



# Newsletter

October 2008

This Newsletter is part of the regional **AOD Youth Capacity Building Role**.

Please contact Salli Hickford:

[shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) to provide any feedback.

As a part of the feedback received in the Training & Professional Development Survey the following training has been organised.

- Cannabis: What you need to know & Quitting Cannabis? – Brief intervention for cannabis use disorder: Wednesday November 19th, Geelong
- Cannabis: What you need to know & The Adolescent Cannabis Check-up – Brief intervention for cannabis use disorder: November 20, Geelong
- Cannabis Training, Friday 21<sup>st</sup> November, Warrnambool

Please see attached Training Flyers.

## Notice board

## Resources

### Presentations from the Drug Services Conference available

Two keynote presentations given at the August 2008 Alcohol and Drug Service Providers' Conference ('Beyond the Hangover: Awareness for Treatment Providers') are now available on the VAADA website.

Neuropsychological Effects of Chronic Alcohol Use (Andrew Lawrence):

[http://www.vaada.org.au/news/detail.chnml?filename\\_num=234892](http://www.vaada.org.au/news/detail.chnml?filename_num=234892)

Alcohol & Drug Treatment (Dr Martin Jackson):

[http://www.vaada.org.au/news/detail.chnml?filename\\_num=234890](http://www.vaada.org.au/news/detail.chnml?filename_num=234890)

### New report: Child protection in Australia. "Children see. Children do. Make your influence positive." Prue Holzer / National Child Protection Clearinghouse.

This fact sheet presents an overview of child protection in Australia, including how child abuse and neglect is defined, its prevalence, the costs of child maltreatment, and prevention and early intervention strategies.

For the full report see the web link:

<http://www.aifs.gov.au/nch/pubs/sheets/fs1/fs1.html>

### Alcohol and other drug treatment services in Australia 2006-07: findings from the National Minimum Data Set

The report can be downloaded at:

<http://www.aihw.gov.au/publications/index.cfm/title/10591>

Alcohol first, then cannabis, top the list for drug treatment for older clients; pattern reversed for teens

The latest report on alcohol and other drug treatment services in Australia, released today by the Australian Institute of Health and Welfare, shows that alcohol, and then cannabis, are still the top drugs of concern for people seeking treatment for alcohol and drug use.

The report, Alcohol and other drug treatment services in Australia 2006-07, profiles 147,325 treatment episodes from 633 government-funded alcohol and other drug treatment agencies across Australia.

### New Web site to help AOD workers identify and manage mental health issues

Turning Point recently launched a new website to support AOD workers in identifying and managing the mental health issues of their clients.

[www.Psycheck.org.au](http://www.Psycheck.org.au) provides information on the development of the PsyCheck package. This includes a mental health screening tool designed and validated for use in AOD settings, clinical treatment guidelines, clinical supervisor guidelines and program implementation guidelines. All of these resources are freely downloadable from this site.

The website hosts a range of other features including a frequently asked questions section, together with up to date information on research and training activities. An online learning tool is also freely available. This provides an audio visual tutorial on how to use the screening tool and incorporates a self directed interactive component which provides you with individual feedback on how effectively you are using the PsyCheck resources.

### New report: How young people are faring 2008. Stephen Lamb and Kate Mason / Centre for Post-compulsory Education and



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## **Lifelong Learning, The University of Melbourne.**

This report looks at how successfully our education and training system is working to meet the needs of young Australians as they make the transition from school to further study and work. It analyses the effectiveness of transitions, including information on who is doing well and who is not doing so well in negotiating the various post-school pathways.

To read the full report see the web link:

<http://www.fya.org.au/hypf02.html>

## **DrugInfo newsletter**

The December 2008 issue of the DrugInfo newsletter will focus on prevention of the harmful use of pharmaceuticals, specifically over-the-counter analgesics (such as those containing high doses of codeine) and prescription benzodiazepines and opioids. You are invited to contribute an article, event notice or other relevant item for publication in this issue. We are particularly interested in examples of research being put into practice. News, reviews and event notices are also welcome. The deadline for submissions is Monday 3 November.

Please email any expressions of interest to, [druginfo2@adf.org.au](mailto:druginfo2@adf.org.au)

## **YSAS: 'Critical Thinking about Drugs' Seminars Rescheduled**

The 'Critical Thinking about Drugs' seminar series is an initiative of the Youth Substance Abuse Service (YSAS). A series of six (6) thought provoking and highly informative seminars have been developed that will offer participants an opportunity to deepen their understanding of a number of drugs and related issues.

