

Alcohol and Other Drugs Youth Capacity Building

March 2011

This Newsletter is part of the regional AOD Youth Capacity Building Role funded by Department of Health, Mental Health, Drugs and Regions. If you have any comment, events, information that you would like included in future newsletters or feedback please don't hesitate in contacting me at shickford@barwon youth.org.au

Notice board

SWITCH ON: DO IT FOR YOURSELF LAUNCH

'Switch On: do it FOR YOURself' is a set of resources to support young people transitioning to independent living.

There are helpful tips, ideas and guides to help out with everything from where to get free food and cheap furniture, to how to budget and keep money under control.

Developed with young people and staff in the Out of Home Care system in Victoria, the information in the resources is useful for any young person moving towards living independently.

The resources include:

- Helper's Folder (CD-rom)
- Magnetic flip chart
- Wallet card

Preparing for independence begins years before young people physically move out of home or their care experience, so don't wait to get started – start using Switch On today!

The Hon. Ryan Smith, Minister for Youth Affairs, will launch the resources at Berry Street's Richmond office on Friday, February 25th from 10am. To attend the event, please email rsvp@berrystreet.org.au. For more information email: switchon@berrystreet.org.au or call: (03) 9429 9266

MAKING WAVES: FREE CLINICAL SUPERVISION

Clinicians are invited to sign up to a new program where they receive FREE CLINICAL SUPERVISION to better manage clients who repeatedly report self-harm and other crisis behaviours.

Making Waves targets Treatment Interfering Behaviours (TIB), which can include repeated presentations of disruptive, problematic or challenging behaviours, which interferes with a client's ability to benefit from AOD treatment.

Making Waves involves six weekly sessions of group clinical supervision with a senior clinical psychologist.

Supervision is based on the latest evidenced based practice and targets difficult treatment presentations and therapeutic challenges.

It is ideal for AOD clinicians who want to learn about client management, therapeutic processes and treatment planning for complex clients. Interested? Contact Dr Kate Hall, KateH@turningpoint.org.au

2009 Victorian AOD Workforce Census

The capacity of the AOD service system to deliver quality treatment and support to clients and their families is contingent on the availability of an appropriately skilled, qualified, experienced and knowledgeable Workforce. It follows, therefore, that understanding the diversity of skills and qualifications of the existing AOD workforce is essential to future planning.

This report provides a profile of 669 respondents to the 2009 Victorian Alcohol and Drug (AOD) Workforce Census. The findings presented offer information about the demographic, educational and clinical profile of respondents. Respondents comprised individuals delivering government-funded Victorian AOD clinical services in late November 2009.

The report was launched by the Minister for Mental Health at the VAADA Conference on Thursday 17 February 2011.

Copies of the report will be sent to all funded Victorian AOD Services providers shortly. The report will also be available on the web at <http://www.health.vic.gov.au/aod/training.htm> in the coming week. Queries in relation to the document can be directed to SQWD@health.vic.gov.au. Please put the title of the Census in the subject line.

Case Note survey

Alcohol and Other Drug clinicians are invited to take part in a research project that will examine the use of case notes in AOD services. Currently there is significant variability in the way case notes are written and managed, with no guidelines to assist clinicians in how to develop this aspect of clinical practice. To find out more about common practices, Turning Point Alcohol & Drug Centre is conducting a study on case note writing and management in AOD settings.

AOD clinicians are encouraged to share their experiences by completing a survey. The anonymous online survey takes 20-30 minutes to complete and can be accessed at <http://www.surveymonkey.com/casenotesurvey>

Resources

Alcohol and other drug treatment services for States and Territories report

These eight new data bulletins summarise the main findings from the 2008-09 Alcohol and Other Drug Treatment Services National Minimum Data Set (AODTS-NMDS) for states and territories.

To read the full report see the weblink: <http://www.apo.org.au/research/alcohol-and-other-drug-treatment-services-states-and-territories>

GET INVOLVED IN THE YOUTH PARTICIPATION PRACTICE NETWORK IN 2011!

The Youth Participation Practice Network (YPPN) is made up of people from across Victoria who are passionate about the recognition of young people's social, economic and civil right to participate in the community and in organisational and political structures.

Anyone who is working in ways that include, encourage, or support youth participation is welcome to join! [Click here](#) for more information about the network or to join email pdo@yacvic.org.au

A model performance framework for community based crime prevention report

This paper examines a series of performance measurement frameworks to assist crime prevention organisations, communities, and local governments measure, in a systematic way, the implementation of crime prevention programs. To read the full report see the weblink: http://www.aic.gov.au/documents/B/D/9/CACHE_DUVIE=382a501639f89f64f824fcd883248e59/%7BBD9D5686-84DE-4914-ADFC-E9F4D6C3CE36%7Dtbp040.pdf

Working together to prevent child abuse and neglect report

The Australian Research Alliance for Children and Youth

The statutory child protection system is overburdened with notifications of alleged child abuse and neglect, with numbers more than tripling nationally between 1999/2000 (107,134) and 2008/2009 (339,454). To read the full report see the weblink: http://www.aracy.org.au/cmsimages/file/CACHE_DUVIE=f2a5260ac984a4ded86b76f16047ec10/CAARS%20Final-Report.pdf

Victorian Auditor Generals Report - "Managing Drug and Alcohol Prevention and Treatment Services".



Newsletter - Alcohol and Other Drugs Youth Capacity Building

I would like to draw your attention to the just released Victorian Auditor General's Report (VAGO) "Managing Drug and Alcohol Prevention and Treatment Services". Please follow this link http://www.audit.vic.gov.au/reports_publications/reports_by_year/2010-11/20110302_aod.aspx

Measuring the effectiveness of drug law enforcement report

The Australian Institute of Criminology was commissioned in 2004 by the National Drug Law Enforcement Research Fund to develop a drug law enforcement (DLE) performance measurement framework. The project's second stage, undertaken between 2006 and 2009, included developing and trialling an implementation plan to collect and analyse data from four law enforcement agencies – South Australia Police, Tasmania Police, Victoria Police and Customs. The report downloaded at: <http://www.aic.gov.au/en/publications/current%20series/tandi/401-420/tandi406.aspx>

Professional Development Opportunities

Highlighted Training is NEW to Newsletter

Boxed Training is training run in the Barwon South West region.

Qualifications

UPGRADE OPPORTUNITY - CERT IV to DIPLOMA IN MENTAL HEALTH & AOD

You may be eligible for an upgrade to the Diploma in Mental Health and Alcohol & Other Drugs based mostly - or even entirely - on Recognition of Prior Learning (RPL), at no cost. Upgrading by RPL is an effective and time saving way of achieving the Diploma in Mental Health and Alcohol & Other Drugs.

The Victorian Dual Diagnosis Initiative, Improved Services Initiative and Central Gippsland TAFE have developed a "ONCE OFF" process to enable this. Numbers for this are limited, so if you are interested, you should lodge your Expression Of Interest (EOI) as soon as possible. You may be eligible for this opportunity if:

- Your highest qualification in ANYTHING is at or less than Cert. IV
- You have workplace experience in the Mental Health field, and/or Alcohol & Other Drug field
- You have Cert. IV (or less) qualifications relevant to Mental Health & Alcohol and Other Drugs (for instance, Cert. IV in AOD Work)
- You have completed the Online Dual Diagnosis Course, but have not continued to complete a Diploma.
- You have partially completed study at Diploma level.

