catching on quickly. It is a method of contact during emergency situations. As cell phones are carried by the majority of the population, all you need to do is store the number of a contact person or persons who should be contacted during emergency under the name 'ICE' (In Case Of Emergency). The idea was thought up by a

paramedic who found that when he went to the scenes of accidents, there were always mobile phones with patients, but they didn't know which number to call. He therefore thought that it would be a good idea if there was a nationally recognized name for this purpose. In an emergency situation, Emergency Service personnel and hospital Staff would be able to quickly contact the right person by simply dialling the number you have stored as 'ICE'. For more than one contact name simply enter ICE1, ICE2 and ICE3 etc.

#### ruMAD? is a dynamic mix of education, action, advocacy and events. – Re-launch of youth Website

Think of ruMAD? as a toolkit that enables young people to lead social change and become active citizens. It is focused on values and led by students but benefits the whole community.

ruMAD? has five levels of MADness:

- ruMAD? projects – sustainable social change projects that can be run within the school curriculum
- MAD Day (Make A Difference Day) – one day of action as an ruMAD? taster, or a celebration of an ongoing project
- ruMAD? student foundations – where students learn how to raise and grant money to make change in their world
- ruMAD? youth ambassadors – students become advocates for the ruMAD? program and role models for leadership
- ruMAD? social enterprises

Log on to: <http://rumad.org.au/>

#### Opportunity Scholarships

Round One : Close 23<sup>rd</sup> March 2009

Round Two: Close 24<sup>th</sup> August 2009

Opportunity Scholarships are awarded to talented, students on Education Maintenance Allowance (EMA), Youth Allowance, ABSTUDY or Pensioner Education Supplement (PES) to enable them to pursue their dreams. Students must have permanent residency in Australia. Their area of talent may be wide ranging from the arts, humanities, science, maths or sport. Opportunity Scholarships, up to \$1,000, are awarded to students enrolled in a Government primary or secondary school for school approved, curriculum related programs for individual students who lack financial and practical resources.

Log on to: <http://www.educationfoundation.org.au/OurWork/Scholarships/Scholarship.html>



# Newsletter

## March Newsletter 2009

### Professional Development Opportunities

New entries are in **BLUE**

Training held in the region are **BOXED**

#### Motivational Interviewing

PCMC is pleased to announce an exciting training schedule for New Zealand and Australia. Dr Joel Porter will provide Introductory, Intermediate, Advanced, as well as MI and Clinical Supervision workshops in Auckland, Wellington, Sydney, Adelaide and Melbourne throughout the year.

**Introduction to MI** Melbourne: 11-12 May

**Intermediate MI** Melbourne: 17-18 August

**Advanced MI** Melbourne: 19-20 October

**MI & Clinical Supervision** Melbourne: 23-24 November

To register please contact us: [workshops@pacificcmc.com](mailto:workshops@pacificcmc.com).

#### Online Training:

PCMC also offers on-line training in Motivational Interviewing. For more information, please visit our website at [www.pacificcmc.com](http://www.pacificcmc.com) or contact Dr Suzanne Habib via e-mail at [suzanne.habib@pacificcmc.com](mailto:suzanne.habib@pacificcmc.com). Over the years, PCMC has provided MI training to a wide range of mental health, addiction, behavioural health, corrections and educational organisations around the world. If your organisation is seeking systematic and cost effective MI, Relapse Prevention, or professional ethics training, please let us know. We are delighted to tailor training to your organisations' particular needs and culture.

#### Professional Certificate of Adolescent Counseling

The Faculty of Education, Monash University offers Professional Development Programs which might be of interest to the staff within your organization.

The programs range from one-day workshops to 10 week part-time classes

In particular, the 'Professional Certificate of Adolescent Counseling' aims to meet the needs of the community in the area of adolescent counseling. It provides participants with the appropriate knowledge, skills and attitudes required to support and guide young people.

The next course will be conducted at Monash University Clayton Campus, 12th March - 28 May and consists of evening classes of three hours per week over 10 weeks. This course is very practical, informative and is also recognized by the Faculty of Education to the value of 12 credit points at postgraduate level.