Each seminar will be pitched at a professional level and is suitable for practitioners and policy makers in the AOD, mental health, education, criminal justice and community welfare fields.

Geelong will host the full series of six seminars over several months.

The six seminars are:

1. Consumed with not Consuming: Becoming a Trauma Informed Service
2. 'Inhalants: from Genteel Affair to Gutter Drug'
3. Reefer Madness: Exploring the Links between Cannabis and Psychosis
4. 'Hormone Inferno: Alcohol, Adolescent Development and Public Health'
5. Ice: Beyond the Hype

6. Journeys in Inner Space: Ketamine and the NMDA antagonists

For further information see the Training Calender or contact Lou Vaughn on 9415 8860 or [www.ysas.org.au](http://www.ysas.org.au)

## **Funding Available**

### **Family Therapeutic Interventions for Young People Involved in Problematic Alcohol Use**

Call for Submissions

The Department of Human Services, Mental Health and Drugs Division invites suitably qualified and experienced service providers to lodge submissions for the provision of family based therapeutic interventions for young people who are involved in problematic alcohol use. This service will contribute to the implementation of Restoring the balance – Victoria's Alcohol Action Plan 2008-2013 (VAAP).

This service seeks to improve health and wellbeing outcomes for young people experiencing alcohol related problems through the delivery of specialist family-based counselling, group work and ongoing case management. The service will build the capacity of the Victorian Alcohol and Other Drugs treatment sector to develop integrated family responses as part of their work with young people. Submitting applicants will be required to demonstrate the skills, experience and capacity necessary to develop and deliver evidence-based best practice services for young people and their families.

The service will be delivered across five localities and will be implemented over four financial years, beginning in 2008-09 with completion in June 2012.

To receive a copy of the submission documentation, please contact Ms Rebecca Gardner, Project Leader, at [Rebecca.Gardner@dhs.vic.gov.au](mailto:Rebecca.Gardner@dhs.vic.gov.au) ph: 9096 5235.

Closing date for submissions is Thursday, 13 November 2008, 4:30 p.m.

### **AER Foundation Ltd's new funding round.**

Applications are now available on our website for:

- 1) Innovative projects – up to \$20,000.00
- 2) Conference Attendance – up to \$5,000.00



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We have also now uploaded fact sheets to assist in preparing applications. They are available on [www.aerf.com.au/community/about.aspx](http://www.aerf.com.au/community/about.aspx).

## Resources for young people

### Lions Club of Geelong fund camps

School Principals, School Coordinators and Family Care agencies are advised that free places exist for deserving disadvantaged children aged 8 to 11 inclusive (strictly) to attend a five day Lions Village Licola wilderness Camp No. 246 from Monday 5th to Friday 9th January 2009. More than one children per family is fine. It is anticipated that the Lions Club of Geelong will source sponsorship for at least 40 children .at \$275 per child. Your school or agency is also welcome to submit the name of a volunteer leader or a bus marshal to accompany the children to and from the Lions Village Licola on 5th and 9th January. Such persons must be "**Working with Children**" **qualified**. If your school or agency wishes to register interest by providing the number of children (names not necessary at this time) who you believe are qualified to attend the camp please make contact within 14 days with as follows:-

Brian S Edward, PO Box 1205, Geelong Vic 3220 or on E- [bseapm@bigond.net.au](mailto:bseapm@bigond.net.au) or telephone (03) 52 226 986.

The Lions Club of Geelong are pleased to be of assistance.

### Expressions of interest for the 2009 Centre Scholarships.

The Centre invites our member organisations to notify us of young people known to the member organisation who are considering or continuing with tertiary study in 09. Young people can include those who are currently or were previously in out-of-home care, or those who are accessing or have accessed support services from member organisations.

Please put forward your expressions of interest in an email by Friday 14 November 08, stating the students name and what course they are applying for. Both University and TAFE courses are applicable.

For further information contact the Centre for Excellence, Phone: (03) 9614 1577 Fax: (03) 9614 1774

## Education & Training – Geelong

The New Street Program at St. Augustine's Education & Training is currently accepting referrals for 2009, for young people aged 14 years - 15 years 6 months who are at risk of disengaging from mainstream school or who have left school. An alternative style education program is offered with the delivery of nationally recognised CGEA modules.

