



# Newsletter

June Newsletter  
2009

This Newsletter is part of the regional AOD Youth Capacity Building Role.

Please contact Salli Hickford: [shickford@barwon youth.org.au](mailto:shickford@barwon youth.org.au) to provide any feedback.

## Notice board

### Creating Connections Consultation Survey for Youth Workers Cross Sector

Please find a link below to an online survey intended for workers working with young people directly and indirectly. Could you please pass this survey on to your network, your colleagues or anyone across the Barwon South West interacting with young people. This is a two weeks snapshot which will close at 5pm on Thursday 21<sup>st</sup> May 2009. The purpose of this survey is to obtain input into the Creating Connections Recommendations Report for the region. Creating Connections is part of the Youth Homelessness Action Plan for Victoria. Please see survey introduction for more details.

[http://www.surveymonkey.com/s.aspx?sm=6eKOo0TiKSUNTivVvsszO\\_3d\\_3d](http://www.surveymonkey.com/s.aspx?sm=6eKOo0TiKSUNTivVvsszO_3d_3d)

### New link for a new and significant resource on Assessment and Outcome Measures for Comorbidity developed by NADA

A new and significant resource on Assessment and Outcome Measures for Comorbidity developed by NADA the NSW AOD peak body. A Review of Screening, Assessment and Outcome Measures for Drug and Alcohol Settings was commissioned by NADA as part of the NGO Drug and Alcohol and Mental Health Information Management Project and funded by the NSW Health Department. This comprehensive resource was developed to inform the selection of measures for use in the data collection system NADA is developing as part of this project. It is a useful reference resource for organisations researching screening and measurement of treatment outcomes for clients with drug and alcohol and mental health issues, such as those organisations involved in the Improved Services Initiative.

You can download it [http://api.ning.com/files/KLFwv6IU4iXY3wHI4eHGSpQgHQTxFVVFacDt12P9IqR2SdNeDsrTMO\\*Wj7Gmv\\*siQ1sPSuJqn0WUAWDPeTd4RIKbalexvI9/NADA\\_Review\\_of\\_Measures\\_09.pdf](http://api.ning.com/files/KLFwv6IU4iXY3wHI4eHGSpQgHQTxFVVFacDt12P9IqR2SdNeDsrTMO*Wj7Gmv*siQ1sPSuJqn0WUAWDPeTd4RIKbalexvI9/NADA_Review_of_Measures_09.pdf)

or from the [NADA website](#). It is a comprehensive review, and therefore quite a large document, the contents page has been bookmarked so by pressing Ctrl + click you can jump to a particular section of the document.

### Youth Parliament Program

The 2009 YMCA Youth Parliament Program will be held this year on:

July 24 – 26, 2009 (Compulsory Training Weekend held at Camp Manyung – Mt Eliza); and

Sept 27 – Oct 2, 2009 (2009 Youth Parliament held at Parliament House, Melbourne)

As one of the largest residential youth programs operating in Victoria, Youth Parliament has grown to become a highly recognised and commended program, providing a unique forum for young people to express their views whilst

developing leadership skills and learning about the Parliamentary system.

With the help of a Taskforce of past participants and YMCA staff, it is anticipated more than 120 young people aged between 16 and 25 years from across Victoria will debate in the Legislative Assembly and Legislative Council Chambers of Parliament House.

Your organisation is invited to enter a team of six people to participate in this unique program. The team will research and debate an issue and present it in the form of a Bill in the Parliamentary chambers.

Further information including an application form is attached for your consideration. Applications close Friday 5 June 2009. If you would like to discuss the 2009 Youth Parliament program, please contact:

•Kate Burns (Program Director): 0400 030 708; [kate.burns@ymca.org.au](mailto:kate.burns@ymca.org.au); or •Ang Cuy (Community Development Director): 9403 5000; [ang.cuy@ymca.org.au](mailto:ang.cuy@ymca.org.au)

### Evaluation of the Child and Family Service System Reforms

As you may be aware, KPMG is currently undertaking an *Evaluation of the Child and Family Service System Reforms* on behalf of the Children, Youth and Families Division of the Department of Human Services.

As part of this evaluation, KPMG will be undertaking consultations with managers and staff from across the Child and Family Services sector in Victoria, as well as with related universal and secondary services within the sector.

In order to gain your perspectives on the implementation and effectiveness of the reforms, we would like to invite you to attend a focus group for universal and secondary services as part of this consultation process.