We would appreciate your time to distribute this information to the staff at your organization. I have also included an A4

Flyer which could be forwarded on to relevant staff members or displayed on your noticeboard in your staff rooms/meeting rooms.

For further information please refer to the Monash University website:

[www.education.monash.edu.au/shortcourses](http://www.education.monash.edu.au/shortcourses)

#### Reconnexion's Education & Training Calendar

- Cognitive Behaviour Therapy for anxiety and depression
- Diabetes, anxiety and depression (with DAV)
- Cognitive behavioural & solution focussed approaches to working with anxious and depressed young people and their families
- Mindfulness CBT

• Alleviating anxiety and depression-substance using clients.

If you would like more information on the above programs or are interested in having a program developed for your organisation please email [janet@reconnexion.org.au](mailto:janet@reconnexion.org.au)

222 Burke Road, Glen Iris [info@reconnexion.org.au](mailto:info@reconnexion.org.au)

T:1300 273 266 [www.reconnexion.org.au](http://www.reconnexion.org.au)

#### Mind Matters Free Training for 2009

MindMatters will be providing free Professional Development in Geelong and Warrnambool to schools and community workers working with schools in 2009

Register: [www.mindmatters.edu.au](http://www.mindmatters.edu.au)

#### The Bouverie Centre training Calendar – Out Now!!

The Bouverie Centre has a long history of providing training to professionals working with families. Bouverie has a specialised academic unit, and all centre staff are involved in teaching. The Bouverie Centre offers both Award courses and professional Continuing Education Courses, which are run by the academic and community services teams. For information about the courses on offer in 2009 go to:

<http://www.bouverie.org.au/category/8/25>

#### March

#### 5-6 March 2009

**Making a difference: Responding to need in developing, implementing and evaluating correctional programs**

121 Exhibition Street, Melbourne

The conference will bring together policy makers, practitioners and as researchers, academics and others with an interest in correctional programs and services. The main aim of the conference will be to share current knowledge and directions in correctional programming. There will be a strong emphasis on evidence based outcomes of correctional programs and improving reintegration/re-entry strategies.



# Newsletter

## March Newsletter 2009

Key themes will be the rehabilitative needs of Indigenous offenders and young people, with a focus on developing programs, services and evaluation methodologies that incorporate content and techniques specific to their needs. For further information and to review the conference program, see <http://www.aic.gov.au/conferences/corrections/index.html>

### 10th March & 14th May AMPHETAMINE TYPE STIMULANTS TRAINING PROGRAM – YSAS (2 Days)

Do you work with Young People?

Do you want to increase your skills and knowledge to discuss and better respond to young people who use....Speed, ICE or Ecstasy?

The training aims to provide youth workers with skills and knowledge to better respond to young people who use ATS. The training program is of two days duration and addresses the following:

- Understanding the action of amphetamine type stimulants (ATS)
- Understanding the patterns of ATS use
- Identifying and responding to harms associated with ATS use
- Responding to challenging behaviours that may be associated with ATS use, including drug induced psychosis
- Undertaking a Brief Intervention with ATS users
- Gaining or enhancing skills and confidence using Motivational Interviewing

Based in Geelong.

For more information EMAIL: [lvaughan@ysas.org.au](mailto:lvaughan@ysas.org.au) FAX: on (03) 9415 8279 or go to [www.ysas.org.au](http://www.ysas.org.au)

### 12<sup>th</sup> March 2009

#### YSAS Critical Thinking Seminar

#### Hormone inferno: Alcohol, Adolescent Development and Public Health

Work in the AOD and allied sectors often straddle the sticky interface where societal demands clash with the needs of clients. Current public health approaches targeting young people and their use of alcohol form a case in point. This seminar offers participants updated information on alcohol's pharmacology and pharmacokinetics and a review of:

- Public health imperatives and variables of risk
- Information on adolescent development, hormonal and maturing pubertal brain changes
- Research aimed at aiding the development of alcohol and related strategies that target young people