Which include:

- . Social Learning
- . Vocational Opportunities
- . Independent Living Skills
- . Recreational /Adventure Activities:
- . Student Support and Transition

Young people engage in:

- . Driver Education
- . Health and Wellbeing
- . Cooking
- . Creative Arts
- . Technology
- . Manual Arts
- . Mechanics/Go Karts
- . Surfing, Sailing, Bikes & Canoeing

For further enquiries regarding referrals contact New Street Co-ordinator, Tony Hunt on 0409 972 903 or call [tony.hunt@mackillop.org.au](mailto:tony.hunt@mackillop.org.au)

### Name the Bus-Geelong and Surfcoast – Competition – Win \$300 JB voucher

Geelong and Surfcoast Street Surfer Bus (GSSSB)

The GSSSB project is an exciting initiative that involves the conversion of a commercial passenger bus into a Street Surfer Bus. The bus will be fitted out with computer game equipment, TV/DVD player, professional DJ sound system, tea and coffee making facilities, sports equipment, BBQ and an area where young people can talk to a youth worker and access information.

The project is well on its way with a number of structural changes being made to the bus, and plans for internal design underway. Please visit the project website [www.street-surfer-bus.com](http://www.street-surfer-bus.com) for an update and blog any comments you may have or call me with any comments/questions or suggestions. The GSSSB Committee would like to invite all young people to enter a competition to



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name the bus. Please circulate the flyer and entry form to young people you work with and encourage them to enter (great prize for the winner). This is a community resource for young people in the Geelong and Surfcoast region and we need their ideas.  
[www.streetsurfer.com](http://www.streetsurfer.com)



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## Professional Development Opportunities

New entries are in **BLUE**

Training held in the region are **BOXED**

### **INVITATION TO PARTICIPATE IN TRAINING Barwon South West Pilot Program– Round 1 October – December 2008**

The Victorian Government has contracted Swinburne University, in partnership with the Domestic Violence Resource Centre Victoria and No To Violence to undertake the design, development and delivery of the common approach to family violence risk assessment and risk management Training Program.

Following extensive consultation with the sector and key stakeholders, development of six training programs and resource materials is now almost complete. These are based on the Family Violence Risk Assessment & Risk Management Framework and also address particular issues for CALD and Indigenous groups and clients with a disability.

Expressions of interest are now open for regionally based training

In Round 1 - October to December 2008 your region has been offered

**Comprehensive Risk Assessment and Trainer Training (2 days) for 12 specialist family violence participants.** These participants will then be able to deliver the Identifying Family Violence sessions of up to 2 hours, to a range of local workers over the next 12 months.

**Preliminary Risk Assessment (half day) and Comprehensive Risk Assessment (1 day) alongside training for Maternal & Child Health Nurses (half day).**

Details of the training dates and sites for Round 1 are provided in this Update.

Further training sessions will be provided in your region for Round 2 and 3 between February - June 2009.

Please complete the Expression of Interest form attached if you are interested in participating in this training and return it by mail or email to Swinburne University by COB October 1, 2008

#### **Geelong**

October 21 and 22. Barwon Region CRAF Trainer training program

November 11, 12 13. CRAF Round 1

November 11 CRAF Maternal and Child Health Nurses training (PM)

November 12 CRAF Comprehensive Training (full day)

November 13 CRAF Preliminary Training (AM)

#### **Warrnambool**

February 16 to 18 2009 CRAF Round 2

February 16 CRAF Maternal and Child Health Nurses training (PM)

February 17 CRAF Comprehensive Training (full day)

February 18 CRAF Preliminary Training (AM)

For additional information please contact <http://www.bswifv.org.au/> or your Regional Integration Coordinator

Vicky Grosser (Mondays-Wednesdays) Tel: 03 5223 1660. Mobile: 0417 135 307 Email:

[vgrosser@comconnect.com.au](mailto:vgrosser@comconnect.com.au)

### **'Can Do' for Young People, Families and Carers**

The 'Can Do' Initiative: Managing Mental Health and Substance Use in General Practice is a national Initiative, funded through the Australian Government Department of Health and Ageing as part of the National Comorbidity Initiative .

The initiative promotes a 'Can Do' approach to general practice to meet the challenge of mental health and substance use and focuses on education, training and networking between two multidisciplinary teams of health professionals: general practice teams, and community health teams (especially those engaged in alcohol and drug service, community pharmacy and mental health service delivery).