If you are interested, then you should lodge your EOI online at the following address. Just click on the link below.

<http://www.surveymethods.com/EndUser.aspx?C8EC809ACD83949FCF>

AOD Competencies delivered by YSAS

The following individual units, or a combination of units packaged to suit the needs of different workforces, are available:

CHCAOD408A	Assess the needs of clients with AOD issues
CHCAOD406D	Work with clients who are intoxicated
CHCAOD510A	Work effectively with clients with complex alcohol and/or other drug issues
CHCAOD402A	Work effectively in the alcohol and other drugs sector

For more information go to: <http://www.ysas.org.au/education-and-training/units>

Certificate IV Training and Assessment (TAE40110)

Odyssey House currently has training places available in the Certificate IV Training and Assessment (TAE40110) qualification. Certificate IV Training and Assessment (TAE40110) is priced at \$1,275.

The Certificate IV in Training and Assessment course is conveniently delivered with online flexible learning which means you can study at a time and place that suits your needs. For eligibility and enrolment details call or visit us online, and payment plans are available.

Enquiries and registration contact Fiona on 03 9420 7644 or email studentadmin@odyssey.org.au For Details & Enrolments: http://www.workskillsweb.net/tae_info.html

Dual Diagnosis - An on-line course for staff working with clients with both mental health and substance use problems.

Comprising 7 competencies within the Community Services Training Package - The course is structured with two levels – a basic level and

an advanced level. The basic level component has two streams, a MH stream and an AOD stream. At this level, students must satisfy the requirements for all competencies – by direct credit, recognition of prior learning, or as a participant. In general, those with a mental health background (clinical MH and PDRSS) will complete the AOD stream, and those with an AOD background will complete the MH stream. Both groups then combine and complete the dual diagnosis subject. The advanced level component consists of two extra competencies – one relating to AOD and one relating to mental health. Students electing to undertake this level of study must satisfy the requirements for both competencies– by direct credit, recognition of prior learning, or as a participant. Communication with students may occur via a number of pathways:

- Regular emails using participants' nominated email addresses
- Emails within the TAFE Virtual Campus
- Discussion board postings
- TAFE Virtual Campus announcements
- Phone calls
- Mail

Expression of Interest (EOI) by clicking on the following link:

<http://www.surveymethods.com/EndUser.aspx?B99DF1EBBF2E8E2BE>

CHC50208 Diploma in Community Services (Alcohol and Other Drugs) 2011 - \$550

For eligibility and enrolment details visit us online: www.workskillsweb.net/SkillsVicFund09.html. Enrolments: Online [here](#) and click apply now. Further information online at www.workskillsweb.net/dip_info.html. Contact Sariah on 03 9420 7644 or email studentadmin@odyssey.org.au.

Odyssey House Victoria AOD - Training Update

Have you planned your training for 2011 as yet? You can still catch our 2010 prices til the 31 January 2011, before the price change. Our enrolments for 2010 are coming to a close as we approach the end of the year, so if you have been wondering about when to enrol this might be the right time for you now. We also provide Recognition of Prior Learning pathways through interview and assessment.

Diploma in Community Services (Alcohol and Other Drugs) CHC50208 \$2,800, \$550 funded*

This qualification is aimed at AOD clinicians, nurses and other AOD sector workers who are working in or aspire to work as coordinators or other management roles and those who wish to enhance their practitioner skills.

Key Subjects include:

- Advocate for clients
- Work effectively with clients with complex AOD issues
- Provide advanced interventions for clients with AOD issues
- Provide relapse prevention strategies
- Provide services to clients with complex needs
- Reflect and improve own professional practice
- Provide behaviour support in the context of individualised plans
- Provide a range of services to people with mental health issues
- Assess evidence and apply in practice
- Provide community focused promotion & prevention strategies

Alcohol & Other Drugs / Mental Health Skill Set For Health Professionals \$175 per unit

The AOD Skill Set equips individuals who hold a Certificate IV AOD/MH or a tertiary health, social or behavioural science qualification with the entry level requirement for the AOD sector. Completion of this skill set ensures new practitioners have the skills and

knowledge required to work in the AOD and MH sectors. The Skill Set units include:

- CHCMH401A Work effectively in mental health settings
- CHCAOD402A Work effectively in the AOD sector
- CHCAOD408A Assess the needs of clients with AOD issues
- CHCMH504D Provide services to people with mental health issues
- CHCAOD406D Work with clients who are intoxicated
- CHCAOD510A Work effectively with clients with complex alcohol and/or other drug issues

Dual Diagnosis / Co-occurring AOD / Mental Health CHC50208 \$175 per unit

This course is intended for individuals who have been working in the AOD or MH sector for two years or more. Units include an orientation to each sector, assessing client needs and treatment planning. Delivery is online blended with live assessment tasks. The units are accredited and nationally recognised. The Skill Set units include:

- CHCAODMH401A Work effectively in the mental health settings
- CHCAOD402A Work effectively in the AOD sector
- CHCAOD408A Assess the needs of clients with AOD issues
- CHCMH504D Provide services to people with MH issues
- CHCCS504A Provide services to clients with complex needs

Working with Clients with Amphetamine Type Stimulant Issues 22037VIC \$280

The accredited course is designed for workers in health, justice, youth, employment, housing and other sectors where ATS users are likely to present without necessarily wanting to consult an AOD service. It provides essential knowledge and information about the drug type and skill training.

The content, learning activities and assessment tasks provided ensure participants acquire a proficient understanding of forms of ATS used, patterns and prevalence of misuse, pharmacology, signs and symptoms of ATS use, withdrawal and toxicity. The course also covers mental health and ATS, harm reduction, and easy to use screening tools based on a Motivational Interviewing framework.

Unit 1 VU20063 Respond to clients in crisis with amphetamine type stimulant issues.

Unit 2 VU20064 Provide brief opportunistic intervention for clients with amphetamine type stimulant issues

Certificate IV Alcohol & Other Drugs

CHC40408 \$2,275 or \$550 funded*

This qualification is aimed at AOD service practitioners working with clients whose lives may be affected by alcohol or other drugs use. This is the minimum qualification standard required for practitioners working in the Alcohol and other Drugs Sector.

Key Subjects include:

- Orientation to the AOD sector
- Assessing client needs
- Providing interventions for people with AOD issues
- Case management for clients with complex needs
- Legal and ethical frameworks
- Provide Brief interventions
- Working with Intoxicated clients
- Provide withdrawal services
- Provide Brief Intervention
- Orientation to the mental health sector

Enrolments: Our courses are conveniently delivered with online flexible learning which means you can study at a time and place that suits your needs. For eligibility and enrolment details visit us online: www.workskillsweb.net/SkillsVicFund09.html

Other Training

Caraniche Training - February to June 2011

Supporting team leaders, supervisors and managers : now comprising of five topics - Orientation to the role of a health or welfare sector manager or team leader, Foundations of Supervision 1: Developing Performance, Foundations of Supervision 2: Clinical Supervision, Intermediate Supervision Skills, Supporting & Leading Teams Through times of Stress & Crises.

New in 2011 as part of this series is Intermediate Supervision Skills on Wednesday June 15. This workshop aims to build on skills learnt through supervision and we would recommend this (pre-requisite) for those who practice supervision and have previously attended training in Supervision.

