



Newsletter

Newsletter March
2010

This Newsletter is part of the regional AOD Youth Capacity Building Role. Welcome to the first newsletter for 2010. Hope everyone has had a fantastic Christmas and gearing up for a fantastic new year. If you have any comment, events, information that you would like included in future newsletters or feedback please don't hesitate in contacting me at jtaylor@barwonyouth.org.au

Notice board

The Youth Access Program

The Youth Access Program will cease operation after six years in the South West region of Victoria. The service auspiced by Barwon Youth has provided an essential alcohol and other drug outreach service for young people aged 12 – 21 years of age. This service was particularly important to the smaller rural regions of Victoria such as Corangamite and Glenelg Southern Grampians.

The program has operated successfully for the past six years through funding from the Alcohol Education Rehabilitation Foundation (AERF) and Proceeds of Crime, Federal government funding.

The service would like to take this opportunity to thank all that have supported the program through the years, particularly services such as WRAD, Glenelg/Southern Grampians Drug Treatment Services, and Brophy Family & Youth Services.

Thank you also to the young people and their families who it has been a privilege to work within their own communities.

Online community for and by people with a disability

Victoria's first online community for and by people with a disability, Divine aims to inform, engage and entertain. The site encourages participation and a sense of belonging. It is a safe space where people with a disability can share their passion and unique perspective with thousands of other Victorians. www.divine.vic.gov.au

Victoria Police – 'My Place'

Victoria recently launched a new website application that enables people to search for current crime statistics in their local area, simply by typing in their postcode and is updated every quarter.

'My Place' is a great opportunity for the community to view local crime statistics in an open and transparent way, and enables them to learn how to avoid being a target of crime by following basic prevention tips.

NCPIC – Training opportunities

The workforce development team at NCPIC has been offering free cannabis training to the alcohol and other drug, allied health, education, justice and community sectors since December 2007. The current 2009- 2010 workplan has introduced workshops around clinical guidelines, including teaching the basic clinical principles of motivational enhancement and cognitive behavioural therapy. If you would

like more information about whats on offer through NCPIC please contact training@ncpic.org.au

Youth training was delivered in 2009 by Dr John Howard across Australia. The content of the workshops will be available in a self directed format within the NCPIC website in the near future and a train the trainer package developed for 2010. A more youth friendly version of the do it yourself 'quitting cannabis' booklet is being developed with young people not engaged in school and home settings and will be available in 2010. For further information on this please call John Redmond, (02)93850451 or email training@ncpic.org.au

New report: Work life issues and participation in education and training.

This report examines how work life pressures influence the capacity and motivation of individuals, particularly low paid workers, to engage in education and training. To read the full report please see the weblink <http://www.ncever.edu.au/research/proj/2216.pdf>

New report: Family Courts violence review – Attorney General's Department

This report focuses on the laws, practices, and procedures that apply in family law cases that raise family violence concerns. To read the full report see the weblink <http://www.fya.org.au/wpcontent/uploads/2009/11/CACHEDUVIE=03a661823972e728a3811aec6857e15a9/ImpactofracismFYAreport.pdf>

Salvation Army Social Housing Service (SASHS)

The Colac Housing office is relocating as of end of February. The relocation will be to Salvation Army Colac Corp at 100 Bromfield st.

AOD Recruitment and Retention Study

The Department of Health is currently conducting an AOD Workforce project aimed at developing a more in depth understanding of the AOD workforce across Victoria. A survey has been developed in consultation with stakeholders to collate information regarding recruitment and retention issues This survey has been mailed out to CEOS and relevant managers of AOD services. Completed responses must be completed by the 19th March. For further information email Shaymaa.elkadi@dhs.vic.gov.au

Name the volunteers of the year in Victoria

Nominations are now open for the

- Community volunteering achievement awards
- Community Volunteering leadership award
- Young People's Community Participation award
- Community Volunteering New Technology Award

Nominations close on 24th March. For further information please call 1800092032 or nominate online at www.awardsaustralia.com/pcva



Newsletter

Newsletter March
2010

Mental Health Advice Line

This line is now up and running around Australia providing a source for expert advice, information and referral on any mental health issue, available 24 hours, 7 days per week.
1300 280 737

More information can be found at www.health.vic.gov.au/mhal

Nominate now for the 2010 National Drug and Alcohol Awards

Nominations are now open for the 2010 National Drug and Alcohol Awards (NDAA) which honour the dedication and innovation within the alcohol and other drug sector in Australia. To find out more about the awards, organizations or individuals are encouraged to log onto the NDAA website at www.drugawards.org.au. Nominations close on 16 April 2010. Tickets are on sale for the Awards dinner at the Citigate Hotel in Brisbane on Friday 25th June 2010. Bookings can be made on line at the website, www.drugawards.org.au <<http://www.drugawards.org.au/>> , or by telephoning 02 93056621

New report: The impact of racism upon the health and wellbeing of young Australians 2009.