We are targeting GPs and 'first contact' workers - teachers, D&A workers, community health workers, counsellors etc. who work with young people aged between 12 - 25 who have mental health and/or drug and substance abuse issues. The training is free and is run over three evening sessions and includes a sit down meal. The first session will be held on October 28 and is targeting workers from the Warrnambool/Port Fairy catchment area. Participants must attend all three sessions. Facilitators:

Jodi Radley, Coordinator, Clinical Services Integration, headspace and Coordinator Early Intervention Dual Diagnosis, South West Healthcare, Warrnambool

Dr James Blacket, Director of Clinical Services (Psychiatry)



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Dr Ed Poliness, sessional headspace GP  
 Catered sit down dinner provided  
 For more information Contact: Cathy Harbison  
 Community Development Officer - Southern Grampians  
 Shire South West Victoria headspace  
 Mobile: 0429 409 978  
 Email: [charbison@brophy.org.au](mailto:charbison@brophy.org.au)

	Date	Time	Venue
Unit 1: You ng people, mental health and substance use – where do we start?	28th October 2008	7pm for a 7.30 start	Brophy Family & Youth Services 120 Timor St Warrnambool
Unit 2: You ng people, mental health and substance use – how can we help?	11th November 2008	7pm for a 7.30 start	Brophy Family & Youth Services 120 Timor St Warrnambool
Unit 3: Fa milies and carers – how can we support and include them?	2nd December 2008	7pm for a 7.30 start	Brophy Family & Youth Services 120 Timor St Warrnambool

**November 2008**

**CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates**

- 5 The Power of Partnership
- 6 Critical Incident Debriefing
- 7 Working with Cumulative Harm
- 11 Bringing Fun Home
- 12 Good Documentation

- 13 Impact of Substance Use on Families
  - 14 Family Violence and the Legal Response
  - 17 Providing Services to Young People who Self-Harm
  - 18 Introduction to Dispute Resolution
  - 19 Introductory Workshop: Working with Aboriginal Chi...
  - 27 Child Safe Recruitment and Selection
- For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au)  
[www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

**5th – 7th November 2008  
 7th Australia & New Zealand Adolescent Health Conference - Melbourne**

“My space, your space, our space: exploring the future of adolescent health together”. This conference will provide an exciting opportunity to explore new knowledge, and to experience different ways of working and thinking about the health and well being of young people. With shifts in the equilibrium of the global environment, the redefinition of social contexts, the construction of virtual realities, and the power of new technologies, the future continues to offer new ways of:

- Belonging, participating, connecting and communicating
- Researching, analysing, integrating and synthesizing
- Assessing, screening, monitoring and treating
- Learning, creating, experiencing and expressing

This conference will focus on examining new knowledge and understandings around young people, and how we work towards improving their health and wellbeing. Whether it's medical imaging, social networking or online learning, its time to share knowledge and experience across professions, disciplines and sectors.

Who Should Attend: The conference program and pre conference forum is aimed at people who are working in, but not limited to the health, education, community, welfare and youth sectors. Most delegates will be practitioners such as teachers, doctors, nurses, counsellors, and others involved in youth advocacy, health promotion and community development, policy development and research.

[www.adolescenthealth08.com/index.php](http://www.adolescenthealth08.com/index.php)



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Website: [www.teamtraining.com.au](http://www.teamtraining.com.au)

## **2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> November 2008**

### **Equine Assisted Psychotherapy (EAP) Training**

This unique model is highly innovative and effective. The training provides a practical and specific model of bringing horses into mental health sessions. EAP assists a broad range of clients with relationship and mental health issues. It has been used effectively in programs for at risk young people, substance abuse and eating disorders.

The Model is a Team approach using a mental health professional and an equine specialist. The training does not provide instruction in horsemanship techniques and does not train people how to do therapy.

The training is suitable for qualified and experienced therapists and counsellors, psychologists, social workers, occupational therapists, and other mental health clinicians. It is also suitable for experienced & qualified horse professionals working in the equine field.

PART 1: Dates: 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> November 2008

Wallington Park Equestrian Centre, 1625 Bellarine Hwy, Wallington, (near Geelong) Victoria

PART 2: 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> November 2008

Location: Amber Lodge. Cnr Barwon Heads Rd & Batten Rd, Marshall, (Geelong), Victoria

For further information contact Helen Gorfine [helenlg@bigpond.com](mailto:helenlg@bigpond.com) or go to [www.eagala.org](http://www.eagala.org)

## **11th – 12th November 2008**

### **Group Facilitation**

Practical ideas and processes for new or experienced group facilitators.