**Geelong Conference Centre, Adams Court, Eastern Park.  
Time 2pm -4pm Cost: Free**

### 13<sup>th</sup> March

#### 'Managing anxiety and depression in children and teenagers: How can current research inform our work? Conference

Spring Street Conference Centre Cnr Spring & Flinders Street, Melbourne

This exciting one day conference will update clinicians, researchers and school staff on recent advancements in the treatment of youth anxiety disorders, depression, and school refusal as well as the development of emotional competence in children. The keynote addresses will be given by Assoc. Prof. Anne Marie Albano and Dr. Sophie Havighurst. \$220/\$165 students  
<http://www.med.monash.edu.au/spppm/research/devpsych/>  
\* Julie Bryant T: 95941301

### 16th & 17th March

#### Fighting Fair - Mediation & conflict resolution training

199 Faraday Street, Carlton

Each participant will receive a training manual.

**\$290** for AASW members or **\$320** non-members.

[www.fightingfair.com.au](http://www.fightingfair.com.au) P:0425 837 756

**Scott Dutton** Mediation & Training Consultant

### 19 & 20 March (OR August 17 & 18 OR November 17 & 18)

#### Group Facilitation Skills- Teamwork Training Services

A two-day program: • Enliven and improve the effectiveness of your group programs • New ideas and activities • Four keys for effective planning • Group theory • Strategies for dealing with difficult dynamics. Cost: \$360

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

### 24 March

#### Workshop: A Human Rights Act for Australia?

Level 26, 181 William Street, Melb.

Find out about the National Human Rights Consultation and how your organisation can be involved. The Australian Government is conducting a National Human Rights Consultation to gather views on how human rights should be protected and promoted in Australia. The 3 key questions being asked are: 1. Which human rights should be protected and promoted in Australia? 2. Are these human rights currently sufficiently protected and promoted? 3. How could Australia better protect and promote human rights?

Please click [here](#) to register by 10 March.



# Newsletter

## March Newsletter 2009

For further information, please contact Stephanie Cauchi ([stephanie.cauchi@vcoss.org.au](mailto:stephanie.cauchi@vcoss.org.au)) or Simone Cusack ([simone.cusack@pilch.org.au](mailto:simone.cusack@pilch.org.au)).

**25 March** (OR June 15 OR September 8 OR November 23.)

### Team Leaders Workshop - The Training Team

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning
- Strategies for creating effective teamwork
- Leading in an environment of change
- Dealing with difficulties. Cost: \$213

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

### 31<sup>st</sup> march 2009

#### Creating Connections: Practice Development Workshop Series -Workshop 1: Youth Focused Practice

The Council to Homeless Persons in conjunction with the Youth Substance Abuse Service Education and Research Unit, Melbourne Citymission and the Salvation Army have developed a comprehensive Practice Development Workshop Series for practitioners within the youth homelessness service sector. Funded by the Department of Human Services (DHS), this integrated Practice Development Workshop Series is a key component of the Creating Connections Youth Homelessness Action Plan Stage 2: 2006-2010 and comprise 3 one-day workshops delivered in each DHS region. The interactive workshops are designed to have practical application for front line youth homelessness practitioners and build on existing professional skills and knowledge. Practitioners in generalist homelessness services working with young people are also encouraged to attend.

#### Youth Focused Practice

Young people's development is subject to a range of influences, including the experience of homelessness. Research suggests that effective youth focused practice, employed in the homelessness sector, can impact positively on young people's ability to successfully negotiate the developmental transitions they make.

This one-day workshop offers practitioners the opportunity to:

- critically examine the latest evidence and theoretical perspectives on adolescent development for its application to practice with homeless young people;
- explore the relevance of key concepts such as interdependence and resilience in planning and delivering effective services for homeless young people;

- review the latest evidence identifying the key features of effective relationship based service delivery and systematically describe its application in the homelessness sector; and,
- investigate how predictive factors in young people's pathways through homelessness can be used to enhance effective youth focused practice.