Register for 4 of the 5 workshops together and receive a 16% discount (\$995 for all 4 otherwise \$295 each).

Please remember to register early to ensure your place.

If you have any questions please contact on 8412 7111 or training@caraniche.com.au Also refer to our website www.caraniche.com.au for more details about the content of these and other trainings.

DVRCV Training Calendar 2011

Our January to June Calendar of training events, and the Registration Form for training are available now online – just go to Training-registrations page on our website...

www.dvrcv.org.au/training/registration/

Domestic Violence Resource Centre Victoria (DVRCV) Phone: 9486 9866 or Fax 9486 9744 or Email: dvrcv@dvrcv.org.au

Equal opportunity and human rights training for service providers and employers

The Victorian Equal Opportunity and Human Rights Commission's 2011 training calendar is now available online. With the new Equal Opportunity Act 2010 coming into effect on 1 August 2011, the Commission has scheduled a number of free briefings, in regional centres and in Melbourne, to help service providers and employers prepare.

For those of you already well acquainted with equal opportunity legislation, the Commission has developed an implementation workshop to help you consider your current practice and identify opportunities to become more proactive around equal opportunity.

Non-government sector providers will want to learn more about Victoria's Charter of Human Rights and Responsibilities and how our training can support your work and service delivery. For more details and to register online visit humanrightscommission.vic.gov.au/training. For a hard copy of the calendar, email kellye.hartman@veohrc.vic.gov.au.

New Course in Amphetamine-Type Stimulants (ATS) Issues:

This course in working with clients with amphetamine type stimulant issues is aimed at workers in the Community sector. It provides essential knowledge and information about the drug type and hands-on skill training. The content, learning activities and assessment tasks provided ensure participants acquire a proficient understanding of forms of ATS used, patterns and prevalence of misuse, pharmacology, signs and symptoms of ATS use, withdrawal and toxicity. The course also covers mental health and ATS, harm reduction, and easy to use screening tools based on a Motivational Interviewing framework. Participants receive a nationally recognised and accredited certificate in the qualification 22037VIC, Course in Working with clients with Amphetamine Type Stimulant Issues.

Registrations are made online: [Click here to register](#). Enquires: [click here for further details](#) Contact: Sariah at studentadmin@odyssey.org.au Course Fee: \$280

Turning Point Training for AOD workers - January 2011 to June 2011

SKILLS DEVELOPMENT

- Working With Groups

- Psychostimulant Training
- Pharmacotherapy Training
- Cognitive Behaviour Therapy Training
- Advanced Counselling Training for AOD Workers
- Solution Focused Counselling
- Acceptance & Commitment Therapy Training

- Policy and legislative responses
- Mentoring programs
- The role of family, school, employment and the community
- Diversion programs for young offenders
- The use of restorative justice for young offenders who use alcohol and other drugs
- Sharing experiences
- Case studies from practitioners and young people on outcomes achieved

The conference will be held at: Level 17, Melbourne RACV Club, 501 Bourke Street Melbourne. For more information: [Download conference brochure](#) or register go to <http://www.aic.gov.au/events/aic%20upcoming%20events/2011/vs.cn.aspx>

8 March 2011

Psychostimulant Training for Health Professionals

This one-day course will assist alcohol and drug workers to manage and treat opiate dependency. Topics covered include:

- Why are substitution therapies prescribed?
- What pharmacotherapies are available?
- What is the successful formula for treatment?
- What's on the horizon?

To register or more information go to:

[http://www.turningpoint.org.au/e&t/Flyer%20Psychostimulant%202011%20Early%20%20\(Final\).pdf](http://www.turningpoint.org.au/e&t/Flyer%20Psychostimulant%202011%20Early%20%20(Final).pdf)

8 & 9 March

Mind Matters Training for all education and health staff - Students Experiencing High Support Needs in Mental Health

How do we support students experiencing mental health difficulties by using a whole school approach? Staff involved in working closely with these students examine proactive and strategic planning as well as supporting their own mental health and wellbeing. A range of promotion, prevention and early intervention strategies are considered. Focus areas include: referral pathways, transitions, agency networks, re-entry, confidentiality, case management and inter-professional collaboration. Training is free and runs from 9am – 4pm held at Regal Cafe, 163 Timor Street, and Warrnambool. Please register online at: www.mindmatters.edu.au

9 & 10 March (OR June 21 & 22 OR November 16 & 17)

Group Facilitation Skills

An action packed two-day program:

- Enliven and improve the effectiveness of your group programs
- New ideas and activities
- Four keys for effective planning
- Group theory
- Strategies for dealing with difficult dynamics.

Cost: \$395 (Includes GST). 9.00 - 5.00 each day. (Lunches & manual included). Run at Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn

To register: <http://www.teamtraining.com.au/courses1.htm> or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

10 March 2011

Engaging Disadvantaged Young People in Leadership:

Leadership Development for Disadvantaged Young People: What is youth leadership development; how do we support it; how do we know it when we see it; how do we reward it. What does it mean to have "authentic" youth participation? Why do we want it? What is the role of adults, of youth? When does guidance become imposition? How do we manage perceptions and expectations? How do we communicate? How do adults "learn to unlearn"? What does success look like?

VCOSS Clearinghouse Rural & Regional Training-Coming to a town near you in 2011!

The VCOSS Clearinghouse is proud to present our 2011 Rural and Regional Training Program.

The Rural and Regional Training program will be delivered across the state with sessions run in Hume, Loddon Mallee, Gippsland, **Barwon South West**, Grampians and Melbourne. The program will deliver 40 face to face training sessions for staff and volunteers from the Victorian community sector.

This is a not to be missed opportunity to access training by highly qualified trainers who have extensive experience working with community organisations.

The program includes:

Roles, Responsibilities, Liabilities & Protections of Committees and Board Members presented by Pilch Connect

Grant Writing presented by Philanthropy Australia

Strategic Planning presented by Matrix on Board

Disagreements, disputes and all-out war: Strategies for dealing with conflict in boards and committees presented by Pathways Australia

Making sense of financial statements presented by Matrix on Board

Getting to Know Philanthropy coordinated by Philanthropy Australia

Cost: \$40 per participant or \$20 for VCOSS members

Fees can be waived for organisations unable to pay.

Become a VCOSS Member today to receive your discount, visit: <http://www.vcss.org.au/membership/index.htm>

For information on session locations and dates, download the [Rural and Regional Training Calendar](#) or print the [A3 Poster](#) version for your wall. Registrations for all training sessions open in January 2011.

To register your interest, for more information or to receive our calendar in an alternative format, contact hayley.peck@vcss.org.au or call (03) 9654 5050.

March 2011

7-8 March 2011

Young people, risk and resilience: the challenges of alcohol, drugs and violence conference

Young people who experiment with alcohol and other drugs, whether legally or illegally obtained, may unwittingly compromise their safety and wellbeing or the safety and wellbeing of others. Evidence suggests that young people who use alcohol and other drugs are more likely to participate in other high-risk activities, and to be involved in violent and traumatic incidents such as assaults. Inexperience and peer influence undoubtedly contribute to these harms. In addition, use of alcohol and other drugs can increase young people's risk of committing crimes and lead to early involvement in the criminal justice system.