This report explores the attitudes of young Australian youth in relation to key issues in contemporary race relations such as cultural diversity, tolerance and privilege.

To read the full report see weblink: http://www.fya.org.au/wpcontent/uploads/2009/11/CACHE_DUVIE=03a661823972e728a3811aec687e15a9/Impact_of_Racism_FYA_report.pdf

Funding Available

Grantready – Community Grant Guru

As you are all aware community grant programs typically offer funds that range in size from \$5000 to \$1,000,000. At any given time there are approximately 1500 grants available to assist community groups.. However these all sit on hundreds of different websites and forever changing. In response the database called Community GrantGuru with all of the grants listed in one place has been developed. It is free and easy to use and lists grants in the areas of arts, community services, education, environment and health, infrastructure, multicultural projects, and much more. Grantready can also provide assistance in many other things related to grants. It can be accessed at <http://community.grantready.com.au>

Festivals Australia

Festivals Australia aims to encourage cultural activity in regional and remote communities and to support a sense of place and community identity. This program funds to add a new innovative or special cultural activity to a festival. Examples of festivals Australia projects include a performer coming to a remote festival, the creation of a sculpture or short film etc.

Eligibility guidelines and application forms can be accessed from www.arts.gov.au/arts

Community Promotion Signs

Did you know that the City of Greater Geelong has 23 locations around the region that you can use to promote community events? Sign permits are available for not for profit organizations or events that are of significant cultural interest to the local community.

To find out more about promoting your next event head to www.geelongaustralia.com.au home page and search for community signs. For more information call Fiona Brabham on 52724659 or email fbrabham@geelongcity.vic.gov.au

Resources

Information for Young People

National Youth Week 2010 Website

The National Youth Week website is now live and a competition has been launched to choose two locations for national launch events. The National Youth Week ourspace competition invites young people to submit an audio, video or photographic entry about the contribution young people make to their home town. Two winning locations (one urban and one regional) will host a national launch event. So just google National Youth Week...

TESTme Service

This service is funded by the Department of Health & Ageing and is provided by the Melbourne Sexual Health Centre/ Access to free testing and treatments for Sexually transmitted infections through telephone or Webcam. This service is for young people under 25, indigenous young people, and same sex attracted, living in Victoria, 150 km away from Melbourne. Go to www.TESTme.org.au

Financial Counselling

Financial counselors offer a free and confidential service in which they are able to assist clients with debt issues by negotiating payment arrangements with creditors, advocating on behalf of clients, providing information on bankruptcy, legal rights, available concessions, centrelink entitlements, youth allowance and general budgeting advice.

The financial and consumer rights council Inc (FCRC) as the peak body for financial counselors has developed a postcard to raise awareness of financial counseling services amongst regional youth in Victoria.

Contact on 96632000 or at anushkad@frc.org.au

Youth Future Crew

The YFC is a group of young people aged 12-25 years who have used headspace services, that get together fortnightly to have a say about youth health services. They advise



Newsletter

Newsletter March
2010

headspace on developments and activities and work on youth health awareness campaigns. Members are reimbursed for their time. If you have a client that may be interested contact Mike 0447 799 736 or Michael@gpageelong.com.au

The Girl in the Mirror

Matchbox Theatre Company in association with HEADSPACE Barwon, the Courthouse Youth Arts Centre and the City of Greater Geelong will be presenting this performance from April 16th – 24th in the Stott Theatre, Lt Malop St, Geelong.

The performance touches on the issues of youth suicide, there will be specialists and professional consultants in a follow on discussion for the audience.

Tickets are available through the GPAC Box office, Ph: 52251200

OxyGen – a new website aiming to inform young people about tobacco so they can make their own decisions about smoking. It is an interactive website which includes a section where young people can share videos, pictures and stories. Check it out, www.OxyGen.org.au
Also it is Youth free tobacco day on Friday March 19th....