Training based in Colac. (2 further sessions 30/4 -15/6)

For more information EMAIL: [lvaughan@ysas.org.au](mailto:lvaughan@ysas.org.au) FAX: on (03) 9415 8279 or go to [www.ysas.org.au](http://www.ysas.org.au)

## April 2009

### 2<sup>nd</sup> April

#### YSAS Critical Thinking Seminar

##### Ice: beyond the hype

This seminar aims to:

- Clarify the differing effects of speed (amphetamine) and ice (methamphetamine) on the central nervous system through an exploration of their differing pharmacodynamics and pharmacokinetics.
- Examine potential harms.
- Review the changing construction of stimulants from their early origins in Chinese medicine to their everyday use as a decongestant of choice in the 1930's, to post-war weight loss panaceas and antidepressants through to current controversies regarding their use in children.

**Geelong Conference Centre, Adams Court, Eastern Park.**

**Time 2pm -4pm Cost: Free** To book contact Lou Vaughn 94158860 or [www.ysas.org.au](http://www.ysas.org.au)

### 2nd April 2009

#### Dialectical Behaviour Therapy (DBT)

##### An Effective Treatment for Borderline Personality Disorder

Rendezvous Hotel (Melbourne)

Dialectical Behaviour Therapy (DBT), developed by Marsha M. Linehan, Ph.D., ABPP, at the University of Washington, is a systematic cognitive-behavioural treatment for borderline personality disorder (BPD) especially for individuals with chronic patterns of suicidal or other severe dysfunctional behaviours. Since its inception, DBT has been adapted as a treatment for other complex, difficult-to-treat disorders including occurring conditions. Balancing acceptance and change strategies, DBT calls on the patient and the therapist to accept reality while maintaining a strong and conscious commitment to change. Research has shown DBT to effectively reduce suicidal behaviour, dropout from treatment, psychiatric hospitalization, anger, and



# Newsletter

## March Newsletter 2009

interpersonal difficulties. DBT also has been adapted to treating substance-abusing individuals with BPD and shown to be effective for this population.

### **TOPICS-** General Overview of BPD and DBT

Structure, goals, and stages of DBT treatment

DBT treatment strategies, Identify and apply pre-treatment commitment strategies, DBT treatment team, Identify and apply pre-treatment commitment strategies, Getting Started with DBT in your workplace or private practice.

### **Workshop Leader-Peter King, Unity Foundation**

Having previously worked for over 10 years in the public mental health system, Peter King spent the past 3 years developing the Centre for Evidence Based Mental Health and working as CEO of Unity Foundation.

*Early Bird Rate \$499 (Prior to 6/3/09) \$599 after*

**PH: 02 6628 2901 [www.ppled.com.au](http://www.ppled.com.au)**

### **3rd April (or 20th April)**

**Barwon Youth presents... "Supporting young people to quit smoking".**

Barwon Youth, 25 Gordon Avenue, Geelong West.

Please find attached information about the one-day training provided by QIUT. Free training

Contact Salli Hickford [shickford@barwonyouth.org](mailto:shickford@barwonyouth.org)

### **6-7<sup>th</sup> April 2009**

#### **PHAA Conference - Justice Health in Australia: Beyond the Convict Era**

The Public Health Association of Australia's (PHAA) upcoming conference on Justice Health will be held in Melbourne on 6-7 April 2009. The conference program has been designed to facilitate involvement from a broad range of people with different perspectives on justice health within the Australian community. The main theme for the conference is Justice Health in Australia: Beyond the Convict Era. The first day of the conference will focus on the sub-theme Putting Families and Communities First, while the sub-theme for the second day will be Beyond the Revolving Door. Day One Theme: Putting Families and Communities First Concurrent Session Titles: Morning: 1. Transition to community and continuity of care; 2. Blood borne viruses, tobacco and other drugs; and 3. Industry, economic and employment imperatives. Afternoon: 4. Advocacy, health services and planning; 5. Blood borne viruses and lifestyle diseases; and 6. Transition to community, Indigenous Australians and stories to be told. Day Two Theme: Beyond the Revolving Door Concurrent Session Titles: 1. Prevention, early intervention and sexual health; 2. Mental health and comorbidity issues; and 3. Indigenous Australians and targeted interventions for at-risk groups. The conference

will be attended by a very broad cross section of individuals and organisations with an interest in justice health including: health and related service providers; policy makers from within the health and justice sectors; representatives from the policing and criminal justice sectors; prisons management; unions representing those working within the sector; employer and business groups providing transitional employment opportunities; a range of community organisations and advocates as well as representatives of prisoners and their families. Hilton on the Park, Melbourne  
<http://www.phaa.net.au/JusticeHealthConference.php>

### **Tuesday 7<sup>th</sup> April,**

#### **Grief & Bereavement Seminar**

Geelong Hospital, Ryrie Street, Geelong.