Major themes for the conference include:

- Understanding the nature and extent of young people's involvement in alcohol and other drug use, and the motivations for their use
- Understanding the nature and extent of young people's involvement in violence
- Identifying effective programs and initiatives to reduce young people's risk and increase their resilience, including:
- Early intervention programs
- Harm minimisation

This workshop is aimed at people working in and with schools, including University staff, community development programs, not for profit organisations, local government and other government agencies who work with young people.

The Facilitator is Professor Ferman is Director, University Community Collaborative of Philadelphia and Professor in the Department of Political Science at Temple University. This workshop will be held in the Gallery at Deakin University's Waterfront Campus, Geelong @ 10am – 3pm. RSVP by 1st March 2011 to Jannah Wright on 03 5563 3086 or Email: jannah.wright@deakin.edu.au

10th March 2011 (or 24th March)

'Supporting Gender and Sexual Diversity in Schools'

FREE professional development for teachers, support staff and anyone who works in schools. (All welcome – primary, secondary, government, independent and religious)

This introductory session will explore;

- *What makes a safe school and what difference does it make?
- *What is the impact of homophobia on young people?
- *How can you challenge homophobia in your school and classroom?
- *How can you develop more inclusive teaching and learning?
- *What support do same sex attracted and gender diverse students need?
- *How can you support student led activism to celebrate diversity?

*Using the latest research on the impact of homophobia in schools, we draw on best practice from Australia to prepare participants with knowledge, skills, ideas and resources to challenge homophobia and create safe, inclusive schools

Held 9.30 – 3.30 @ La Trobe City Campus, 215 Franklin Street, Melbourne.

To book your free place simply email your name, position, school name, and preferred date to r.ward@latrobe.edu.au. Any questions please call Roz on 9285 5131.

Safe Schools Coalition Victoria is funded by the Department of Education and Early Childhood Development (DEECD), Victoria. For more info see www.safeschoolscoalitionvictoria.org.au

10-11th March

Counselling Training for AOD Workers: Solution Focused Counselling

Training is designed to offer workers the opportunity to orient, refresh as well as advance existing counselling skills and knowledge. The primary aim of this training is for participants to gain an understanding of core concepts and interventions in Solution Focused Counselling, a strengths-based approach that explores and builds on client possibilities. Skill development will form a critical component of the training. For more info or to enroll go to:

<http://www.turningpoint.org.au/e&t/Flyer%20Solution%20Focussed%202011%20Final.pdf>

13-16th March 2011

11th National Rural Health Conference

Rural and remote Australia: the heart of a healthy nation

It's been a dynamic and critical time for the rural and remote health sector over the past two years. People are now involved in implementing changes proposed in the Government's three major health reviews and wondering what it all means for people in rural, regional and remote areas.

This will be the background for discussions on a wide range of issues at the 11th National Rural Health Conference. Everything from the social and economic determinants, chronic disease, and electronic health records, to the rural and remote health research agenda will be discussed at the Conference. When: 13-16th March 2011, Where: Perth Convention Centre WA. For more information go to: <http://11nrhc.ruralhealth.org.au/>

11 March 2011

March 2011

"Knowledge Is Power "Community Workshops" - The State of Victoria's Children Report 2009

The Department of Education and Early Childhood Development is committed to sharing evidence that will enable informed decision making to improve the outcomes for children and young people in Victoria. The 2009 'State of Victoria's Children Report' provides a comprehensive picture of how Victoria's Aboriginal Children and young people are faring against a range of important indicators and outcome areas. To share the reports' findings and provide Aboriginal communities with the knowledge, 19 'community workshops will be delivered across Victoria in early 2011. The workshops will give community the opportunity to familiarise themselves with the data and receive a copy of the data program summarising the data. The workshops will provide an opportunity to learn how to use this information for your own purposes, how statistics can be used by your local community and in your own working role. This report presents the first comprehensive information on outcomes for Victorian Aboriginal children, young people and their families. Bringing together data that has not previously been available, the data and statistics to be provided is relating to safety, health, development, learning and well being of Aboriginal Children across Victoria.

This is a great opportunity for communities to receive back information collected by the department. The workshops will be delivered by Aboriginal facilitators who will present the data in a user friendly format for communities to utilise in their planning and program development. The workshop will also have guest presenters from the Australian Bureau of Statistics and DEECD to give background on 'how to use statistics for your community' and background on how the data was collected. The workshops are free and will be held 10am-3pm at Wathaurong Aboriginal Co-operative. Bookings are essential workshops have limited places, please email your details to Jodies@sedconsulting.com.au or call 53319600 and leave your details. If you would like further information on the report prior to the

workshop, please visit: www.education.vic.gov.au/about/directions/children/annualreports.htm or call Jodie Sizer on 03 53319600 or Danny Hobson DEECD on 9947 1807.

15-16 March 2011

PATS (Paying Attention to Self) GROUP FACILITATOR TRAINING COURSE

PATS is a group peer support program for young people (12 – 18 years of age) who have a parent who has a mental illness. It is an early intervention program aiming to prevent the development of mental health difficulties, reduce stigma and to provide opportunities for social connectedness and access to information.

PATS involves an 8 week group program that includes activities to increase young peoples knowledge of mental health and illness, improve help seeking behaviour, connect to their peers, social activities and leadership skills. The program is facilitated by a health professional and a peer leader.

The facilitators will provide a comprehensive training on the Paying Attention to Self Program; research and the process in facilitating this training in accordance with the model originally developed by the Centre for Adolescent Health and evaluated by Murdoch Institute.

Learning outcomes:

- To become familiar with the PATS model of peer support
- Knowledge and skills on developing tools to facilitate a program
- To become familiar on the model of practice in order to conduct a PATS program.
- The training will also provide a manual which consists of, research, referral and intake forms, session plans and evaluation in order to successfully run the PATS program.

Time: 9.30am - 4.30pm and Cost: \$410 (includes manual)

Course details and applications please visit www.bouverie.org.au

16 March 2011

Leadership Skills and understanding the role of a Manager

This one-day workshop forms the first part of Cananiche's Core Skills for Health & Welfare Sector Managers and Team Leaders, and runs as part of our public training calendar, or can be customised and delivered in-house to your own staff.

The program was developed to support and educate new team leaders and managers around the challenges that occur during the transition into management, and assists participants to develop new avenues for self-reflection, self-care and support whilst renegotiating boundaries and relationships with former peers.

Principles of leadership and management are also discussed, along with strategies for project planning, managing groups and chairing meetings. Held at Ryges Hotel, Flemington Rd, Melbourne. Cost \$295 per day or for 4 sessions.

<http://www.caraniche.com.au/images/stories/pdfs/feb%20to%20june%202011%20caraniche%20training%20calendar.pdf>

17 March 2011

Recognise & Respond to Family Violence Training - Barwon Sub Region

The one day course covers -

- *definition,
- * statistics,
- * common beliefs about FV,
- * what makes it difficult to leave a violent partner?,
- * indicators, responding to disclosures,
- * risk assessment and
- * safety planning

Cost is \$22.00 which includes GST plus lunch will be provided

To be held at Community Connections (Vic) Ltd, 18 Myers Street, Geelong, 3220 from 9.30am – 4.00pm

For further information please email Annie Ferrari IFV Project Support Worker at aferrari@comconnect.com.au fax: 5223 2313 or telephone: 1300 361 680

17th MARCH 2011

Making The Most of the Media- An advocacy approach to practice

The social and community sector is committed to the pursuit of social justice, the enhancement of the quality of life and the development of the full potential of each individual, group and community in society. The media is an effective and powerful tool to utilise, to advocate and achieve these ends. However this tool also presents many challenges for us as practitioners to confront such as - our fears of public speaking; conveying the appropriate message in a rage of mediums and; the maze of access to it. Media advocacy, like all aspects of public advocacy, must be strategic. You need to have a clear sense of your objectives, of who you need to reach and move, and a plausible plan for how to do that. This workshop will equip you with the knowledge and skills for the task using examples of media practice from both the facilitators and others practice.