Who: managers and staff from within universal and secondary services within the sector, such as family violence, sexual assault and mental health services and others

When: Tuesday 16<sup>th</sup> June, 12.30 – 2.30pm

Where: Bethany Community Support - 1 Gibb Street, North Geelong 3215

Duration: approximately 2 hours

Purpose: the purpose of this focus group is to discuss:

- perceptions of the reform implementation process
- approaches to working with the Child and Family Services sector, including engagement of universal and secondary services in the Child and Family Services Alliance
- any changes in practice amongst universal or secondary services as a result of the reforms, such as information sharing or considering children's best interests when working with parents
- other issues of relevance to the Child and Family Services reforms

RSVP: please RSVP, using the attached RSVP form, to [berskine@kpmg.com.au](mailto:berskine@kpmg.com.au)

For more information: please contact Belinda Howard, KPMG, on 03 9838 4339

### Student Placements- 2 training opportunities

**DHS Shaping Our Future Forum: Colac** Would you like to know how to make coordinating student placements an easier task? Join the discussion about how we can effectively coordinate student placements to ensure we provide both



# Newsletter

June Newsletter  
2009

students and supervising agencies with a rewarding experience. Learn from and share with agencies in your local area and build lasting collaborative networks. Please note bookings are essential as numbers are limited. Registrations close on Fri, 29th May 09.

If you have any questions please don't hesitate to contact Kim Yee on (03) 9347 0377 or [kim@intraining.org.au](mailto:kim@intraining.org.au)  
For more information on Shaping Our Future Forum: Student Placement Coordination and You please contact Rebecca Thorn at Darebin Community Health Service on 8470 1847 or [rebecca.thorn@dch.org.au](mailto:rebecca.thorn@dch.org.au)

#### **A Training Day for Social Work Field Placement Supervisors:**

This year Deakin University will be holding a training day for social work supervisors is to be held at our Warrnambool campus so we hope to see lots of our South West field educators along for what will be another very worthwhile day of Deakin Social Work training sessions.

This year we feature a presentation by Liz Beddoe who is Head of the School of Counselling, Human Services and Social Work at the University of Auckland.

Monday 22 June 2009, 9.30 am-3.30 pm, Room B3.03, Warrnambool Campus.

To assist us with catering, please RSVP your interest to [Lesley-caron.veater@deakin.edu.au](mailto:Lesley-caron.veater@deakin.edu.au) by Friday 12 June 2009.

#### **Creating Connections Consultation Survey for Youth Workers Cross Sector**

Please find a link below to an online survey intended for workers working with young people directly and indirectly. Could you please pass this survey on to your network, your colleagues or anyone across the Barwon South West interacting with young people. This is a two weeks snapshot which will close at 5pm on Thursday 21st May 2009. The purpose of this survey is to obtain input into the Creating Connections Recommendations Report for the region. Creating Connections is part of the Youth Homelessness Action Plan for Victoria. Please see survey introduction for more details.

[http://www.surveymonkey.com/s.aspx?sm=6eKOo0TiKsUNTivVvsszQ\\_3d\\_3d](http://www.surveymonkey.com/s.aspx?sm=6eKOo0TiKsUNTivVvsszQ_3d_3d)

Thank you completing this survey and for passing it on.

#### **Funding Available**

#### **Vouchers for Volunteers**

Our Community would like to make you aware of a great initiative by BP Australia, "Vouchers for Volunteers" - which will open on Monday, April 27. Through this scheme BP will be providing \$250,000 in fuel vouchers to volunteers assisting not-for-profit organisations.

For further information on this offer, please go to [www.talkstoppedlongago.com.au/v4v\\_home.html](http://www.talkstoppedlongago.com.au/v4v_home.html)

#### **Resources**

#### **Victorian ATS and related drugs strategy 2009-2012**

The Victorian Amphetamine Type Strategy and related drugs strategy 2009-2012 has been released by the Minister for Mental Health. The document can be found on the DHS website

<http://www.health.vic.gov.au/drugservices/pubs/ats.htm>

#### **Victoria Drug Statistic Handbook**

The latest edition of the Victoria Drug Statistic Handbook has been released. The Victorian Drug Statistics Handbook 2007 is also available for download from the following link: [Victorian Drug Statistics Handbook 2007](#).

Should you require further information, please contact me on 9096 5092. Alternatively you may contact Peter Nguyen on 9096 5210.

#### **New report: Is 'Close the Gap' a useful approach? Kerryn Pholi, Australian Review of Public Affairs**

There is widespread enthusiasm for the Australian government's commitment to 'Close the Gap' in Indigenous disadvantage, health status and life expectancy. Yet despite the rhetoric, the pursuit of statistical equality for Indigenous Australians is not a novel or particularly promising approach. To read the full report see the web link:

<http://www.australianreview.net/journal/v9/n2/pholietal.html>

#### **New Report: Children of Parents with Dual Diagnosis by Dr Stefan Gruenert (Odyssey)**

Dual Diagnosis (DD) commonly refers to the co-existence of a psychiatric and a substance use disorder in an individual. It is estimated that 23% of Australian children live in households where at least one parent has had a mental illness. Comprehensive, flexible and integrated treatment and support services are required for both parents and children in multi-problem families. Available evidence suggests that interventions should focus on parent-child relationships, worker engagement, and parent support that is tailored, goal focused and strengths based.