A practical two-day workshop offering discussion, theory, practice, new resources and activities for people working with groups. Suitable for new and experienced facilitators. Learn a planning process, how to maximise participation, use ice-breakers effectively, create interest and variety, balance individual and group needs, deal with difficulties, etc.

Facilitators: Liz Olijnyk and Tony Norquay

Venue: The University of Melbourne, Hawthorn Campus (Free parking) Times: 9.00 – 5.00

Cost: \$344 for both days (includes GST, manual and lunches).

Contact: Liz Olijnyk or Tony Norquay 03 9817 4094/ 03 97274848

Email: [info@teamtraining.com.au](mailto:info@teamtraining.com.au)

## **13th - 14th of November 2008.**

### **'Alcohol in Pregnancy: Is any too much?'**

Healthy Start to Life conference entitled held at Monash University, Melbourne on the 13th - 14th of November 2008.

This national conference will feature some of Australia's leading researchers as well as representatives from the public health sector and will focus on the effects of drinking alcohol during pregnancy, addressing the critical question: is there any safe level of exposure?

Please visit our website [www.healthystarttolife.monash.org](http://www.healthystarttolife.monash.org) for more information and registration details.

## **November 13th**

### **Where is Positive Psychiatry? (Limitations of prevailing mental health models)**

Free Talks on Mental Health

Chris Mackey is offering a further series of free public lectures on mental health and wellbeing. The talks are open to all those who have an interest in mental health issues.

The talks aim to incorporate new and optimistic findings.

Venue: Geelong West Town Hall - Supper room, 153 Pakington St 7:30 – 8:45 pm

Entry during building works via main town hall entrance or via South side door (off Dan Murphy car park)

## **19<sup>th</sup> November**

### **Barwon Youth presents... Cannabis Training run by National Cannabis Prevention and Information Centre**

**Cannabis: What you need to know:** The objective of the workshop is to provide participants with up to date information and research on cannabis use and related harms

**Quitting Cannabis? – Brief intervention for cannabis use disorder:** This workshop provides a more comprehensive intervention which the clinician may deliver over 1-6 sessions. The intervention is supported by brief guideline for the clinician and a booklet for the client.

Who should attend: All AOD Workers.

When: November 19, 9am-3pm



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Where: Barwon Youth, 25 Gordon Ave, Geelong West  
All Training is Free. Registrations essential. To register:  
download application Form from  
[www.barwonyouth.org.au](http://www.barwonyouth.org.au) or contact Salli Hickford  
via email [shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) or fax  
52214466

## 19th November

### YSAS Critical Thinking Seminar

#### consumed with not consuming: becoming a trauma informed service,

'It has been suggested at the very least, services need to be trauma-informed. Trauma informed services are not directly designed to address PTSD but are based on an understanding of PTSD and the way it can impact on AOD treatment.' Mills, K. L. (2008). "Post Traumatic Stress Disorder." Of Substance 6(1). People who have drug problems usually have other difficulties suggesting the problem is wider than simply the availability of drugs. The Australian Treatment Outcome Study (ATOS) of heroin dependent persons entering treatment found that 25% suffer from depression, 41% PTSD while 33% have attempted suicide. In the US, a third of all treatment seeking substance users meet diagnostic criteria for attention deficit and hyperactivity disorder. Do we see self-medication, dual diagnosis, or embattled individuals that have found drug use serves a purpose despite the unwanted consequences?

This seminar will review the impacts of early life experiences on brain development.

Participants will consider:

- The applicability to drug use problems of the medical model with its focus on diagnosis and symptoms
- Whether the fact that an identifiable group share similar behaviours necessarily indicates either a unitary cause or a model response
- The relationship between noxious early life experience and 'at risk' behaviours
- The biology of traumatic early life experiences

Geelong Conference Centre, Adams Court, Eastern Park. Time 2pm -4pm Cost: Free

To book contact Lou Vaughn 94158860 or [www.ysas.org.au](http://www.ysas.org.au)

## 19th November 2008

### AL-ANON family groups invites you to an information evening for professionals with guest speaker

Professor Greg Whelan

Professor Whelan has extensive background in addiction medicine and in particular alcohol and drugs.