Cost: \$180 (AASW members-approved activity) \$200 Others. Cost includes: Comprehensive notes, Lunch, Morning & Afternoon Tea. Venue: Melbourne C.B.D. For more information and registrations contact Donna on 0411-399-747 or donnazander@optusnet.com.au

17-18 March 2011

The Appreciative Manager: Leading & Mentoring Your Team for Success Funded by Department of Health

Appreciative Managers draw on and amplify the strengths of themselves, their staff, clients, organisation and community.

New ways of managing are emerging which focus on 'what works', rather than on 'what doesn't'.

An ancient proverb says that whatever we pay attention to grows; paying attention to something invests it with more energy. So why not focus on our strengths?

March 2011

Appreciative Managers pay attention to what they value and bring out the best in people. This requires a shift from a mindset that looks for problems or deficits to one which builds on strengths, celebrates success and leverages learning and performing to the highest level. This two day workshop will:

- * Introduce you to Appreciative Inquiry and Reflective Practice
- * Clarify your role as Manager and/or Leader in your organisation
- * Provide you with practical tools and skills as a mentor to your team
- * Challenge you to work positively through change

Training to be held in Hamilton. To Register: go to www.mentoringworks.com.au

18 March 2011

Workplace Practice and OHS Guidelines Forum

An exciting opportunity exists for clinicians to learn more about hepatitis C. Details are below, but I have also attached a flyer, and if people could forward this to their respective networks it would be much appreciated:

An interactive workshop for health, community, welfare, drug and alcohol workers in the Barwon region of Victoria

This workshop is designed to review service delivery and develop hepatitis C friendly practices in the workplace in respect to OHS guidelines.

Sessions cover:

- Social issues for people living and working with hepatitis C
- Best practice and legal issues related to working with people who have hepatitis C
- How to assess hepatitis C workplace practices
- Strategies to implement changes in the workplace.

10.00am - 1.00pm @ the Council Chambers, City of Greater Geelong – City Hall, 30 Gheringhap Street, Geelong, Ph: 5272 5272

18th March (OR June 1 OR August 29 OR November 24)

Team Leaders' Workshop

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning
- Strategies for creating effective teamwork
- Leading in an environment of change
- Dealing with difficulties.

Cost: \$235 (Includes GST). 9.00 - 5.00. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

18-20 March 2011

Inaugural Medicine in Addiction Conference

The RANZCP Section of Addiction Psychiatry is delighted to present this first time event.

The conference will be run in association with The Royal Australian College of General Practitioners (RACGP) and the Australasian Chapter of Addiction Medicine (AChAM) and will take place at the Citiclub Hotel, 113 Queen Street, Melbourne from Friday 18 – Sunday 20 March 2011.

An exciting and diverse scientific program promises to provide clinical updates on addiction practices and will include keynote presentations from Prof Paul Haber, Prof Dan Lubman, A/Prof Nick Lintzeris, Prof Andrew Lawrence, Prof Jason White and A/Prof Kate Conigrave to name but a few. A thought provoking and lively debate will also feature.

Registration will open in early 2011, stay tuned for further updates or contact addiction2011@ranzcp.org to register your interest now!

24th March 2011

'Supporting Gender and Sexual Diversity in Schools'

FREE professional development for teachers, support staff and anyone who works in schools. (All welcome – primary, secondary, government, independent and religious)

This introductory session will explore;

*What makes a safe school and what difference does it make?
 *What is the impact of homophobia on young people?
 *How can you challenge homophobia in your school and classroom?
 *How can you develop more inclusive teaching and learning?
 *What support do same sex attracted and gender diverse students need?
 *How can you support student led activism to celebrate diversity?
 *Using the latest research on the impact of homophobia in schools, we draw on best practice from Australia to prepare participants with knowledge, skills, ideas and resources to challenge homophobia and create safe, inclusive schools
 Held 3pm - 6.30pm @ La Trobe City Campus, 215 Franklin Street, Melbourne.
 To book your free place simply email your name, position, school name, and preferred date to r.ward@latrobe.edu.au. Any questions please call Roz on 9285 5131.
 Safe Schools Coalition Victoria is funded by the Department of Education and Early Childhood Development (DEECD), Victoria. For more info see www.safeschoolscoalitionvictoria.org.au

28-29 March 2011

Counselling Training for AOD Workers: Cognitive Behaviour Therapy Training

Training is designed to offer workers the opportunity to orient, refresh as well as build on existing counselling skills and knowledge.

Skill development will form a critical component of the training.

Cognitive Behaviour Therapy (CBT) underpins much of the counselling provided in the AOD sector and provides valuable day to day strategies for clients.

The approach we take in this training is on understanding your client understanding CBT to manage substance use and mental health problems.

This workshop involves skills development in core CBT interventions aimed at increasing counsellor effectiveness.

Day 1 provides a brief overview of the basic theory, developments and current status of CBT, plus distinctive characteristics of CBT; the therapeutic relationship; assessment and formulation from an AOD and mental health perspective.

Day 2 will look at techniques used to help clients become their own therapists.

For more info or to Enroll go to:
<http://www.turningpoint.org.au/e&t/Flyer%20CBT%20March%202011%20Final.pdf>

29-30 March 2011

Mind Matters Training for all education and health staff - Level One Introductory

An introduction to the MindMatters resource. MindMatters can help you improve young people's mental health and learning through a whole school approach, resulting in healthy, connected learners and staff. Explore student diversity and consider how a school can work with its community to support the wellbeing of all students. Discover how MindMatters can support schools to review curriculum, policies, practices and partnerships in relation to mental health and wellbeing. Experience a range of lesson activities, practice using tools and explore ideas from the MindMatters resources. This practical hands-on workshop provides background information and classroom ideas around the following topics: Bullying and Harassment, Resilience, Understanding Mental Health, Community Matters, Change: Loss and Grief, and Teaching and Learning. This interactive workshop is for one or more people from schools or relevant agencies, parents and individual professionals. Time: 9am - 4pm at Geelong Conference Centre (GCC), Adams Court, Eastern Park, Geelong. Please register online at: www.mindmatters.edu.au (see level 2 @ Warrnambool 3-4 August)

31 March 2011

Effective Responses to Sexual Assault

Professionals working with adults, children and families are likely to come across people who have been sexually assaulted. This training is designed to help you explore the issues surrounding sexual assault and build skills and confidence in effectively responding to disclosures.

Topics Covered Include:

- Definitions and Understanding
- Responding to a Disclosure
- Assessment and Intervention
- Responding to Needs, Risk and Safety
- Mandatory Reporting Guidelines
- Trauma and the Brain
- Offender Behaviour
- Barwon CASA Services and Referral

Training will be held at Lifeline, 1 McKillop St Geelong from 9.30am-3.30pm. For More Information or to register please go to www.casa.org.au or Email admin@barwoncasa.org

April 2011

6th April

Understanding Addiction & Working with Clients who use Alcohol and Other Drugs.