[http://www.copmi.net.au/qems/files/copmi\\_gems\\_4\\_march\\_09.pdf](http://www.copmi.net.au/qems/files/copmi_gems_4_march_09.pdf)

#### **Updated alcohol resources**

In March 2009 the National Health and Medical Research Council (NHMRC) released the "Australian Alcohol Guidelines to Reduce Health Risks from Drinking Alcohol"

[www.nhmrc.gov.au/your\\_health/healthy/alcohol/index.htm](http://www.nhmrc.gov.au/your_health/healthy/alcohol/index.htm)). These updated guidelines recommend that healthy women and men drink no more than two standard drinks a day over their lifetime if they want to reduce their risk of experiencing an alcohol-related injury or disease.

In response, the Australian Drug Foundation (ADF) has updated the alcohol guidelines information in our resources. These updated resources are now available in the new Winter 2009 ADF resource catalogue ([www.bookshop.adf.org.au](http://www.bookshop.adf.org.au)). Our updated series of alcohol postcards and posters has been designed to visually communicate the new guidelines. Copies of these and many other updated and new resources can be ordered through the ADF resource catalogue or online at [www.bookshop.adf.org.au](http://www.bookshop.adf.org.au).

#### **New report: Women, drug use and crime: findings from the Drug Use Monitoring in Australia program. Wendy Loxley, Kerryn Adams | Australian Institute of Criminology**



# Newsletter

June Newsletter  
2009

This report finds differences in drug use between male and female detainees and between Indigenous and non-Indigenous female detainees, highlighting different patterns of drug usage and dependencies and of associated most serious offences leading to arrest.

To read the full report see the web

link:[http://www.aic.gov.au/publications/rpp/99/CACHE\\_DUVI\\_E=f167a135f82cb5e485a147ca8d8b2855/rpp99.pdf](http://www.aic.gov.au/publications/rpp/99/CACHE_DUVI_E=f167a135f82cb5e485a147ca8d8b2855/rpp99.pdf)

**New Report: 'Non-government organisations in the alcohol and other drugs sector: issues and options for sustainability' says non-government organisations**

A major new report from the Australian National Council on Drugs (ANCD) 'Non-government organisations in the alcohol and other drugs sector: issues and options for sustainability' says non-government organisations (NGOs) in the alcohol and other drugs sectors are being overburdened with red tape. Many organisations report that they are diverting more and more resources from the front line into 'backroom compliance' as they struggle to complete an array of reporting requirements.

A full copy of the report and survey are available on the ANCD website.

**New report: Taking chances: the effect of growing up on welfare on the risky behaviour of young people.**

Deborah A. Cobb-Clark, Chris Ryan and Ana Sartbayeva /  
Centre for Economics Policy Research

This paper analyzes the effect of growing up on welfare on young people's involvement in a variety of social and health risks. To read the full report see the web link:

<http://cepr.anu.edu.au/pdf/DP604.pdf>



# Newsletter

June Newsletter  
2009

## Information for young people

The Piercing Truth, is a youth magazine, written by young people, for young people. The magazine is a 20 page full colour glossy and 1000 copies are available free at all Geelong Secondary Schools and youth venues as well as downloaded via [www.youthcan.vic.gov.au](http://www.youthcan.vic.gov.au). The Piercing Truth conveys a positive view of young people and expresses individual opinions on a range of topics and issues they face as young residents of Geelong. Young people 12-25 years old are able to submit articles, photos, art, games and reviews, or just fun incidental things to an editorial team.

Your article will get read by a committee of young people, who will decide which articles get published. Articles can't discriminate against people or be offensive. Not all articles can be published (we only have 20 pages of room!), but if you miss out on being in the magazine, you may get your article or photo published online with [www.youthcan.vic.gov.au](http://www.youthcan.vic.gov.au) if we like it! It's a good idea to read our past issues, as we try not to cover the same topic again and again.

Topics for consideration for next issue include: (make up your own headline based on these topics chosen by our editorial committee).

- Our debate - Capital Punishment – Write an article for or against
- Street Violence in Geelong
- Recession money saving tips (this could be a humorous article or serious) What did your family spend
- your money from Kev on? If you got it!
- Who's hot and who's not and why? - celebrity land
- What's good therapy for good mental health
- School yard bullying up on youtube
- Wacky recipes – weird things you actually eat, give us the recipes
- CD reviews – review your favourite cd – new or old or do a story on a local up and coming band
- Travel – places you've been, would like to go
- A rant.....(what's getting on your nerves right now)
- Reality TV – what's good/bad about it? What do you like/dislike
- Or choose your own thing to write about and surprise us!