**Addiction** to alcohol is a chronic relapsing brain disease. (Ref: Prof Greg Whelan from the Victorian Young People in AA (VicYPAA) conference 2008).

**Alcoholism** is an addiction and is a three-fold disease; it is physical, mental and spiritual and can affect the whole family.

**Al-Anon** is an anonymous fellowship that offers a program of recovery to the relatives and friends of alcoholics or problem drinkers. **Alateen** is a part of Al-Anon for teenagers and children. The fellowship is a self help program that has brought hope and help to thousands whose lives have been adversely affected by another's alcoholism.

**Time:** 6.30 for 7pm start - 8pm finish

**Venue:** St Mary's Parish Centre, 116 Cecil Street, Williamstown VIC 3016 (Melway Ref: P56 D10)

## 20th November

### Barwon Youth presents... Cannabis Training run by National Cannabis Prevention and Information Centre

#### Cannabis: What you need to know:

The objective of the workshop is to provide participants with up to date information and research on cannabis use and related harms

#### The Adolescent Cannabis Check-up

This workshop will cover a brief (2 or 3 sessions) motivational and cognitive-behavioural intervention which is designed for young cannabis users, irrespective of their treatment seeking status.

Who should attend: All professionals who work with young people

When: November 20, 10-4pm

Where: Barwon Youth, 25 Gordon Ave, Geelong West. All Training is Free. Registrations essential.

To register: download application Form from [www.barwonyouth.org.au](http://www.barwonyouth.org.au) or contact Salli Hickford via email [shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) or fax 52214466

## 20th November

### Team Leaders Workshop

Practical one-day program for team leaders.

A one-day program for new and current team leaders combining information with practical application – tools to assess your team's



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functioning; strategies for creating effective teamwork; leading in an environment of change; dealing with difficulties.

Cost: \$203 (includes manual and lunches and GST)

Time: 9.00 – 5.00, Venue: The University of Melbourne, Hawthorn Campus (Free parking)

Contact: Liz Olijnyk or Tony Norquay 03 9817 4094/ 03 97274848

Email: [info@teamtraining.com.au](mailto:info@teamtraining.com.au)

Website: [www.teamtraining.com.au](http://www.teamtraining.com.au)

## 21<sup>st</sup> November

**Barwon Youth presents...Cannabis Training run by National Cannabis Prevention and Information Centre**

**Brief interventions – overview.**

The objective of the workshop is to introduce or reintroduce participants to evidence-based interventions.

**The Adolescent Cannabis Check-up**

This workshop will cover a brief (2 or 3 sessions) motivational and cognitive-behavioural intervention which is designed for young cannabis users, irrespective of their treatment seeking status.

Who should attend: AOD Workers, Youth Workers

When: November 19, 10am-4pm

Where: Brophy Family Services, Warrnambool

All Training is Free. Registrations essential.

To Register: download application Form from [www.barwonyouth.org.au](http://www.barwonyouth.org.au) or contact Salli Hickford via email [shickford@barwonyouth.org.au](mailto:shickford@barwonyouth.org.au) or fax 52214466

## 21 November 2008

**Mindfulness Cognitive Behaviour Therapy – Reconnexion**

Presenter: Dr Wendy Knight

Venue: Melbourne University Campus, Hawthorn

For more information or registrations visit [www.reconnexion.org.au](http://www.reconnexion.org.au) or ring 9886 9400 or 1300 273 266

## 23rd, 24th, 25th & 26th November

Australasian Professional Society on Alcohol and other Drugs Conference 2008. APSAD 2008 will feature an exciting program of international and national keynote speakers who will focus on new treatment prevention and policy approaches to the drug and alcohol field. A broad range of papers will be presented from renowned national and international experts in the latest cutting-edge drug and alcohol research.

The APSAD 2008 Conference will feature an exciting range of clinical workshops/master classes to enhance skills acquisition and knowledge transfer. There will also be a significant program of poster presentations to increase the ability of presenters and delegates to interact and discuss the research findings from those research projects of most relevance to them.