Whether working in the housing, disability, youth, or any health and welfare setting, substance use is a major complicating factor for many clients accessing services and so this workshop has been designed for workers, counsellors and case managers with no formal training around addiction. The session explores the biological, social and psychological causes and perpetuating factors that drive problematic substance use and the process of change. Medical, psychotherapeutic and peer-based interventions are described, enabling workers to understand the often paradoxical nature of their clients, maintain realistic expectations, and more accurately plan around their treatment needs. If you have any questions please contact on 8412 7111 or training@caraniche.com.au Also refer to our website www.caraniche.com.au for more details about the content of these and other trainings.

6 & 7 April 2011

Reconnexion National Anxiety and Depression Conference 2011: The Puzzle of Wellbeing: an integrated approach to psychological health

Reconnexion's annual conference has the reputation of delivering world class, diverse and inspiring presentations. The planned 2011 conference is no exception.

Clinicians and researchers will provide thought provoking and informative presentations which will add to your understanding and foster new ideas and approaches to your practice.

Additional One Day Workshops

- Cognitive Therapy for Self Esteem: A Transdiagnostic Approach to Anxiety and Depression presented by Dr Melanie Fennell
- 'The Black Family' presented by Moshe Lang

Both workshops will be presented at the conference venue on Friday 8 April 2011. The Conference will be held at Hilton on the Park, Melbourne [Click here for the conference website](#) or Email janet@reconnexion.org.au for more information

7 April 2011

Recognise & Respond to Family Violence Training - Barwon Sub Region

The one day course covers -

- * Definition,
- * Statistics,
- * Common beliefs about FV,
- * What makes it difficult to leave a violent partner?,

- * Indicators, responding to disclosures,
- * Risk assessment and
- * Safety planning

Cost is \$22.00 which includes GST plus lunch will be provided
 To be held at Community Connections (Vic) Ltd, 89 Bromfield Street, Colac, 3250 from 9.30am – 4.00pm For further information please email Annie Ferrari IFV Project Support Worker at aferrari@comconnect.com.au fax: 5223 2313 or telephone: 1300 361 680

11-15 April 2011

Alcohol Epidemiology Symposium

The 37th Annual Alcohol Epidemiology Symposium of the Kettil Bruun Society is to be held in Melbourne, 11th-15th April, 2011. Details about the conference are available at <http://www.kbs2011.theconferencemanager.com.au/>

For this series of annual international research meetings, "epidemiology" is interpreted broadly to include social science, policy and historical research. The main focus is on alcohol, but there are usually a few drug papers. For further details about the conference please direct questions to the conference manager at info@theconferencemanager.com.au

May 2011

2-3 May 2011

Counselling Training for AOD Workers: Acceptance & Commitment Therapy Training

Training is designed to offer workers the opportunity to orient, refresh as well as build on existing counselling skills and knowledge. Skill development will form a critical component of the training.

Acceptance and Commitment Therapy (ACT) is one of the new 3rd generation behaviour therapies and takes an unconventional stance on some westernised concepts of health and wellbeing. ACT focuses on an individual's behaviour and its context but does not emphasise symptom reduction. The goal of ACT is greater psychological flexibility through mindful, values guided action.

This training will explore the six interrelated core processes of ACT and the core intervention strategies that have been shown to be useful with a range of clinical concerns.

For more info or to enrol go to: [http://www.turningpoint.org.au/e&t/Flyer%20ACT%202011%20\(Final\).pdf](http://www.turningpoint.org.au/e&t/Flyer%20ACT%202011%20(Final).pdf)

2-4 May 2011

6th International Drugs and Young People Conference

Our theme "Making the Connections" reflects a number of important issues: understanding the complexity and interaction of factors which influence and impact on young people lives; the opportunity for diverse sectors to meet and exchange knowledge and expertise; and translating research into practice. The theme also refers to the growing importance of social media and technology in young peoples' lives today and its potential role. Another focus will be on recognising and celebrating the role that young people themselves are playing in addressing drug use in the community.

For more information: <http://117.55.235.172/in-the-community/6th-international-drugs-and-young-people-conference>. To register your interest:

<https://wsm.com.au/ei/getdemo.ei?id=535&s=3580PE73W>

4 May 2011 (OR August 17)

Presentation Skills

Build your confidence and skill in making stimulating presentations. Are you daunted by the prospect of speaking in front of an audience? Few people are naturals at making presentations. Learn

- Techniques to engage your audience
- Structure your presentation
- how to get your message across

- use appropriate body language

- manage those 'public speaking nerves'.

Cost: \$215 (Includes GST). 9.00 – 4.30. (Lunch and notes provided)

To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

5th May

Working with Forensic & Anti-Social Clients

This workshop is targeted at clinicians, workers and case-managers working with clients with current or past histories of offending behaviour. The session provides participants with a greater understanding of the psychology of offending and anti-social behaviour, an overview of personality, a description around the different ways that offending and substance use can interact, assessment indicators around risk, and practical strategies for working with this client group with an emphasis on boundaries and worker self-care. Information about the prison experience is also provided assist in understanding prison culture and any trauma that may have resulted. If you have any questions please contact on 8412 7111 or training@caraniche.com.au Also refer to our website www.caraniche.com.au for more details about the content of these and other trainings.

7 & 14 May 2011

BEST Plus training for youth and family clinicians

Two day clinical training program in Behaviour Exchange Systems Training (BEST Plus). This 2 day training program enables clinicians to run the BEST Plus program with parents and families -to assist them to better manage their young persons' drug and alcohol abuse, mental health problems and/or challenging behaviours. Cost is \$195 or early bird \$155 (book before 7/2/11), students with current student card \$95. Cost includes a copy of the manual, with resources for clients and therapist for each session of the 8 week BEST Program. The training runs over two consecutive Saturdays (7th and 14th May 2010) to suit working clinicians, and includes a manual for the program as part of the fee. It will be held in Carlton, Melbourne. Please contact Melanie for enquires or a registration form on Phone 5227 8415 or email melanieb@deakin.edu.au

10 May

Mind Matters Training for all education staff - Staff Wellbeing

Staff wellbeing can impact on student mental health and wellbeing. This module explores beliefs about the role of the school as well as a range of strategies to improve staff wellbeing. The role of professional development and how to authentically engage all staff in the whole school approach to mental health and wellbeing. Schools plan their implementation and reflect on how they evaluate their progress in this area. Time: 9am – 4pm at Geelong Conference Centre (GCC), Adams Court, Eastern Park, Geelong. Please register online at: www.mindmatters.edu.au

11 May 2011 (OR August 24)

Professional Supervision Skills

Theoretical frameworks and practical skills for health and community service professionals who are required to provide supervision of professional practice.