Half day forum is aimed at those people who work within the Human Services field and their experience of Grief & Bereavement when working across the life span.

Registrations close: 21st March. T: 03 5226 7525

\$50.00/ \$40.00 Barwon Health staff

[jacinta.bourke@barwonhealth.org.au](mailto:jacinta.bourke@barwonhealth.org.au)

### **20<sup>th</sup> April**

**Barwon Youth presents... "Supporting young people to quit smoking".**

Barwon Youth, 25 Gordon Avenue, Geelong West.

One-day free training provided by QIUT.

Contact Salli Hickford [shickford@barwonyouth.org](mailto:shickford@barwonyouth.org)

### **20-23<sup>rd</sup> April**

Harm Reduction 2009 – Thailand The conference will be held at the Imperial Queen's Park Hotel over four full days - Monday 20th April –Thursday 23rd April.

Please visit [www.ihra.net/Thailand/News](http://www.ihra.net/Thailand/News) to view the open letter from Professor Gerry Stimson.

### **23 April 2009**

#### **Understanding MOOD DISORDERS Workshop**

MELBOURNE (Rendezvous Hotel)

This workshop describes mood disorders and the impact that they can have on a person's day to day life. It outlines risk factors, warning signs and advises people of possible referral paths. It also provides participants with practical strategies that can be used to assist people who are struggling with mood disorders.

**TOPICS-** The Alarming Rise of Mood Disorders -What are the Current Trends Here and Overseas?

What is the Impact of a Mood Disorder?

Psychological Interventions, Self Medicating



# Newsletter

## March Newsletter 2009

**Workshop Leader -Jane Sleeman** is a Registered Psychologist in a Private Practice that specialises in depression, anxiety and chronic illness. She is the Founder of Hollyhox Positive Resources and Director of Inside Out Psychology and also works as a Facilitator for the Black Dog Institute.

Early Bird Rate \$499 (Prior to 6/3/09) \$599 after

PH: 02 6628 2901 [www.ppled.com.au](http://www.ppled.com.au)

### 30<sup>th</sup> April 2009

#### **Creating Connections: Practice Development Workshop Series -Workshop 2 Pathways Approach**

The Council to Homeless Persons in conjunction with the Youth Substance Abuse Service Education and Research Unit, Melbourne Citymission and the Salvation Army have developed a comprehensive Practice Development Workshop Series for practitioners within the youth homelessness service sector. Funded by the Department of Human Services (DHS), this integrated Practice Development Workshop Series is a key component of the Creating Connections Youth Homelessness Action Plan Stage 2: 2006-2010 and comprise 3 one-day workshops delivered in each DHS region. The interactive workshops are designed to have practical application for front line youth homelessness practitioners and build on existing professional skills and knowledge. Practitioners in generalist homelessness services working with young people are also encouraged to attend.

#### Pathways Approach

One way to better understand young people's experience of homelessness is to adopt a pathways approach. Examining the pathways into and out of homelessness, in order to understand the triggers and impacts of homelessness, can shed light on the long term effectiveness or otherwise of practice interventions. This one-day workshop offers youth homelessness practitioners the opportunity to:

- critically examine the key concepts underpinning the pathways approach;
- reflect on the Australian and international use of pathways models across different service sectors;
- explore how a pathways approach is applied as a conceptual framework to young people's movement into, through and out of homelessness; and,
- identify practical strategies for applying a pathways approach in working with young people in the homelessness service system.