The 2008 APSAD National Conference location provides the opportunity for you to enjoy scenic Darling Harbour and the nearby Chinatown area. Darling Harbour is centrally located to a host of other exciting Sydney sites. We look forward to seeing you in Sydney in 2008 for this important National event. [www.apsad2008.com/](http://www.apsad2008.com/)

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**CWAV (The Centre for Excellence in Child and Family Welfare) Learning and Development Training Dates**

5 Working with Victims of Sexual Abuse...

For more information Phone: (03) 9614 1577, Fax: (03) 9614 1774, Email: [training@cwav.asn.au](mailto:training@cwav.asn.au) [www.cwav.asn.au/training/programs.html](http://www.cwav.asn.au/training/programs.html)

## 3<sup>rd</sup> December

**YSAS Critical Thinking Seminar**

**Inhalants: from 'genteel affair' to gutter drug**

Huffing, glue sniffing, paint sniffing, chroming. Regardless of descriptors and cultural and regional variations this form of drug abuse continues to come in and out of fashion.

This seminar will cover:

- A brief history of anesthetic gases
- Pharmacology and pharmacokinetics
- Aerosol related mortality and morbidity
- Research regarding neurological harms - how real is the risk?
- Minimising the risks
- Towards abstinence: the concept of recovery capital

Geelong Conference Centre, Adams Court, Eastern Park. Time 2pm -4pm Cost: Free

To book contact Lou Vaughn 94158860 or [www.ysas.org.au](http://www.ysas.org.au)

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**Motivational Interviewing**



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PCMC is pleased to announce an exciting training schedule for New Zealand and Australia. Dr Joel Porter will provide Introductory, Intermediate, Advanced, as well as MI and Clinical Supervision workshops in Auckland, Wellington, Sydney, Adelaide and Melbourne throughout the year. More locations and dates in New Zealand to be added. Mark your dairies now.

**Introduction to MI** Melbourne: 11-12 May

**Intermediate MI** Melbourne: 17-18 August

**Advanced MI** Melbourne: 19-20 October

**MI & Clinical Supervision** Melbourne: 23-24 November

More information and registration for these workshops will be available in October of 2008. Seating will be limited to only 30 delegates in each workshop. To register your interest in the 2009 workshops, please contact us: [workshops@pacificcmc.com](mailto:workshops@pacificcmc.com).

PCMC also offers on-line training in Motivational Interviewing. For more information, please visit our website at [www.pacificcmc.com](http://www.pacificcmc.com) or contact Dr Suzanne Habib via e-mail at [suzanne.habib@pacificcmc.com](mailto:suzanne.habib@pacificcmc.com). Over the years, PCMC has provided MI training to a wide range of mental health, addiction, behavioural health, corrections and educational organisations around the world. If your organisation is seeking systematic and cost effective MI, Relapse Prevention, or professional ethics training, please let us know. We are delighted to tailor training to your organisations' particular needs and culture.

## February 2009

**VAADA Conference - Direction in a time of change. 19 & 20 February 2009 Melbourne**  
**Call for abstracts**

Change is not new to the Alcohol and other Drug field. Over the years, AOD services have responded to a multiplicity of changes including shifting drug trends, policy developments, client and service user needs and changing community attitudes and expectations.

We are inviting abstracts for presentations and workshops and are particularly interested in abstracts that focus on one, or a combination, of the following areas:

- Changing drug trends – what does this mean for practice?
- Policy paradigms
- Integrated practice & working with intersecting systems
- Priority populations (families, young people, emerging communities, older people)
- Practice change and its implications for services

- Training, professional development and workforce issues

- Special issues

For more information or to submit an abstract please follow the link:

<http://www.vaada.org.au/news/items/2008/09/229501-upload-00001.pdf>

For enquires contact:

Shane Barnes or Sam Biondo

Victorian Alcohol & Drug Association (VAADA),

211 Victoria Parade Collingwood 3066

E-mail: [conference@vaada.org.au](mailto:conference@vaada.org.au)

Phone 03 9416 0899 Fax 03 9416 2085

## 4<sup>th</sup> February

### YSAS Critical Thinking Seminar

Reefer madness: exploring the links between cannabis and psychosis

This seminar aims to explore:

- The changing historical view of cannabis from the sensationalist horror stories of the 1930's (epitomized by the movie 'Reefer Madness') to its growing acceptance as a 'soft' drug in the 1960's through to the more problematic construction of the present day.
- Issues covered will include changes in cannabis potency, dependency potential, and the pharmacodynamics and pharmacokinetics of THC.
- This will be followed by a brief overview of the current observational studies linking cannabis to schizophrenia, and some analysis of the uncertainties with regard to this data along with some potentially useful suggestions for those working with cannabis using clients.