Just email your written article in Microsoft Word file (articles/photos on paper NOT accepted). Or if you have a photo, email that as a jpg or tiff file on its own (it must be a good quality photo taken with a camera with 5 mega pixels or over) to [youthcan@geelongcity.vic.gov.au](mailto:youthcan@geelongcity.vic.gov.au) by the 14th July 2009 (the earlier the better).

## Free Mail-Based Counselling Treatment for Cannabis Use.

The National Cannabis Prevention and Information Centre (NCPIC) is trialing an intervention offering psychological treatment via mail. One of NCPIC's initiatives is to offer alternative modalities for treatment, and mail delivery has been successful in the fields of physical and mental health, tobacco cessation and alcohol misuse. Advantages of mail delivery include the low cost (including no pre-existing technology) and its accessibility to anyone with a fixed address. The modalities used in the treatment are cognitive behavioural therapy, motivational interviewing and adherence

strategies. There are six treatment modules and three personalised feedback components. People are eligible for the study if they are over 18, are English literate and want to quit or reduce their cannabis use. Participants will be reimbursed \$30 for costs incurred. Health workers can access NCPIC flyers that advertise the project. For more information or to find out about referral pathways, please phone Desiree on (02) 9385 0449 or email her at [d.boughtwood@unsw.edu.au](mailto:d.boughtwood@unsw.edu.au).

## Meth.org.au: a new self-help website for methamphetamine users

Turning Point Alcohol and Drug Centre, with funding from the ATS Grants Program, has created a new website, [www.meth.org.au](http://www.meth.org.au), which has practical and useful self-help information for methamphetamine users.

Information covered on the website includes a range of topics such as harm reduction, mixing meth with other drugs, maintaining mental health, overdose, and how to cut down or stop using meth. Users can also elect to sign up for free sms or email tips on topics of their choice.

The site also has useful links to resources for health professionals, families and friends.

[www.meth.org.au](http://www.meth.org.au)



# Newsletter

June Newsletter  
2009

## Professional Development Opportunities

New entries are in **BLUE**

Training held in the region are **BOXED**

### Motivational Interviewing

PCMC is pleased to announce an exciting training schedule for New Zealand and Australia. Dr Joel Porter will provide Introductory, Intermediate, Advanced, as well as MI and Clinical Supervision workshops in Auckland, Wellington, Sydney, Adelaide and Melbourne throughout the year.

**Intermediate MI** Melbourne: 17-18 August

**Advanced MI** Melbourne: 19-20 October

**MI & Clinical Supervision** Melbourne: 23-24 November

To register please contact us: [workshops@pacificcmc.com](mailto:workshops@pacificcmc.com).

### Online Training:

PCMC also offers on-line training in Motivational Interviewing. For more information, please visit our website at [www.pacificcmc.com](http://www.pacificcmc.com) or contact Dr Suzanne Habib via e-mail at [suzanne.habib@pacificcmc.com](mailto:suzanne.habib@pacificcmc.com). Over the years, PCMC has provided MI training to a wide range of mental health, addiction, behavioural health, corrections and educational organisations around the world. If your organisation is seeking systematic and cost effective MI, Relapse Prevention, or professional ethics training, please let us know. We are delighted to tailor training to your organisations' particular needs and culture.

### Graduate Certificate of Social Science(Community Engagement)

A new course at Swinburne, Graduate Certificate of Social Science (Community Engagement). More information call Sharon Templeman on 92146848 or

[STempleman@groupwise.swin.edu.au](mailto:STempleman@groupwise.swin.edu.au)

### Reconnexion's Education & Training Calendar

- Cognitive Behaviour Therapy for anxiety and depression
- Diabetes, anxiety and depression (with DAV)
- Cognitive behavioural & solution focussed approaches to working with anxious and depressed young people and their families
- Mindfulness CBT

Alleviating anxiety and depression-substance using clients. If you would like more information on the above programs or are interested in having a program developed for your organisation please email [janet@reconnexion.org.au](mailto:janet@reconnexion.org.au)

222 Burke Road, Glen Iris [info@reconnexion.org.au](mailto:info@reconnexion.org.au)

T:1300 273 266 [www.reconnexion.org.au](http://www.reconnexion.org.au)

### Mind Matters Free Training for 2009

MindMatters will be providing free Professional Development in Geelong and Warrnambool to schools and community workers working with schools in 2009

Register: [www.mindmatters.edu.au](http://www.mindmatters.edu.au)

### The Bouverie Centre training Calendar – Out Now!!

The Bouverie Centre has a long history of providing training to professionals working with families. Bouverie has a specialised academic unit, and all centre staff are involved in teaching. The Bouverie Centre offers both Award courses and professional Continuing Education Courses, which are run by the academic and community services teams.