Training based in Colac and are free. (2 further sessions 31/3 - 15/6)

For more information EMAIL: [lvaughan@ysas.org.au](mailto:lvaughan@ysas.org.au) FAX: on (03) 9415 8279 or go to [www.ysas.org.au](http://www.ysas.org.au)

### 6-8 May 2009

**NADA CConference – Community Responses to Complex and Diverse needs'** at Dockside, Darling Harbour, Sydney. The conference is co hosted by the Mental Health Coordinating Council (MHCC) and the Network of Alcohol and Other Drug Agencies (NADA). Community service providers today acknowledge the existence of coexisting problems for many people

accessing services and are looking for a paradigm shift in service delivery approaches that will provide meaningful responses to people's diverse needs.

The conference will:

- Explore innovative and creative ways to engage and assist people with complex and diverse needs.
- Highlight different community sector approaches, challenges and areas for development.
- Create a space to network with a diverse range of providers, policy makers, researchers, service users and carers.
- Celebrate community sector achievements and leadership in working with people who have complex and diverse needs
- Inspire by exposing delegates to speakers and workshop presenters who will provoke and motivate with challenges, brainstorming opportunities, new thinking and strategies
- Inform with the latest on policy directions and new approaches at state and national level.

For more info <http://www.nada.org.au>

### 7<sup>th</sup> May

#### **YSAS Critical Thinking Seminar journeys in inner space: ketamine and the NMDA antagonists**

'I was no longer in my New York apartment. I was in Egypt, inside a pyramid lying inside an open sarcophagus..... I felt that this light which moved through me and radiated from me, connected me with everything else through space and time...'

This seminar will provide an overview of recently synthesized compounds that seldom come to the attention of AOD workers and as a result retain an air of mystery.

- Phenethylamines, tryptamines, piperazines and dissociatives
  - The NMDA receptor
  - Pharmacology and pharmacokinetics
  - Down the K-hole: The Near Death Experience
  - Minimising the risks associated with these drugs
- Geelong Conference Centre, Adams Court, Eastern Park. Time 2pm -**



# Newsletter

## March Newsletter 2009

**4pm Cost: Free** To book contact Lou Vaughn 94158860 or [www.ysas.org.au](http://www.ysas.org.au)

**14, 15 & 22 May.**

### **Train The Trainer – The Training Team**

A practical three-day program oriented for human services to address planning, delivering and reviewing training.

• Program Design • Modes of Learning • Processes and Activities • Group Dynamics • Presentation Skills • Assessment and Evaluation. With opportunity for practice and feedback. Cost: \$530

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

**17-19 May 2009**

### **Interagency National Conference Alcohol and Other Drugs - Alice Springs**

A national conference in the Northern Territory to showcase practice innovation, evolving evidence, challenges and opportunities.

Interagency National Conference  
Alcohol and Other drugs 17-19 May  
[dcm@desliens.com.au](mailto:dcm@desliens.com.au)

**18th and 19th May 2009 (or 17th and 18th Aug, 29th Oct and 5th Nov)**

### **SINGLE SESSION WORK (SSW): Making the most of every encounter – The Bourvrie Centre**

To introduce the aims, practice principles, techniques and strategies of SSW. Learn the 'nuts and bolts' of SSW practice and explore implementation strategies for various service settings.

#### **Learning Outcomes:**

- Describe the history and philosophy of a SSW approach
- Describe what SSW is and what it is not
- Discuss indications and contra-indications for SSW
- Identify and practise particular skills associated with SSW
- Practice via role play intake, session and follow-up phone call, including the micro skills of SSW paperwork
- Describe various applications of the SSW ideas
- Outline a process for implementing SSW in a service setting
- Develop an implementation plan.

#### **Who Should Attend:**

March, 2009

Professionals, including counsellors, therapists, case managers, team leaders or managers interested in understanding and / or applying a SSW approach either in their individual clinical practice or as a treatment modality within their agency. Cost:

<http://www.bouverie.org.au/category/8/25/48/231#SINGLESSESSIONWORKSSWMakingthemostofeveryencounter>

**25-27 May 2009**

### **The Australian Winter School**

Research Policy Practice

The Australian Winter School 2009, held over three days, has been divided into separate themes for each of the three days, they are:

Monday: National Best Practice – Alcohol and Tobacco

Tuesday: National Best Practice – Challenges

Wednesday: National Best Practice – Illicit Drugs

Look at the Plenary Speakers page in the top menu to see confirmed plenary speakers for the conference.