**Geelong Conference Centre, Adams Court, Eastern Park. Time 2pm -4pm Cost: Free**

To book contact Lou Vaughn 94158860 or [www.ysas.org.au](http://www.ysas.org.au)

## Sun 8th, Mon 9th, Tues 10th February 2009 Equine Assisted Psychotherapy (EAP) Training

This unique model is highly innovative and effective. The training provides a practical and specific model of bringing horses into mental health sessions. EAP assists a broad range of clients with relationship and mental health issues. It has been used effectively in programs for young



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people at risk, substance abuse and eating disorders. The Model is a Team approach using a mental health professional and an equine specialist. The training builds on accessible professional skills and expertise. It does not provide instruction in horsemanship techniques and does not train people how to do therapy. Part 1 & Part 2 involve 3-days of intensive, experiential & theoretical training in the fundamental applications of the EAGALA Model.

The training is suitable for qualified and experienced therapists and counsellors, psychologists, social workers, occupational therapists, and other mental health clinicians. It is also suitable for experienced & qualified horse professionals working in the equine field.

For further information about Equine Assisted Psychotherapy, EAGALA Model, training, and certification go to [www.eagala.org](http://www.eagala.org)

PART 1 Dates: Sun 8th, Mon 9th, Tues 10th February 2009. Location: Wallington Park Equestrian Centre, 1625 Bellarine Hwy, Wallington, (near Geelong) Victoria

PART 2 Dates: Fri 13th, Sat 14th, Sun 15th, February 2009

See below for 2009 training dates & venues in Australia. Register early, as places are limited. For Training Registration go to [www.eagala.org](http://www.eagala.org)

**12<sup>th</sup> March 2009**

## **YSAS Critical Thinking Seminar Hormone inferno: alcohol, adolescent development and public health**

Work in the AOD and allied sectors often straddles the sticky interface where societal demands clash with the needs of clients. Current public health approaches targeting

young people and their use of alcohol form a case in point.

This seminar offers participants updated information on alcohol's pharmacology and pharmacokinetics and a review of:

- Public health imperatives and variables of risk
- Information on adolescent development, hormonal and maturing pubertal brain changes
- Research aimed at aiding the development of alcohol and related strategies that target young people

**Geelong Conference Centre, Adams Court, Eastern Park. Time 2pm -4pm Cost: Free**

**April 2009**

**2<sup>nd</sup> April**

## **YSAS Critical Thinking Seminar**

### **Ice: beyond the hype**

This seminar aims to:

- Clarify the differing effects of speed (amphetamine) and ice (methamphetamine) on the central nervous system through an exploration of their differing pharmacodynamics and pharmacokinetics.
- Examine potential harms.
- Review the changing construction of stimulants from their early origins in Chinese medicine to their everyday use as a decongestant of choice in the 1930's, to post-war weight loss panaceas and antidepressants through to current controversies regarding their use in children.

**Geelong Conference Centre, Adams Court, Eastern Park. Time 2pm -4pm Cost: Free To book contact Lou Vaughn 94158860 or [www.ysas.org.au](http://www.ysas.org.au)**

**May 2009**

**7<sup>th</sup> May**

## **YSAS Critical Thinking Seminar**

### **Journeys in inner space: ketamine and the NMDA antagonists**

'I was no longer in my New York apartment. I was in Egypt, inside a pyramid lying inside an open sarcophagus..... I felt that this light which moved through me and radiated from me, connected me with everything else through space and time...'

This seminar will provide an overview of recently synthesized compounds that seldom come to the attention of AOD workers and as a result retain an air of mystery.

- Phenethylamines, tryptamines, piperazines and dissociatives
- The NMDA receptor
- Pharmacology and pharmacokinetics
- Down the K-hole: The Near Death Experience
- Minimising the risks associated with these drugs

**Geelong Conference Centre, Adams Court, Eastern Park. Time 2pm -4pm Cost: Free To book contact Lou Vaughn 94158860 or [www.ysas.org.au](http://www.ysas.org.au)**

**17-19 May 2009**

**Interagency National Conference Alcohol and Other Drugs - Alice Springs**



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A national conference in the Northern Territory to showcase practice innovation, evolving evidence, challenges and opportunities.

Interagency National Conference  
Alcohol and Other drugs 17-19 May  
[dcem@desliens.com.au](mailto:dcem@desliens.com.au)