May/June, 2009

For information about the courses on offer in 2009 go to: <http://www.bouverie.org.au/category/8/25>

### TURNING POINT GRADUATE STUDIES - MID-YEAR INTAKE NOW OPEN

There is no need to wait until March each year to commence graduate studies in Alcohol and Other Drugs. If you missed the opportunity to enrol or you would like to get a head start, apply for mid-year entry.

Turning Point has places available for mid-year entry into the Graduate Certificate and Graduate Diploma in Alcohol and Other Drug Studies. There are online study options and students may elect to specialise in Dual Diagnosis, Advanced Counselling or Research streams.

Course information and the Postgraduate Student Information Handbook are available on the Turning Point website. [www.turningpoint.org.au](http://www.turningpoint.org.au)

Contact Shirley Gill at [shirleyg@turningpoint.org.au](mailto:shirleyg@turningpoint.org.au) or (03) 8413 8720 for further information.

Applications close 5th June, 2009.

### Masters in Regional and Community Development

A new three year part-time Masters degree is being offered in regional and community development by Monash University.

It commenced successfully in first semester 2009, and we are inviting mid-year applications. The course is aimed at people working in the public and private social sector, in community development and place-based management, health, education, the environment, social welfare, criminal justice, community arts, and many other roles which require or invite community engagement and a knowledge and understanding of the politics of community and place.

The first year of the course can also be taken as a Graduate Certificate and the first two years as a Graduate Diploma. Entry to the Graduate Certificate can draw on significant relevant work experience and does not necessarily require a degree.

The course will be run by off-campus learning, and as such can be managed flexibly by students, according to their work patterns. Most places will be Commonwealth funded, and therefore not attract tuition fees. It is offered by the Faculty of Education and the School of Humanities, Communications and Social Sciences, Faculty of Arts, at the Gippsland Campus of Monash University. For further information contact [kate.anderson@education.monash.edu.au](mailto:kate.anderson@education.monash.edu.au) or find application details and more course information at [www.monash.edu.au/study/coursefinder/course/3741](http://www.monash.edu.au/study/coursefinder/course/3741)

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May

### 28 May 2009

#### Board Members: Roles, Responsibilities, Liabilities and Protections - Warrnambool

What are the roles, responsibilities and proper activities of the board of directors of a Not-for-Profit organisation? What are the potential liabilities of board members? What role should the board play

<http://www.vcross.org.au/clearinghouse/vv/events.php>

D

### 28th May 2009

Xanax Use: Do your clients use Benzos, Bricks or Angry Pills?

Page 5 of 9



# Newsletter

## June Newsletter 2009

Do you have the correct information to respond?

Numerous frontline health workers and community service providers have indentified concerns associated with the misuse of Xanax amongst clients.

Join expert speakers

- Dr Suzanne Nielson – Turning Point
- Mr Malcolm Dobbin – Department of Human Services
- Dr Fran Bramwell – Healthworks and Living Room
- Damon Brogan – Harm Reduction Victoria

At the Anex free workforce development seminar

9.30am on Thursday 28 May 2009

Visit [www.anex.org.au/events.htm](http://www.anex.org.au/events.htm) for more information and to register.

### 29 May

#### **Uniting Head and Heart: The Power of Behavioural Experiments in CBT - One Day Workshop**

Associate Professor James Bennett-Levy will deliver this experiential workshop which will be held at the Melbourne Convention Exhibition Centre. The workshop will give participants the opportunity to learn how to use one of the most powerful methods to bring about change.  
[www.reconnexion.org.au](http://www.reconnexion.org.au)

### May 29

#### **Professional Supervision Skills**

Theoretical frameworks and practical skills for health and community service professionals who are required to provide supervision of professional practice.

- What is it and why do it? • Alfred Kadushin's model explained • Six essential supervisory skills – when and how to use them • Preparing yourself and your supervisee • Establishing a supervision agreement • Giving feedback • Case studies • Dilemmas and how to deal with them • Self care Cost: \$188

[www.teamworktraining.com.au](http://www.teamworktraining.com.au)

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

## June

### June 15- 16

ASIST provides practical help for caregivers seeking to prevent the immediate risk of suicide. Participants often include:

- People concerned about family, friends
- Counsellors, teachers and ministers
- Workers in health, welfare or justice
- Community volunteers
- Emergency service workers

The interactive program includes teaching, discussion, videos and skills practice. Most people considering suicide signal their distress and their intent. Training can help us see and respond to people at risk of suicide. It can provide the confidence to ask about suicide if we are concerned about someone's safety. The two-day ASIST workshop is one of the most extensively evaluated suicide intervention training programs.

COST: \$295.00 Venue: 346 Maroondah Highway, Ringwood: 9:00am–4:30pm

Due to the interactive nature of this workshop numbers will be limited. Please address all enquiries to Donna Pendergast on (03) 9259 4100 or [dpendergast@each.com.au](mailto:dpendergast@each.com.au)

June 15 (OR September 8 OR November 23.)