- What is it and why do it?
- Alfred Kadushin's model explained
- Six essential supervisory skills – when and how to use them
- Preparing yourself and your supervisee
- Establishing a supervision agreement
- Giving feedback
- Case studies
- Dilemmas and how to deal with them
- Self care

Cost: \$215 (Includes GST). 9.00 - 4.30. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

19 May 2011

Pharmacotherapy Training

The pharmacotherapy training is designed to provide alcohol and other drug workers a greater understanding of the pharmacotherapies available for the treatment of drug dependence in particular opioid/heroin dependence. It will update workers with the latest developments of pharmacotherapy treatment including new medications and guidelines. Some of the topics covered in the one-day training include the following:

- Opioid use and dependence
- Treatment options available for opioid dependence including aims, advantages and disadvantages
- Pharmacology of medications for treatment of opioid dependence
- Basic regulatory frameworks around administration of pharmacotherapy treatments
- Starting, maintaining and withdrawing from pharmacotherapy treatment
- Withdrawal treatment for opioid dependence
- Future treatments for opioid dependence
- Brief outline of pharmacotherapies for treatment of alcohol, nicotine and psychostimulants.

This training is free to Department of Health funded AOD Workers. For more info or to Enrol go to: [http://www.turningpoint.org.au/e&t/Flyer%20Pharmacotherapies%202011%20Early%20%20\(Final\).pdf](http://www.turningpoint.org.au/e&t/Flyer%20Pharmacotherapies%202011%20Early%20%20(Final).pdf)

25 May 2011

THE POWER OF POSITIVE PSYCHOLOGY: Practical Strategies for Maximizing Clients' Resilience and Strength

Delivered by TATRA Corporate & Allied Health Training Services and presented by David Nowell, PhD. This high energy seminar will highlight what we've learned from a decade of positive psychology, as it applies to:

- mental health and substance abuse disorders
- trauma-related disorders
- challenging behaviours in young people (including classroom behaviours)
- intellectual and physical disability

Cost \$295. Venue Darebin Arts & Entertainment Centre. To register go to [Registration Form](http://www.tatratraining.com/files/POPRegForm.pdf) or www.tatratraining.com/files/POPRegForm.pdf

23-24 May 2011

The Fifth Annual Conference of the International Society for the Study of Drug Policy

Utrecht, Netherlands; hosted by the Trimbos Institute
Further information is available at <http://www.trimbos.org/trimbos-international/agenda/issdp-conference-2011>

23-24 May 2011

Working with Groups Training for Alcohol and Other Drug Workers

This two-day workshop is designed to introduce workers to the planning, coordinating and running of groups for clients across a range of settings. Areas to be covered include: the practicalities of running groups, the stages of group development, awareness of group dynamics and the roles of group members. The emphasis will be on psycho-educational groups utilising an experiential approach. Issues related to running psychotherapeutic or insight-oriented groups will NOT be addressed. A generic national competency, "Plan and conduct group activities", informs the content of this two-day

March 2011

workshop. This workshop targets workers with little or no background in group interventions or prior group training, but assumes prior knowledge and skills in counselling, interviewing and assessment.

To register or more info go to: [http://www.turningpoint.org.au/e&t/Flyer%20Working%20with%20Groups%202011%20Early%20\(Final\).pdf](http://www.turningpoint.org.au/e&t/Flyer%20Working%20with%20Groups%202011%20Early%20(Final).pdf)

26-27 May

Clinical Placements Summit

It is my pleasure to inform you that the Department of Health will be hosting the inaugural Clinical Placements Summit at the MCG, 26-27 May 2011. The Summit will focus on ways of building the Victorian health system's capacity for high-quality clinical placements through partnerships, best practice, innovation, research, governance and planning. Victorian stakeholders, from health and education providers, with an interest in clinical placements are invited to attend the summit and I would like to strongly encourage all of you to do so. Attendance at the summit is free, with catering provided for the two days, including an official launch to be held at the conclusion of the first day of the summit to formally launch the Clinical Placement Networks and the Victorian Clinical Placements Council. A call for abstracts is currently open for those interested in presenting at the summit. I encourage anyone who is doing interesting and innovative work in the area of clinical placements to consider submitting an abstract to share their knowledge and experiences with other summit attendees. Full details on abstracts and their submission can be found on the summit website. I wholeheartedly encourage everyone to register to attend the summit and to consider contributing to the program of this exciting event by submitting an abstract. For all details on the Clinical Placements Summit, go to the website, <http://www.health.vic.gov.au/vcpsummit>

30 May – 1st June 2011

NATIONAL YOUTH CONFERENCE 2011

AYAC (Australian Youth Affairs Coalition) is excited to announce that our national conference will be held at the Sydney Convention and Exhibition Centre in Darling Harbour from Monday May 30th to Wednesday June 1st 2011.

This will be the first national youth affairs conference in Australia in 4 years. The conference will bring together young people, youth workers, government representatives, researchers and others with an interest in youth to discuss current issues and emerging trends amongst Australia's young people.

Details of the conference will be available shortly, (on <http://www.ayac.org.au/about/>) but please put the dates in your diary for what will undoubtedly be one of the highlights of 2011!

June 2011

June 1 (OR August 29 OR November 24)

Team Leaders' Workshop

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning
- Strategies for creating effective teamwork
- Leading in an environment of change
- Dealing with difficulties.

Cost: \$235 (Includes GST). 9.00 - 5.00. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

2nd June

Child Sexual Behaviours and Development: How to Assess and Understand

For those who work with children it can often be difficult to determine if sexual behaviours are a normal part of development or a sign of potential issues that need further exploration. This training will help you to understand the difference between normal and concerning

sexual behaviours in children and assist you to develop skills in responding appropriately. Topics Covered Include:

- Understanding children's sexual behaviour
- Normal and inappropriate sexual behaviour
- Responding to children's sexual behaviour, including mandatory reporting guidelines.

Training will be held at Lifeline, 1 McKillop St Geelong from 9.30am-3.30pm. For More Information or to register please go to www.casa.org.au or Email admin@barwoncasa.org

2nd June

Motivational Interviewing

This interactive and very popular workshop introduces the foundations of Motivational Interviewing, a useful technique for assisting case managers and counsellor workers with clients who are ambivalent about changing harmful or self-defeating behaviours. The session assists non-clinicians and clinicians alike to practice some of the key principles of M.I., and to incorporate them into any setting where behaviour change is a treatment goal, especially with so-called 'resistant' clients. A critique of the Stages of Change model is also included, to assist workers in matching treatment goals to the client's presentation. If you have any questions please contact on 8412 7111 or training@caraniche.com.au Also refer to our website www.caraniche.com.au for more details about the content of these and other trainings

8 June 2011

Time and Workload Management

Get yourself better organized:

- Understand and develop your natural style
- Set and negotiate changing priorities
- Deal with the unexpected
- Lessen stress
- Use Planning tools and strategies
- Practical tips for saving time
- Suggestions for managing Email.

Cost: \$215 (Includes GST). 9.00 – 4.30. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

9-10th June 2011

2011 Australian Winter School Conference - Concurrent Disorders – Current Discourses.

This year's Australian Winter School will run over two days on 9 and 10 June, 2011 at the Gold Coast International Hotel in Surfers Paradise.

Plenary speakers include:

Dr Ken Minkov, one of the nation's leading experts on integrated treatment of individuals with co-occurring psychiatric and substance disorders, and on the development of integrated systems of care for such individuals.

Dr Christie Cline, who developed the design and format of the CCISC Change Agent Approach and the CCISC Change Agent Curriculum and is a co-author of the CCISC Co-occurring disorder system and services development and written book chapters on the ethics of co-occurring treatment.

And many prominent local and interstate speakers.

The conference will be preceded by a one-day workshop on Wednesday, 8 June entitled:

Integrated Strength Based Assessment, Intervention, and Recovery Planning for Individuals and Families with Co-occurring Mental Health and Substance Use Conditions run by Dr Ken Minkov and Dr Christie Cline.