Confirmed presenters for the 2009 conference include Mel Miller who will be presenting the Opening Day Oration

[www.winterschool.info](http://www.winterschool.info)

**27 – 28<sup>th</sup> May**

### **4th National Conference on Anxiety & Depression – Reconnexion**

The Melbourne Exhibition and Convention Centre

The conference format will remain the same as in 2008 with keynote, plenary and concurrent sessions allowing participants to attend sessions in specific areas of interest. Cost of registration will remain at an achievable \$440 with a reduction for early bird registration; our wish is to ensure the price doesn't exclude people from attending.

Who Should Attend drug and alcohol counsellors, private psychologists, psychologists working in public health settings, general practitioners, psychiatrists, social workers, counsellors, nurses, teachers and university educators.

What people said about the 2008 conference: "First conference in years which has excited me with possibilities" "Great to have a practitioner focused conference" "A wonderful experience" "Thank you very much for a very rewarding and professional experience"

For more information or to register your interest please contact Education & Training Manager [janet@reconnexion.org.au](mailto:janet@reconnexion.org.au) or phone 03 9886 9400. [www.reconnexion.org.au](http://www.reconnexion.org.au)

**29 May**



# Newsletter

## March Newsletter 2009

### Uniting Head and Heart: The Power of Behavioural Experiments in CBT - One Day Workshop

Associate Professor James Bennett-Levy will deliver this experiential workshop which will be held at the Melbourne Convention Exhibition Centre. The workshop will give participants the opportunity to learn how to use one of the most powerful methods to bring about change. [www.reconnexion.org.au](http://www.reconnexion.org.au)

**May 29**

### Professional Supervision Skills

Theoretical frameworks and practical skills for health and community service professionals who are required to provide supervision of professional practice.

- What is it and why do it? • Alfred Kadushin's model explained • Six essential supervisory skills – when and how to use them • Preparing yourself and your supervisee • Establishing a supervision agreement • Giving feedback • Case studies • Dilemmas and how to deal with them • Self care Cost: \$188

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

**June**

**June 15 (OR September 8 OR November 23.)**

### Team Leaders Workshop - The Training Team

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning • Strategies for creating effective teamwork • Leading in an environment of change • Dealing with difficulties. Cost: \$213

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

**15<sup>th</sup> June 2009**

### Creating Connections: Practice Development Workshop Series - Workshop 3: Early Intervention

The Council to Homeless Persons in conjunction with the Youth Substance Abuse Service Education and Research Unit, Melbourne Citymission and the Salvation Army have developed a comprehensive Practice Development Workshop Series for practitioners within the youth homelessness service sector. Funded by the Department of Human Services (DHS), this integrated Practice Development Workshop Series is a key component of the Creating Connections Youth Homelessness Action Plan Stage 2: 2006-2010 and comprise 3

one-day workshops delivered in each DHS region The interactive workshops are designed to have practical application for front line youth homelessness practitioners and build on existing professional skills and knowledge. Practitioners in generalist homelessness services working with young people are also encouraged to attend.

**Early Intervention**

Early Intervention is being given an important new emphasis in working with young people at risk of and experiencing homelessness. The youth homelessness sector has responded in significant ways over the past decade. This one-day workshop offers youth homelessness practitioners the opportunity to:

- explore some of the recent key concepts of early intervention within the context of youth homelessness;
- define the relationship and distinctions between prevention and early intervention; and,
- build upon current knowledge and broaden their awareness of where and how the opportunity for early intervention may apply within youth homelessness practice response.