#### **Team Leaders Workshop - The Training Team**

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning • Strategies for creating effective teamwork • Leading in an environment of change • Dealing with difficulties. Cost: \$213

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

### 15<sup>th</sup> June 2009

#### **Creating Connections: Practice Development Workshop Series - Workshop 3: Early Intervention**

The Council to Homeless Persons in conjunction with the Youth Substance Abuse Service Education and Research Unit, Melbourne Citymission and the Salvation Army have developed a comprehensive Practice Development Workshop Series for practitioners within the youth homelessness service sector. Funded by the Department of Human Services (DHS), this integrated Practice Development Workshop Series is a key component of the Creating Connections Youth Homelessness Action Plan Stage 2: 2006-2010 and comprise 3

one-day workshops delivered in each DHS region The interactive workshops are designed to have practical application for front line youth homelessness practitioners and build on existing professional skills and knowledge. Practitioners in generalist homelessness services working with young people are also encouraged to attend.

#### **Early Intervention**

Early Intervention is being given an important new emphasis in working with young people at risk of and experiencing homelessness. The youth homelessness sector has responded in significant ways over the past decade. This one-day workshop offers youth homelessness practitioners the opportunity to:

- explore some of the recent key concepts of early intervention within the context of youth homelessness;
- define the relationship and distinctions between prevention and early intervention; and, • build upon current knowledge and broaden their awareness of where and how the opportunity for early intervention may apply within youth homelessness practice response.

Training based in Colac and are free. (2 further sessions 31/3 -15/6) For more information EMAIL: [lvaughan@ysas.org.au](mailto:lvaughan@ysas.org.au) FAX: on (03) 9415 8279 or go to [www.ysas.org.au](http://www.ysas.org.au)

### 18 June 2009

#### **Low- NO Cost Training Financial Literacy Training in Geelong**

The VCOSS Clearinghouse in partnership with United Way Geelong is pleased to present:

Financial Literacy for Not-For-Profit Organisations

Time: 10 am-3 pm,

Cost: \$20 for VCOSS Members or \$40 for non-members

Location: Glastonbury Child and Family Services, 222 Malop Street, Geelong 3220



# Newsletter

**June Newsletter  
2009**

Cost: \$80 9.30am – 4.00pm  
Corio Community Health

This seminar is designed specifically for workers in the community sector to help people without a financial background make sense of financial statements.

This seminar will help you understand your financial statements. Using straight forward techniques learn how to interpret your income statement and your balance sheet. These skills will enable you to ask the right questions and provide you with information that will help in decision making. Comments from 2008 participants:

I gained a better understanding of what makes an organisation function effectively financially and what issues to be aware of

I felt the course was delivered effectively and gave plenty of opportunity for attendees to put forward questions and to clarify their understanding.

To book your place, please complete the attached form and return via fax (03 9654 5749) or email ([erin.wicking@vcoss.org.au](mailto:erin.wicking@vcoss.org.au))

Places are limited so book TODAY.

**22 June.**

### **Time and Workload Management**

Get yourself better organized: • Understand and develop your natural style • Set and negotiate changing priorities • Deal with the unexpected • Lessen stress • Use Planning tools and strategies • Practical tips for saving time • Hints for managing Email Cost: \$188

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

**Tuesday 30th June 2009**

### **FORUM: "An age old problem or a new drug craze? Pharmaceutical misuse amongst drug treatment clients".**

Time: 6.30pm to 9.00pm  
Where: Metropole Conference Centre  
Duncan Reilly Room  
44 Brunswick Street, Fitzroy, 3065  
(03) 9411 8100

RSVP: [mald@turningpoint.org.au](mailto:mald@turningpoint.org.au)  
Mal Doreian 03 8413 8721

**Tuesday 30th June 2009**

### **Introduction to Family Violence Training**

BSW Regional Family Violence Integration with the Regional Women's Health Resource Service- Barwon Health This training aims to provide introductory family violence awareness and guidance to health and human services practitioners within Barwon Health and across the Region. (It is also open to non Barwon Health staff.)

The one day course covers the following:

- . Definition, statistics, prevalence and indicators
- . Common beliefs about domestic violence
- . What makes it difficult to leave a violent partner?
- . Asking questions and the new framework
- . Responding to disclosures
- . Risk assessment and safety planning
- . Best practice principles

The Integrated Family Violence trainers have been trained by the Domestic Violence Resource Centre.

**30th June & 1st July**

### **PsyCheck - Mental Health Screening - Additional training course in Fitzroy**

The PsyCheck Screening Tool is a mental health screening instrument designed for use by clinicians who are not mental health specialists. It assists in the detection of the likely presence of mental health symptoms that are often seen and can feasibly be addressed within specialist AOD treatment services. It is designed to detect potential mental health problems that may be missed if not specifically investigated by the clinician or raised by the client.