Full details on both the conference and workshop, including a registration form and conference program can be accessed on our

web site at: www.winterschool.info. For more details email: winterschool@adfg.org or phone: 07 3834 0214

10 June

Mind Matters Training for all education staff - Staff Matters

Staff wellbeing can impact on student mental health and wellbeing. This module explores beliefs about the role of the school as well as a range of strategies to improve staff wellbeing. The role of professional development and how to authentically engage all staff in the whole school approach to mental health and wellbeing. Schools plan their implementation and reflect on how they evaluate their progress in this area. Training is free and runs from 9am – 4pm held at Regal Cafe, 163 Timor Street, and Warrnambool. Please register online at: www.mindmatters.edu.au

14 June 2011

Psychostimulant Training for Health Professionals

This one-day course will assist alcohol and drug workers to manage and treat opiate dependency. Topics covered include:

- Why are substitution therapies prescribed?
- What pharmacotherapies are available?
- What is the successful formula for treatment?
- What's on the horizon?

To register or more information go to:

[http://www.turningpoint.org.au/e&t/Flyer%20Psychostimulant%2011%20Early%20%20\(Final\).pdf](http://www.turningpoint.org.au/e&t/Flyer%20Psychostimulant%2011%20Early%20%20(Final).pdf)

10th June

Managing Challenging & Aggressive Behaviours

This practical workshop is designed for administrative, welfare and clinical staff whose clients present with aggressive and emotionally-driven behaviours.

Using the 'Predisposing, Precipitating, Perpetuating and Protective' factors model as a framework, participants will get to explore the worker, client and context-related factors behind this behaviour. Participant will be able to apply five core principles around de-escalation and use of the 'LASSO' technique for managing challenging situations, and apply Assertive Closure when all else fails. If you have any questions please contact on 8412 7111 or training@caraniche.com.au Also refer to our website www.caraniche.com.au for more details about the content of these and other trainings.

June 21 & 22 (OR November 16 & 17)

Group Facilitation Skills

An action packed two-day program:

- Enliven and improve the effectiveness of your group programs
- New ideas and activities
- Four keys for effective planning
- Group theory
- Strategies for dealing with difficult dynamics.

Cost: \$395 (Includes GST). 9.00 - 5.00 each day.(Lunches & manual included). Run at Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn

To register: <http://www.teamtraining.com.au/courses1.htm>

August 2011

3 & 4 August

Mind Matters Training for all education staff - Level 2 Planning for Student Wellbeing

MindMatters can support your school wellbeing team to lead, plan and evaluate an authentic whole school approach for the mental health and wellbeing needs of all your students - keeping students connected to school and learning. MindMatters tools and models based on ten years of successful implementation and evaluation will streamline your support for all students, including those experiencing



Newsletter - Alcohol and Other Drugs Youth Capacity Building

high needs in mental health. Explore processes that will help you engage all staff and let you know the difference you are making. School wellbeing teams of 3 or more (including a member of the executive team) are invited to register on line. If your team has relevant school data on wellbeing please bring this to the PD as it will inform your plans and allow you to monitor your progress. Training is free and runs from 9am – 4pm held at Regal Cafe, 163 Timor Street, and Warrnambool. Please register online at: www.mindmatters.edu.au

17 August 2011

Presentation Skills

Build your confidence and skill in making stimulating presentations. Are you daunted by the prospect of speaking in front of an audience? Few people are naturals at making presentations. Learn

- Techniques to engage your audience
- Structure your presentation
- how to get your message across
- use appropriate body language
- manage those 'public speaking nerves'.

Cost: \$215 (Includes GST). 9.00 – 4.30. (Lunch and notes provided)

To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

24 – 26 August 2011

12th International Mental Health Conference 'Personality Disorders: Out of the Darkness'

Gold Coast Queensland .The Australian and New Zealand Mental Health Association invites you to submit an abstract at http://www.anznmh.asn.au/conference2011/call_papers.html. The conference will explore different types of Personality Disorders and their effects from Childhood to the Aged with a specific focus on Schizophrenia, Eating Disorders, the Effects of Drugs and Alcohol and Bipolar Disorder. It presents a unique opportunity to bring together Australia's and New Zealand's leading academics, practitioners and other mental health professionals. The focus will be on new clinical developments, treatments, programs and studies in meeting the challenges faced by people with personality disorders.

24 August 2011

Professional Supervision Skills

Theoretical frameworks and practical skills for health and community service professionals who are required to provide supervision of professional practice.

- What is it and why do it?
- Alfred Kadushin's model explained
- Six essential supervisory skills – when and how to use them
- Preparing yourself and your supervisee
- Establishing a supervision agreement
- Giving feedback
- Case studies
- Dilemmas and how to deal with them • Self care

Cost: \$215 (Includes GST). 9.00 - 4.30. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au

29 August 2011 (OR November 24)

Team Leaders' Workshop

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning
- Strategies for creating effective teamwork
- Leading in an environment of change
- Dealing with difficulties.

Cost: \$235 (Includes GST). 9.00 - 5.00. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @

The Training Team 0418 134 709 or Email: info@teamtraining.com.au

September 2011

8th September

Sexual Development and Sexually Abusive Behaviours in Adolescents: How to Assess and Understand

Working with adolescents can often present challenging situations, especially in relation to sexual relationships and behaviours. In this training we will look at what is normal sexual behaviour for adolescents and discuss sexual behaviours that require a response. This training will also explore a range of sexually abusive behaviours that adolescents may engage in including use of technology such as through "sexting" and the internet. Topics Covered Include:

- Understanding adolescent sexual development
- Normal sexual behaviour and concerning or abusive behaviours
- Responding to needs, risk and safety issues for adolescents, their families and others
- Sexually abusive behaviours, consent and the law including mandatory reporting
- Constructing an intervention plan

Training will be held at Lifeline, 1 McKillop St Geelong from 9.30am-3.30pm. For More Information or to register please go to www.casa.org.au or Email admin@barwoncasa.org

9 September

Mind Matters Training for all education staff - Staff Wellbeing

Transitions are a part of life and yet they are times when school staff and students can lose their connection with school. This module explores a range of transitions for students and school staff including between schools, regions, cultures, health agencies, work, training and care facilities Participants will use a set of principles to successfully plan for successful transitions for school community members. Time: 9am – 4pm at Geelong Conference Centre (GCC), Adams Court, Eastern Park, Geelong. Please register online at: www.mindmatters.edu.au

November 2011

16 & 17 November

Group Facilitation Skills

An action packed two-day program:

- Enliven and improve the effectiveness of your group programs
- New ideas and activities
- Four keys for effective planning
- Group theory
- Strategies for dealing with difficult dynamics.

Cost: \$395 (Includes GST). 9.00 - 5.00 each day.(Lunches & manual included). Run at Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn

To register: <http://www.teamtraining.com.au/courses1.htm>

24 November 2011

Team Leaders' Workshop

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning
- Strategies for creating effective teamwork
- Leading in an environment of change
- Dealing with difficulties.

Cost: \$235 (Includes GST). 9.00 - 5.00. (Lunch & manual included). To register: www.teamtraining.com.au/courses1.htm or contact Tony @ The Training Team 0418 134 709 or Email: info@teamtraining.com.au