Training based in Colac and are free. (2 further sessions 31/3 - 15/6) For more information EMAIL: [lvaughan@ysas.org.au](mailto:lvaughan@ysas.org.au) FAX: on (03) 9415 8279 or go to [www.ysas.org.au](http://www.ysas.org.au)

**22 June.**

### Time and Workload Management

Get yourself better organized: • Understand and develop your natural style • Set and negotiate changing priorities • Deal with the unexpected • Lessen stress • Use Planning tools and strategies • Practical tips for saving time • Hints for managing Email Cost: \$188

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

**August**

**17 & 18 August (OR November 17 & 18)**

### Group Facilitation Skills- Teamwork Training Services

A two-day program: • Enliven and improve the effectiveness of your group programs • New ideas and activities • Four keys for effective planning • Group theory • Strategies for dealing with difficult dynamics. Cost: \$360

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094



# Newsletter

## March Newsletter 2009

**17th and 18th Aug 2009 (or 29th Oct and 5th Nov 2009)**

**SINGLE SESSION WORK (SSW):** Making the most of every encounter – The Bourrvie Centre

To introduce the aims, practice principles, techniques and strategies of SSW. Learn the 'nuts and bolts' of SSW practice and explore implementation strategies for various service settings.

**Learning Outcomes:**

Describe the history and philosophy of a SSW approach

Describe what SSW is and what it is not

Discuss indications and contra-indications for SSW

Identify and practise particular skills associated with SSW

Practice via role play intake, session and follow-up phone call, including the micro skills of SSW paperwork

Describe various applications of the SSW ideas

Outline a process for implementing SSW in a service setting

Develop an implementation plan.

**Who Should Attend:**

Professionals, including counsellors, therapists, case managers, team leaders or managers interested in understanding and / or applying a SSW approach either in their individual clinical practice or as a treatment modality within their agency. Cost:

<http://www.bouverie.org.au/category/8/25/48/231#SINGLESESSIONWORKSSWMakingthemostofeveryencounter>

**26 August**

**Presentation Skills**

Build your confidence and skill in making stimulating presentations. Are you daunted by the prospect of speaking in front of an audience? Few people are naturals at making presentations. Learn • Techniques to engage your audience • Structure your presentation • how to get your message across • use appropriate body language • manage 'public speaking nerves'.. Cost: \$188

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

**September**

**September 8 (OR November 23.)**

**Team Leaders Workshop - The Training Team**

A 'hands on' day for people in a team leadership role:

• Tools to assess your team's functioning • Strategies for creating effective teamwork • Leading in an environment of change • Dealing with difficulties. Cost: \$213

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

March, 2009

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

**October**

**29th Oct and 5th Nov 2009**

**SINGLE SESSION WORK (SSW):** Making the most of every encounter – The Bourrvie Centre

To introduce the aims, practice principles, techniques and strategies of SSW. Learn the 'nuts and bolts' of SSW practice and explore implementation strategies for various service settings.

**Learning Outcomes:**

Describe the history and philosophy of a SSW approach

Describe what SSW is and what it is not

Discuss indications and contra-indications for SSW

Identify and practise particular skills associated with SSW

Practice via role play intake, session and follow-up phone call, including the micro skills of SSW paperwork

Describe various applications of the SSW ideas

Outline a process for implementing SSW in a service setting

Develop an implementation plan.

**Who Should Attend:**

Professionals, including counsellors, therapists, case managers, team leaders or managers interested in understanding and / or applying a SSW approach either in their individual clinical practice or as a treatment modality within their agency. Cost:

<http://www.bouverie.org.au/category/8/25/48/231#SINGLESESSIONWORKSSWMakingthemostofeveryencounter>

**November**

**17 & 18 November**

**Group Facilitation Skills- Teamwork Training Services**

A two-day program: • Enliven and improve the effectiveness of your group programs • New ideas and activities • Four keys for effective planning • Group theory • Strategies for dealing with difficult dynamics. Cost: \$360

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

**23-26<sup>th</sup> November**

**2008 APSAD National Conference Darling Harbour, Sydney, NSW 23-26 November 2008 [www.apsad.org.au](http://www.apsad.org.au)**

**23 November.**

**Team Leaders Workshop - The Training Team**



# *Newsletter*

**March Newsletter  
2009**

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning
- Strategies for creating effective teamwork
- Leading in an environment of change
- Dealing with difficulties. Cost: \$213

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094