PsyCheck is an evidence-based treatment program incorporating a scientifically validated screening tool. The brief mental health intervention manual contains best practice techniques with a focus on the scientist-practitioner approach, including 'hypothesis testing' as part of the case formulation and an emphasis on reflective practice. The PsyCheck program has been designed to draw these elements into a single package that can be easily incorporated into routine AOD practice.

The PsyCheck intervention utilises four core Cognitive Behavioural Therapy techniques:

- . Educating the client about the cognitive model and the common unhelpful thinking patterns.
- . Educating the client about how to identify their unhelpful patterns of thinking.
- . Modifying these negative or distorted thoughts by a process called cognitive restructuring.
- . Developing strategies to prevent relapse and maintain healthier patterns of thinking.

The package outlines the steps of the screening and intervention in detail for clinicians who are new to mental health intervention but is presented so that more experienced clinicians can use techniques and strategies as appropriate in their routine practice.

This two-day course will provide participants with an orientation to the PsyCheck resources.

A flyer and registration form is available at [www.psycheck.org.au](http://www.psycheck.org.au)

**July**

**16 July 2009**

### **Understanding and Effectively Responding to Clients with Borderline, Antisocial and Narcissistic Personality Disorders**

Regardless of clinical speciality, caseloads invariably include clients with personality disorders. These clients can be challenging when their diagnoses are known, working with them when their disorders go undetected is even more challenging and frustrating.

This workshop offers you practical strategies to assess and work more effectively with antisocial, borderline and narcissistic personality disorders.

The learning outcomes would be;

- Identify the characteristics and behaviours of antisocial, borderline, and narcissistic personality disorders



# Newsletter

## June Newsletter 2009

- Understand the treatment implications for working with these clients
- Learn practical techniques to use when working with personality disordered people
- Recognize and address "manipulative" behaviours
- Identify "traps" to avoid when working with this clientele
- Learn how to "survive" emotionally as a clinician

RENDEZVOUS HOTEL (Melbourne)

For further information or to book:

<http://www.ppledication.com.au/calendar.htm>

### 20 July

#### **Occupational Health & Safety (OHS) – An Introduction for Staff and Volunteers in the Community Sector - Geelong**

This one day introduction to OHS in the community sector is aimed staff and volunteers and covers areas of the OHS Act 2004, as well as regulations, compliance codes and guidelines. A good starting point, this course will enable participants to develop a good understanding of OHS and the resources available to workers and employers.

(Please note that this course is not a substitute for 5 day staff elected health and safety representative training)

<http://www.vcross.org.au/clearinghouse/vv/events.php>

### 21 & 22 July 2009

#### **Occupational Health & Safety (OHS) – An Introduction for Managers and Employers in the Community Sector**

This two day training course is designed to give managers and employers in the community sector a solid introduction to the OHS Act 2004, with additional information on regulations, compliance codes and guidelines. It will also cover hazard identification and control methods.

The aim of this two day course is to give managers and employers an overview of their roles and responsibilities in regards to OHS, enabling them to focus on the development of good OHS practices in their workplace.

<http://www.vcross.org.au/clearinghouse/vv/events.php>

## August

### 11-13th August 2009

#### **Working well together-diversity in the Desert**

Alcohol and other drugs have been well documented as causing significant impact throughout remote areas of Australia. CAAODIAG is hosting a national conference of Alcohol and Other Drugs in Central Australia to promote sector integration and identify areas for ongoing improvement.

This conference is an excellent choice for community workers, educators, decision makers, Commonwealth and State Government organizations, researchers, Universities, and personnel from rural and remote services from throughout Australia.

Where: Alice Springs

Website: [www.handsacrossthedesert.com](http://www.handsacrossthedesert.com)

Please contact Di Gipey: [Dianne.gipey@nt.gov.au](mailto:Dianne.gipey@nt.gov.au) Phone 08:8951 7580

### 17 & 18 August (OR November 17 & 18)

#### **Group Facilitation Skills- Teamwork Training Services**

A two-day program: • Enliven and improve the effectiveness of your group programs • New ideas and activities • Four keys for effective planning • Group theory • Strategies for dealing with difficult dynamics. Cost: \$360

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

### 17th and 18th Aug 2009 (or 29th Oct and 5th Nov 2009)

SINGLE SESSION WORK (SSW): Making the most of every encounter – The Bourrvie Centre

To introduce the aims, practice principles, techniques and strategies of SSW. Learn the 'nuts and bolts' of SSW practice and explore implementation strategies for various service settings.

#### **Learning Outcomes:**

Describe the history and philosophy of a SSW approach

Describe what SSW is and what it is not

Discuss indications and contra-indications for SSW

Identify and practise particular skills associated with SSW

Practice via role play intake, session and follow-up phone call, including the micro skills of SSW paperwork

Describe various applications of the SSW ideas

Outline a process for implementing SSW in a service setting

Develop an implementation plan.