Handbrake Turn - Geelong

Certificate one in automotive, free 8 week course, job training and support, conducting interviews now for a new course commencing on the 29th March. Phone Geraldine for interviews on 52770108

Indigenous Music Competition

NCPIC has recently launched an indigenous music competition. It is open to indigenous Australians of all ages and requires entrants to record a song onto CD or tape that expresses their ideas on the negative impact that cannabis has had on their community. There is a \$2000 prize for the winning entrant, with entries closing on 31 May 2010. To download a copy of the flier or entry form go to <http://ncpic.org.au/ncpic/news/competitions/article/indigenou-s-music-competition>

Useful websites for young people to access in relation to bullying

<http://www.cybersmart.gov.au>

<http://www.cyberbullying.info/office.php>

<http://www.stopcyberbullying.org/kids/index.html>

Barnados OfficeMax Max e Grants Program

This program can provide grants for nominated children and young people up to a maximum of \$5,000 per individual to support, promote and encourage their educational potential and outcomes. For further information, see <http://www.bmaxe.com.au/html/>

Online application:
<https://www.bmaxe.com.au/html/application-form.old.cfm>

Edmund Rice Camps

Please go to the following website for more information on Edmund Rice Camps for disadvantaged, indigenous, and refugee children, http://www.ercvic.com/about_erc.php

Do you use ecstasy?

Turning Point is currently looking for ecstasy users to participate in a three wave online survey. The survey is to look at users and community attitudes towards ecstasy.

If you are between the ages of 16 – 25 and have used ecstasy in the past year or work with clients who may fit this criterion please help us by visiting the following website and completing a few eligibility questions: www.scenesurvey.com

If they qualify for the study and go on to participate in this confidential online research you will receive a \$20 gift voucher at each time point.

Contact Amy Pennay at Turning Point with any questions amyp@turningpoint.org.au or 03 8413 8460

Diversitat Youth Services are now taking enrolments

Diversitat youth services is dedicated to providing a supportive and encouraging adult learning environment for young people. We cater for the needs of individual, while promoting independent learning and self confidence.

- Xpress Literacy and numeracy skills development
- SWEET – Success with employment education and training

Please contact reception to arrange an intake interview, or speak to someone about the programs – 03 52233222

Professional Development Opportunities

The tenants Union of Victoria

The tenants union of Victoria invites you to attend a one day training workshop on new approaches to the tenancy law. Workshop one looks at the 'charter of Human Rights and Responsibilities Act, and workshop 2 looks at the 'Family Violence Protection Act'. A number of workshops are on offer across a number of different sites in Victoria. For further information on dates and venues please contact Helen Munro on 94160513, or hmunro@tuv.org.au

The Bouverie Centre

The Bouverie Centre's training calendar is not available as yet but they have a few training sessions coming up worth mentioning –

- Single session work – 15th and 16th March
- Compassion Fatigue - 23rd March
- Free Family sensitive Practice Forum: Family Psycho-Education in Mental Health – What should it include and what about the process – 24th March – 2 hour session.

For further info go to www.bouverie.org.au



Newsletter

Newsletter March
2010

Turning Point Alcohol and Drug Centre – Talking Point – Alcohol and Drug issues seminar series

From February to June 2010 one hour sessions will be held between 1pm – 2pm at the training room, 142 Gertrude st. Bookings are essential and can be made by calling 8413 8413.

The following sessions will be held –

- Moving forward the smart way – February 26th
- There's a riot going on – findings from the British heroin trial and future options for Australian opioid pharmacotherapy – March 26th
- The Billabong BBQ – connecting the Fitzroy Koori community – April 23rd
- The new outreach ? using web 2.0 to engage with clients and reduce drug related harm – May 28th

For more information go to www.turningpoint.org.au.

Graduate Certificate of Social Science (Community Engagement)

A new course at Swinburne, Graduate Certificate of Social Science (Community Engagement). More information call Sharon Templeman on 92146848 or

STempleman@groupwise.swin.edu.au

Reconnexion's Education & Training Calendar

- Cognitive Behaviour Therapy for anxiety and depression
- Diabetes, anxiety and depression (with DAV)
- Cognitive behavioural & solution focussed approaches to working with anxious and depressed young people and their families
- Mindfulness CBT
- Alleviating anxiety and depression-substance using clients. If you would like more information on the above programs or are interested in having a program developed for your organisation please email janet@reconnexion.org.au
222 Burke Road, Glen Iris info@reconnexion.org.au
T:1300 273 266 www.reconnexion.org.au

Mental Health First Aid Training

Based on the conventional first aid model, Mental Health First Aid (MHFA) can help you identify symptoms, causes and risk factors for the following high prevalence disorders:

- Depression
- Anxiety
- Psychosis
- Substance Use

Further, the course also teaches you how to respond to someone who:

- May be suicidal
- May be having a panic attack
- Appears threatening
- May have taken a drug overdose

Norwood offers the following types of courses

Adult MHFA (in English and Vietnamese)

Youth MHFA (Extra modules are Eating Disorders and Non suicidal self injury)

The MHFA courses can be delivered over two days or as four modules of three hours each. We run public courses and customised courses to suit your organisational needs delivered at a time and place to suit you. Our course is suitable for 15-20 participants. Participants who complete all units receive a Certificate of Attendance from the Mental Health First Aid body auspiced by Orygen Research Centre - University of Melbourne.

Norwood's Instructors are experienced mental health practitioners. For our latest courses and more information, please visit our website on this link:

www.norwoodservices.org.au/firstaid

The Australasian Housing Institute presents 'Mental Health First Aid' in Melbourne 22nd & 23rd March; and Bendigo 25th & 26th March.

Contact David Jones for further information, david.jones@housinginstitute.org

Mediation and training services Barwon South West

5, 6, 7 & 12,13,14 May or 4,5, 6 & 11,12,13 August 2010.

This intensive three day course of mediation training is for professionals who wish to learn the skills required for creative conflict resolution. To become an accredited mediator you need to complete six days in total.

Training includes comprehensive notes, morning and afternoon teas, and lunch each day.

Contact Pam Clark on 52428526 or 0431930935 Or pam@conflictresolvers.com.au

Turning Point Alcohol & Drug Centre

Turning point have been funded to deliver the following training courses

- Pharmacotherapies – 22nd April & 10th June
- Acceptance and Commitment Therapy – Monday 31st May and 1st June
- Psychostimulants – 20th April & 8th June
- Working with groups – 21st & 22nd June

Flyers and registration forms are available at www.turningpoint.org.au

March

'So Gay, so what?'

An introduction to working with same sex attracted young people, and strategies to effectively challenge homophobia.

Tuesday 16th March 2010, Latrobe university, 215 Franklin st, Melbourne

Training is free, to book your place please email Roz Ward on r.ward@latrobe.edu.au or call (03) 92855131

'A Gender agenda'



Newsletter

Newsletter March
2010

An introduction to working with transgender or gender questioning young people and supporting gender diversity.
Thursday 25th March, 9.30am – 12.30pm
Latrobe University, Franklin st, Melbourne.
To book your free place, please contact Roz Ward on r.ward@latrobe.edu.au or call 03 9285 5131

Assessment of risk and needs in family work

Friday March 26th 2010, the aim of the workshop is to assist workers to develop a solid understanding of what constitutes risk and needs in family assessment and how to undertake comprehensive risk and needs assessment processes.
To register please contact Jane Lawrence on 03 9614 1577 or training@cwav.asn.au

April

'New media and engaging communities'

Tuesday 13th April, Gordon City Campus, 10am -12. For further information go to www.meetup.com and search for community engagement.

Random acts of Counselling

A one day experiential workshop to learn and practice communication and counseling skills.
Monday 31st March, 9.30 – 4.30pm, at Norlane Community Centre.
To register email p.p.training@ozemail.com.au or phone 02 9949 9609

Conferences – up and coming

Community Southwest invites your participation in the 'Towards 2020 Collaboration: Doing it better by 2020, Not for profit conference, 25 & 26th March 2010

Register your interest by calling Community Southwest on 55591032 or by accessing the registration forms on our website www.communitysouthwest.com

8th Annual Health and Homelessness Forum "Diversity at work"

Thursday 25th March, Beechworth, free of charge, must rsvp before the 18th March.

Navigating the maze – Cybersafety and wellbeing

9th – 10th April 2010, Hilton on the Park, Melbourne.

Effective Aboriginal & Torres Strait Islander Service Delivery – Beyond consultation to shared responsibility

20th & 21st April, Crowne Plaza, Alice Springs, Northern Territory. www.indigserviceelivery.com

Building Bridges National Community Mental Health and Addictions Conference 2010

Transcending barriers, cultures and differences in our approach to community mental health and addictions services.
14th – 16th April 2010, Wellington, New Zealand.

'Health in Difference' Conference

This conference regarding the health and wellbeing of lesbian, gay, bisexual, transgender, intersex, queer, and other sexuality, sex and gender diverse persons will be held in Sydney from 29 April to 1 May 2010. See www.lgbthealth.org.au/Health-in-difference-2010

Reconnexion's 5th National Anxiety and Depression Conference, May 2010

For more information contact Janet Haynes on 03 98869400 or email – janet@reconnexion.org.au

The inaugural National Indigenous Drug and Alcohol Conference 'Listening, Learning, and Leading' 16 – 18th June 2010

Adelaide Convention Centre.
Call for abstracts close February 5th 2010
Earl bird registration closes Monday 15th March 2010
For more info go to www.nidaconference.com.au