#### **Who Should Attend:**

Professionals, including counsellors, therapists, case managers, team leaders or managers interested in understanding and / or applying a SSW approach either in their individual clinical practice or as a treatment modality within their agency. Cost:

<http://www.bouverie.org.au/category/8/25/48/231#SINGLESSESSIONWORKSSWMakingthemostofeveryencounter>

### 26 August

#### **Presentation Skills**

Build your confidence and skill in making stimulating presentations. Are you daunted by the prospect of speaking in front of an audience? Few people are naturals at making presentations. Learn • Techniques to engage your audience • Structure your presentation • how to get your message across • use appropriate body language • manage 'public speaking nerves'.. Cost: \$188

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

## September

### September 8 (OR November 23.)

#### **Team Leaders Workshop - The Training Team**

A 'hands on' day for people in a team leadership role:

- Tools to assess your team's functioning
- Strategies for



# Newsletter

June Newsletter  
2009

creating effective teamwork • Leading in an environment of change • Dealing with difficulties. Cost: \$213

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

## October

### 1-2 October

Anex '09 - Australian Drugs Conference - Drugs in Hard Times

When social disadvantage, drugs and tough economic conditions converge they can create the perfect storm. Such a maelstrom puts individuals, families, communities and services under intense pressure.

These changed times mean an increasing number of Australians may not have the support, skills and other means to stay afloat. Frontline workers deal with the day-to-day reality of hard times - a reality that is often complex and extends beyond issues of drug use.

The Australian Drugs Conference - Drugs in Hard Times will look at the effects of tough times and our ability to save lives and build resilience. Issues investigated will include:

- How can individuals and families cope with drug use or jail time?
- Does harm reduction still have currency in hard times?
- Does an economic downturn mean more or less drug use?
- Is it easier to get drugs but harder to get off them?
- What impact does the current situation have on Blood Borne Virus transmission?

With practical workshops, personal stories and the latest evidence-based research, delegates will examine how we help people battling hard times in the current drug policy climate.

The Australian Drugs Conference - Drugs in Hard Times will focus on improving the ability of frontline services to respond to the complex issues that affect people who use drugs illicitly. It will be relevant to all frontline services, policy makers, service providers, researchers, health and medical professionals and many other stakeholders who want to broaden their knowledge of the evidence, the issues and of innovative responses.

Visit the [www.australiandrugsconference.org.au](http://www.australiandrugsconference.org.au) now for more information about the conference and how to submit an abstract.

### 29th Oct and 5th Nov 2009

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To introduce the aims, practice principles, techniques and strategies of SSW. Learn the 'nuts and bolts' of SSW practice and explore implementation strategies for various service settings.

#### Learning Outcomes:

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Develop an implementation plan.

#### Who Should Attend:

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<http://www.bouverie.org.au/category/8/25/48/231#SINGLESSESSIONWORKSSWMakingthemostofeveryencounter>

## November

### 1 - 4 November 2009

**Australasian Professional Society on Alcohol and Other Drugs (APSAD) 2009 Conference**

Darwin Convention Centre

Northern Territory, Australia

Website: [www.apsadconference.com.au](http://www.apsadconference.com.au)

**The Australasian Professional Society on Alcohol and Other Drugs (APSAD) is pleased to announce that the call for abstracts for their 2009 conference is now open!**

This conference, being held at the Darwin Convention Centre from Sunday 1 - Wednesday 4 November 2009, will feature an exciting program which includes international and national speakers, focussing on new treatment, prevention and policy in the areas of drugs and alcohol research. The conference will include local issues and content relevant to the region, but will also offer a range of presentations and workshops that have international relevance. Featuring original work from the field, the conference program will, for the first time, encourage alternative presentation styles such as film, yarning circles and artwork whilst maintaining conventional modes of presentation such as oral and poster presentations, participatory workshops and debates/discussions.

**Information is available on the [conference website](http://www.apsadconference.com.au). Alternatively please contact the [conference manager](mailto:conference@apsadconference.com.au).**

### 17 & 18 November

**Group Facilitation Skills- Teamwork Training Services**

A two-day program: • Enliven and improve the effectiveness of your group programs • New ideas and activities • Four keys for effective planning • Group theory • Strategies for dealing with difficult dynamics. Cost: \$360

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Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094

### 23 November.

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A 'hands on' day for people in a team leadership role:

• Tools to assess your team's functioning • Strategies for creating effective teamwork • Leading in an environment of change • Dealing with difficulties. Cost: \$213

<http://cts.vresp.com/c/?TeamworkTrainingServ/f418125b94/d0265cf925/b45c168c35>

Venue: Hawthorn Campus, The University of Melbourne, 442 Auburn Rd. Hawthorn Phone: (03) 9817 4094